

THE HUMAN BODY

Part 1

Created by Mindi Eldredge



Optional Read-Aloud Story Books

Many of the lessons include a list of optional read-aloud story books that may be read to the children at any point during the lesson. The lessons include all of the information necessary for the children to learn and understand the unit concepts. The optional read-aloud books are suggested as additional information to complement the unit if you choose. The books listed can typically be purchased online or found at your local library.

* = Mindi's top picks

F=Fiction, NF=Nonfiction, B=Biography

K-6=indicates interest level of the book from preschool through sixth grade

Lesson 1 - Our Bodies

- *Your Body* by Stephanie Turnbull [NF, K-2]
- *Inside Your Outside!* by Tish Rabe [NF, K-3]

Lesson 2 - The Skeletal System

- *Your Bones* by Cyril Bassington [NF, K-2]
- *A Book About Your Skeleton* by Ruth Belov Gross [NF, K-4]
- *Your Skeleton System Works!* by Flora Brett [NF, 1-5]
- *Bones* by Seymour Simon [NF, 3-6]
- *Your Body Battles a Broken Bone** by Vicki Cobb [NF, 2-6]

Lesson 3 - The Muscular System

- *The Muscles* by Anne Fitzpatrick [NF, 2-5]
- *Muscles: Our Muscular System** by Seymour Simon [NF, 3-6]
- *Understanding Our Muscles** by Lucy Beevor [NF, 2-6]

Lesson 4 - The Respiratory System

- *How Do Your Lungs Work?* by Don L. Curry [NF, K-2]
- *The Respiratory System* by Kay Manolis [NF, K-3]
- *The Respiratory System** by Christine Taylor-Butler [NF, 2-6]
- *Lungs: Your Respiratory System* by Seymour Simon [NF, 2-6]
- *Your Respiratory System Works!* by Flora Brett [NF, 1-5]

Lesson 5 - The Circulatory System

- *Hear Your Heart* by Paul Showers [NF, K–2]
- *Your Heart* by Cyril Bassington [NF, K–3]
- *The Heart: Our Circulatory System* by Seymour Simon [NF, 2–6]
- *The Circulatory System* by Christine Taylor-Butler [NF, 2–6]

Lesson 6 - The Nervous System

- *Your Brain* by Cyril Bassington [NF, K–2]
- *How Does Your Brain Work?* by Don L. Curry [NF, K–3]
- *My Five Senses* by Alike [NF, K–1]
- *Through Grandpa's Eyes** by Patricia MacLachlan [F, K–4]
- *Why I Sneeze, Shiver, Hiccup, and Yawn** by Melvin Berger [NF, K–4]
- *How Does the Ear Hear?: And Other Questions About The Five Senses** by Melissa Stewart [NF, 1–6]
- *The Brain: Our Nervous System* by Seymour Simon [NF, 3–6]

Lesson 7 - The Digestive System

- *What Happens to a Hamburger?** by Paul Showers [NF, K–5]
- *Your Stomach* by George Fittleworth [NF, K–2]
- *Guts: Our Digestive System* by Seymour Simon [NF, 3–6]

Lesson 8 - The Urinary System

- None

Lesson 9 - The Immune System

- *Germs Make Me Sick!** by Melvin Berger [NF, K–4]

Lesson 10 - The Integumentary System

- *Your Skin and Mine** by Paul Showers [NF, K–3]