



About This Course

The images, artwork, and words used in this course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Doodles & Pre-writing for Littles is designed for most children between the ages of 2 ½ and 5 years old who are ready to develop the dexterity and coordination of small muscles as well as the mental focus needed to write.

COURSE ORGANIZATION

This level focuses on the strokes and forms used to create letters and common shapes and is designed to help small children develop the fine motor skills necessary for writing. This workbook includes 100 sheets, which is 3–4 sheets per week for a normal school year. The course is divided into three sections:

1. Skill: continuous motions. Forms: curves, loops, waves, and spirals. Shapes: circle, oval, ellipse, quatrefoil, and curved triangle.
2. Skill: changing directions. Forms: straight lines, angles, and zigzags. Shapes: triangle, square, rhombus, parallelogram, trapezoid, pentagon, and hexagon.
3. Skill: combining different forms and shapes from sections one and two to create letters or more complex shapes, such as hearts and stars, and finding shapes in nature.

COLORING AND NATURE

Each sheet in this course provides an opportunity for the child to color, improving both coloring and motor skills. The doodles, forms, and shapes the child practices are all connected to nature or other common objects in a child's world.

PENCIL GRIP

Correct pencil grip is essential. For help with pencil grip, there are several YouTube videos and websites that display correct pencil grip. Be sure to gently and patiently correct the child's incorrect pencil grip when writing or drawing.

DOING HANDWRITING WITH LITTLES

The course is designed to be simple enough that a child could work on it without assistance. However, there are optional extension activities, such as questions about the objects on the page, that can be done if parents would like to work further with the child. Some children will want to spend a lot of time on each page, while others will fly through. To help the child get more use and skill development from this course, encourage him or her to trace over each shape or form twice. Using a variety of

colors and mediums (such as crayons, colored pencils, or markers) will make this more enjoyable. After the child has completed the whole course, you can allow the child to cut along the dotted lines to practice using scissors. Pages with large patterns will work best. Upon completion some children will be ready to move on to the Level K Handwriting course, while others may benefit from repeating this course.

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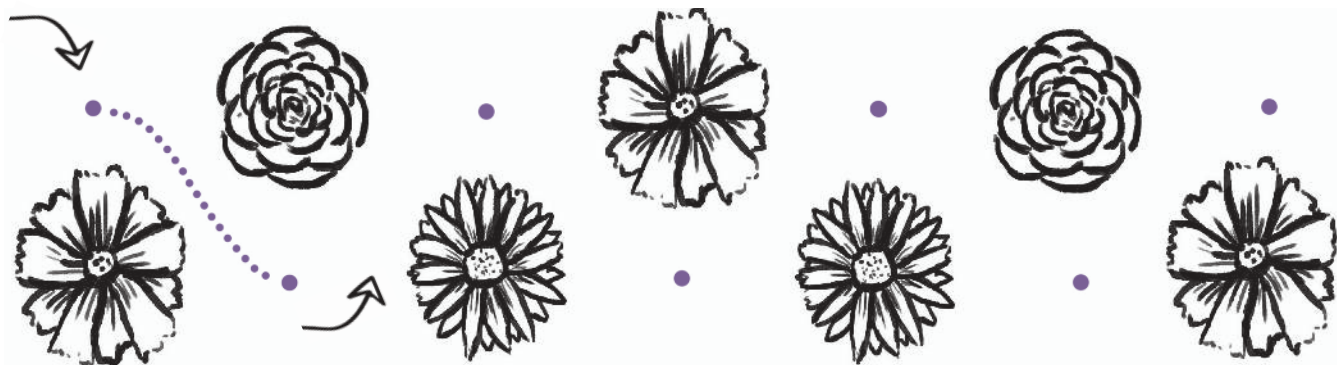
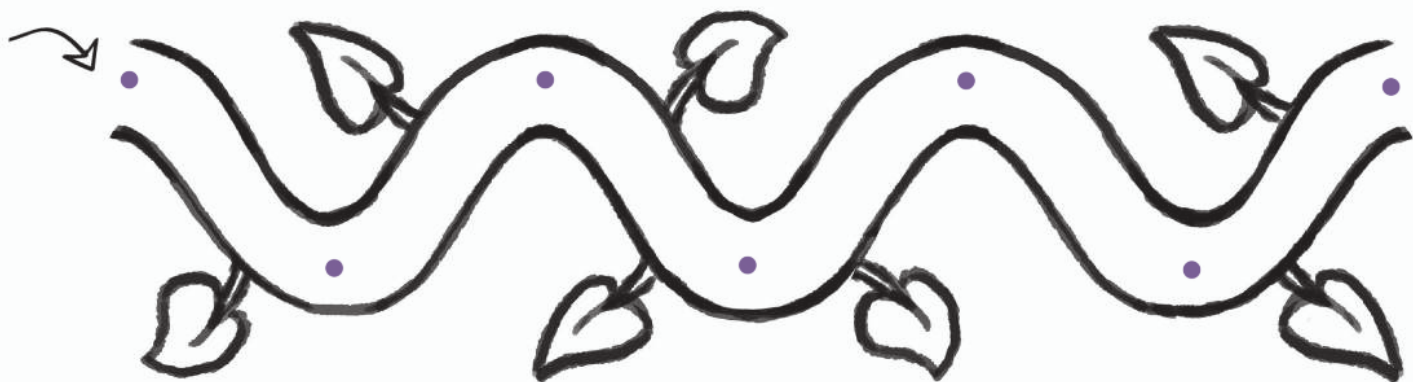
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CONTINUOUS MOTIONS

Curves, Loops, Waves,
and Spirals

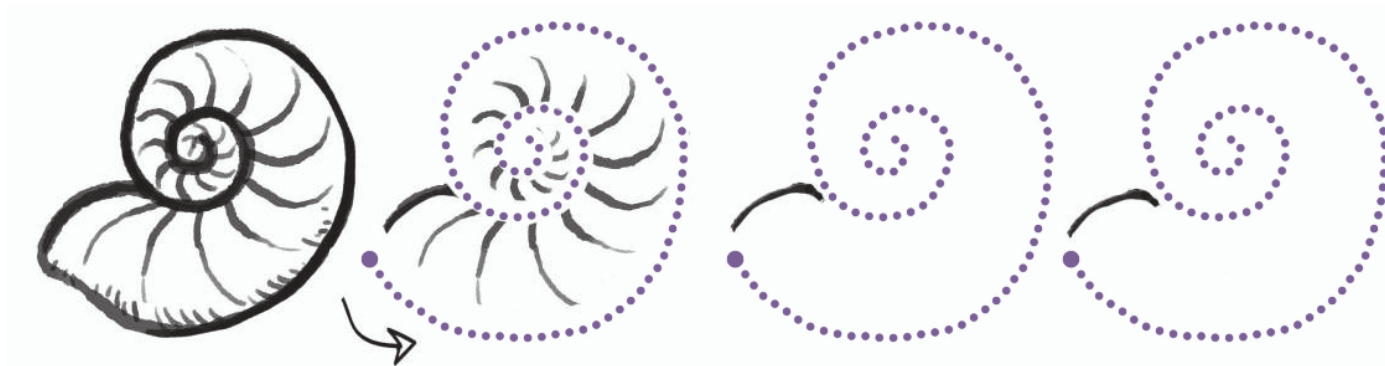
Practice the rhyme “April showers bring May flowers” as you draw lines connecting the dots.



Trace each spiral, starting on the dot.



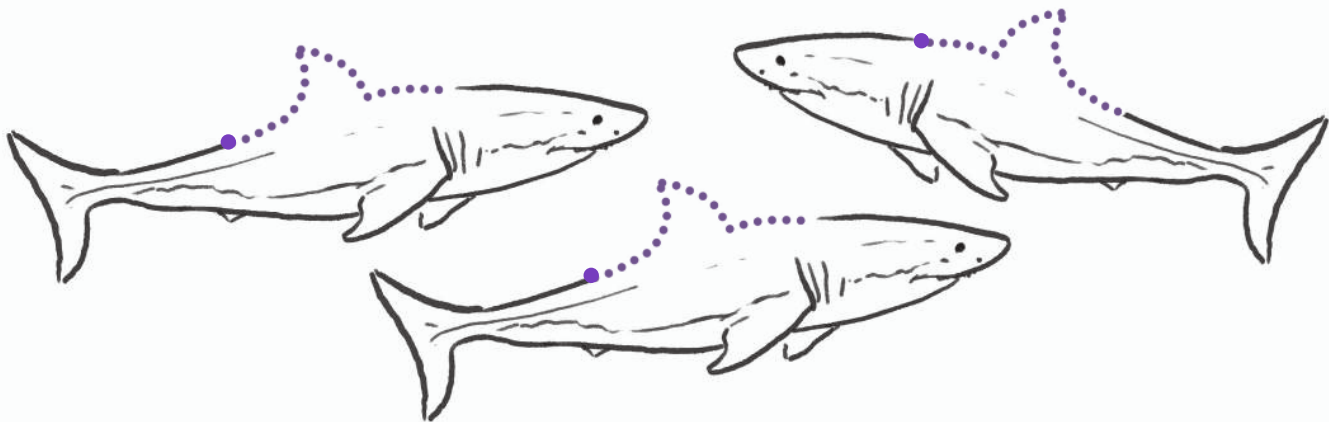
Trace the spiral of the shell, starting on the dot. How many shells do you see?



Trace each line, starting on the dot. Do pears grow in the ground or on a tree?



Trace the waves and shark fins, and then color the picture. How many sharks do you see?

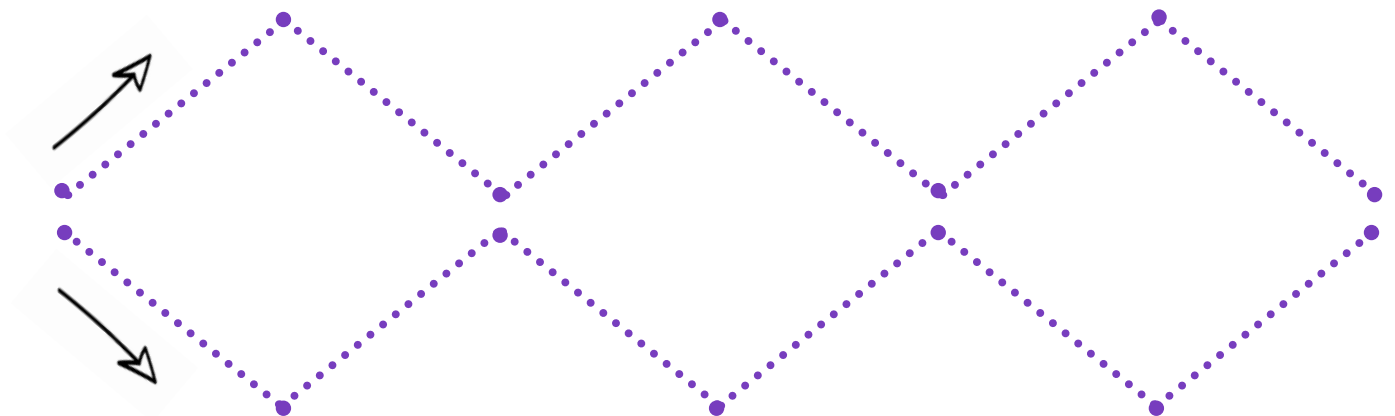




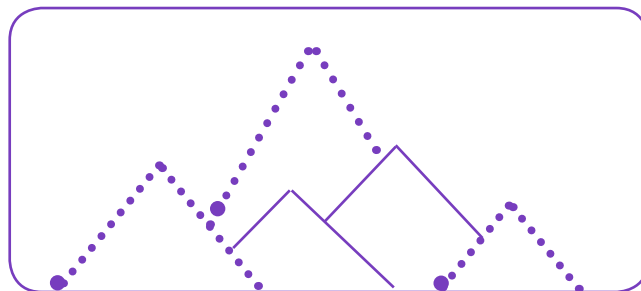
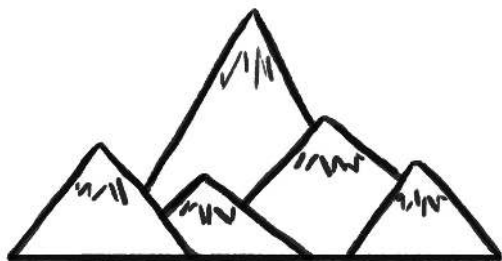
CHANGING DIRECTIONS

Straight Lines, Angles,
and Zigzags

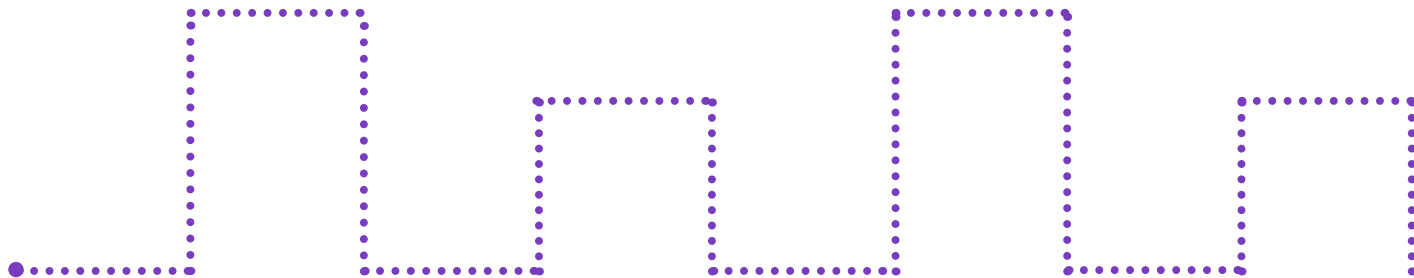
Trace each line, starting on the left and connecting the dots.



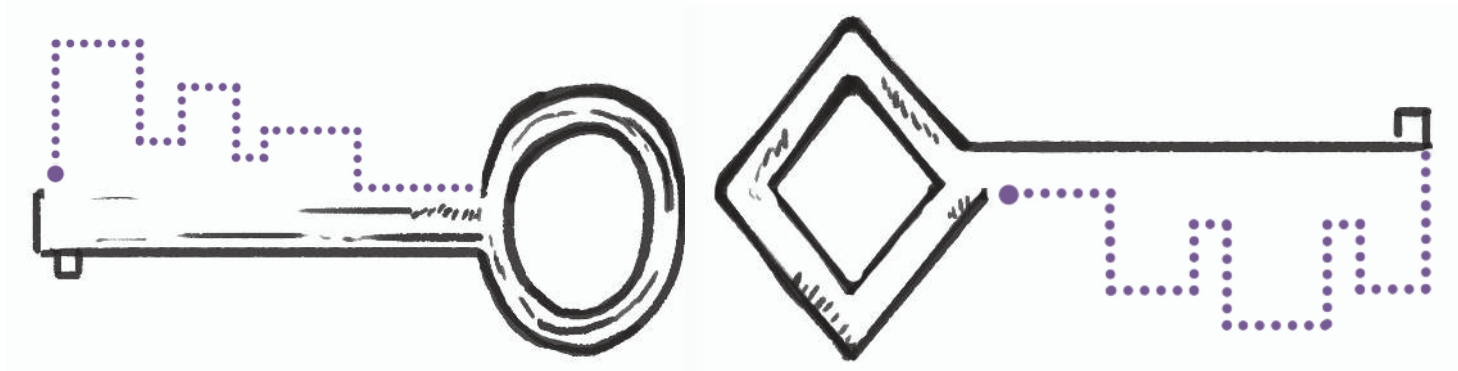
Complete the mountain drawing in the box. How many peaks do you see?



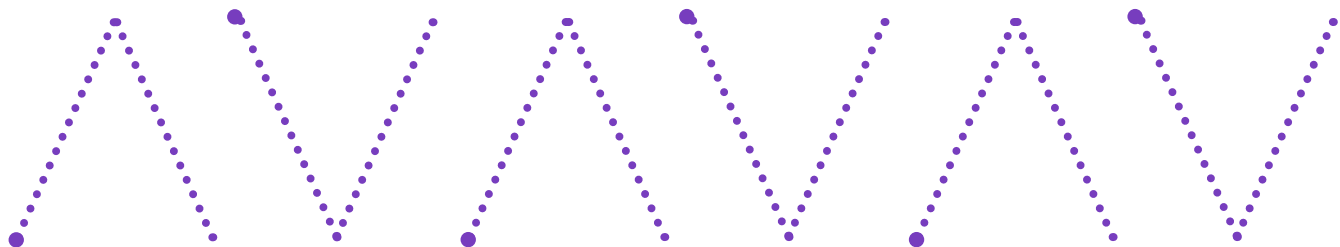
Trace each line, starting on the dot.



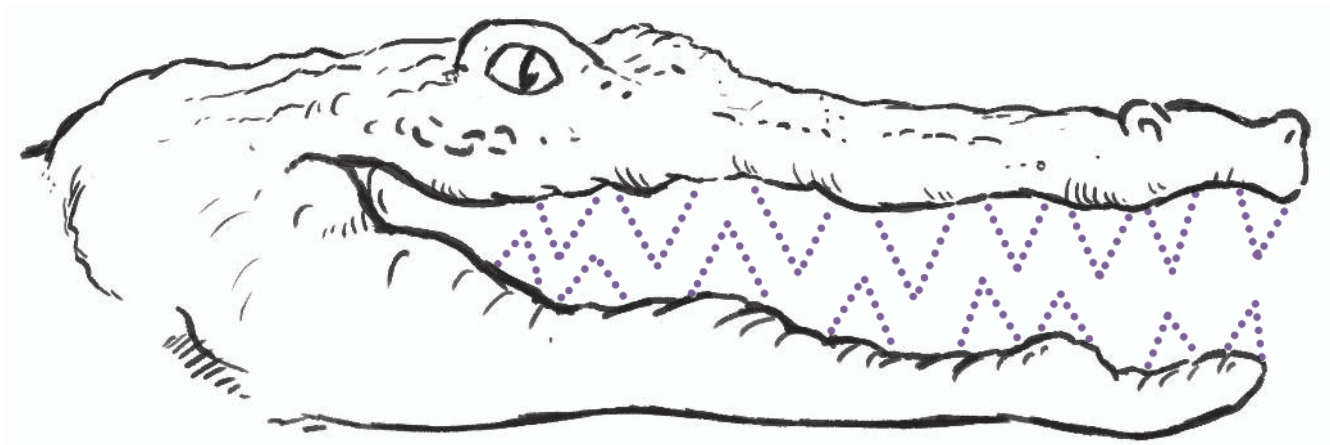
Trace the lines and color the keys. What do you use keys for at your house?



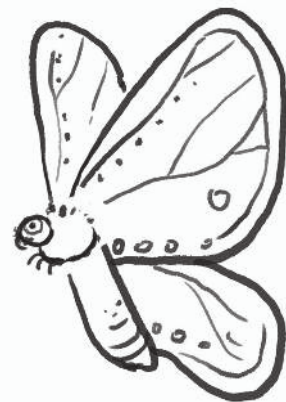
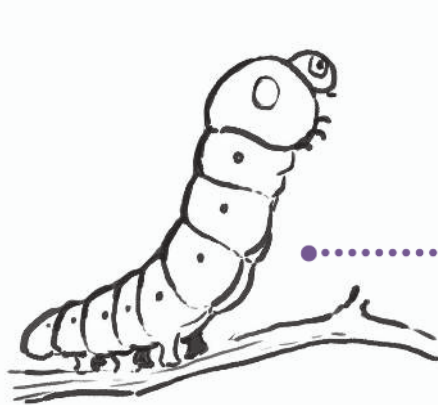
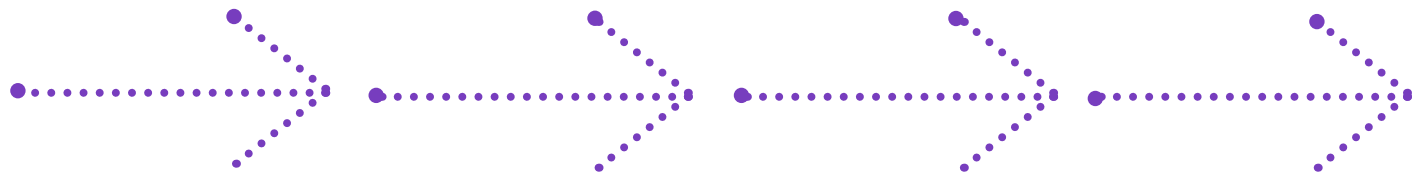
Trace each line, starting on the dot.



Trace the lines and color the picture. Would an alligator make a good pet?



Trace the arrows. Then color the images. What happens while the caterpillar is inside the cocoon?

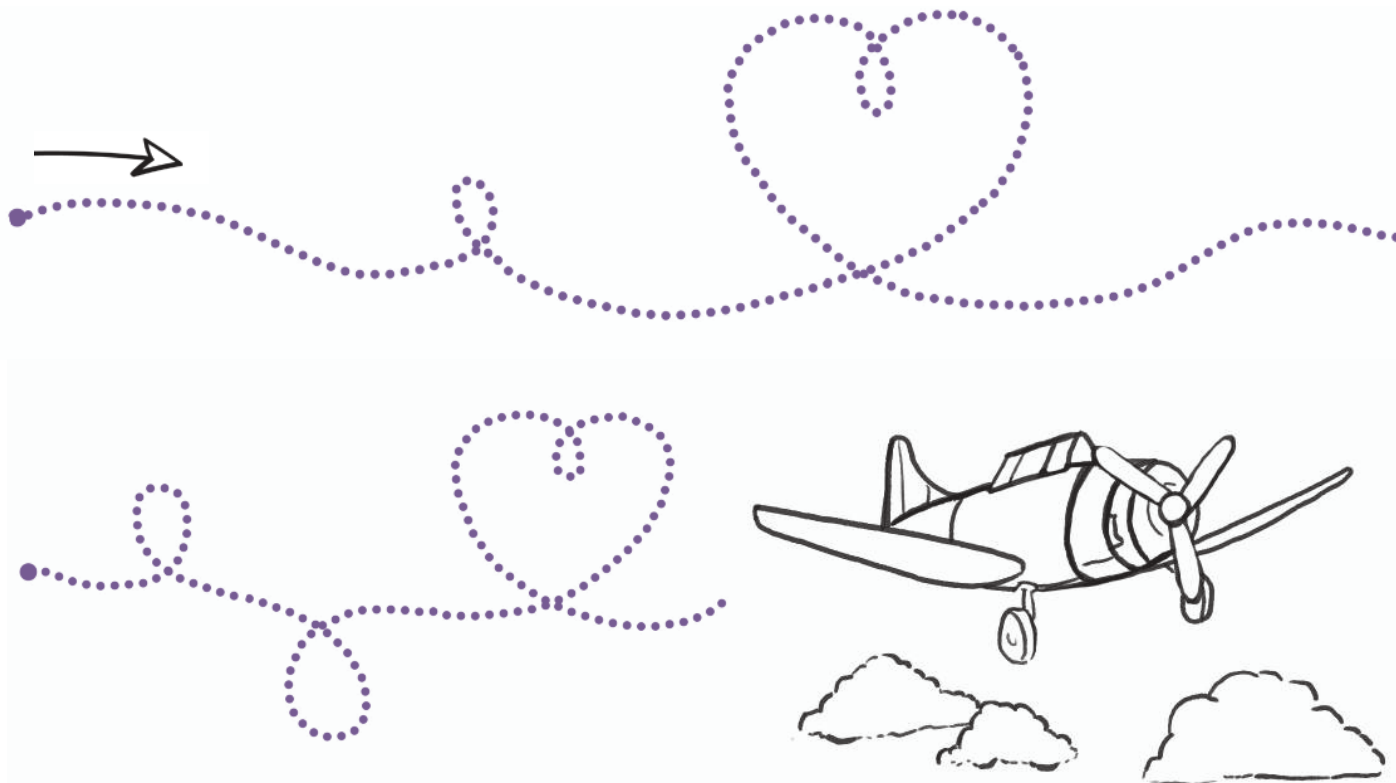




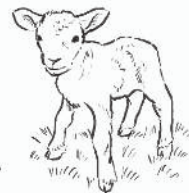
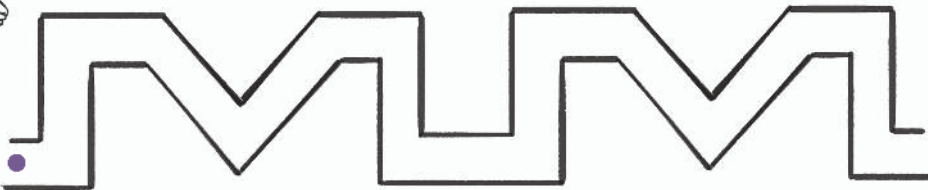
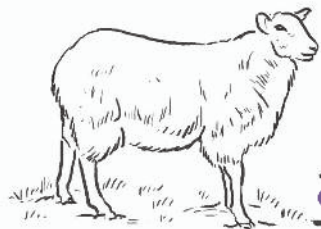
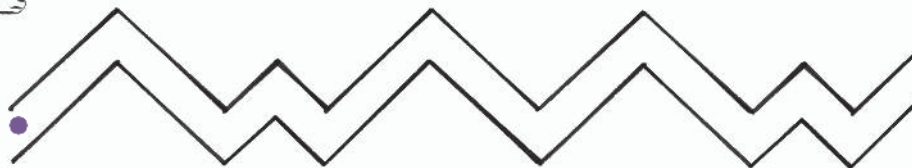
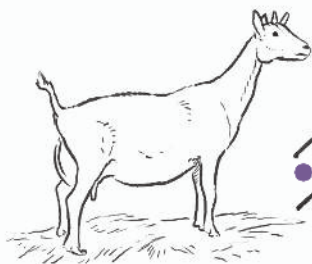
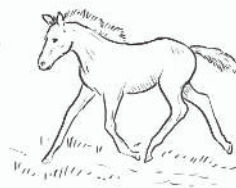
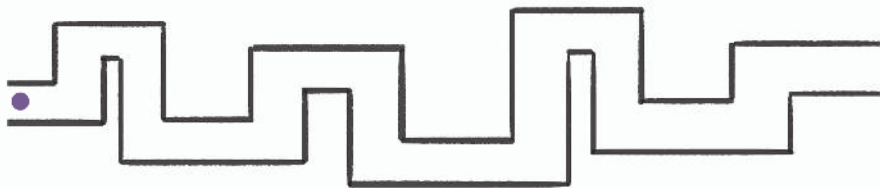
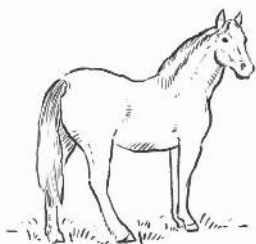
COMBINING SHAPES

Hearts, Stars,
and Letters

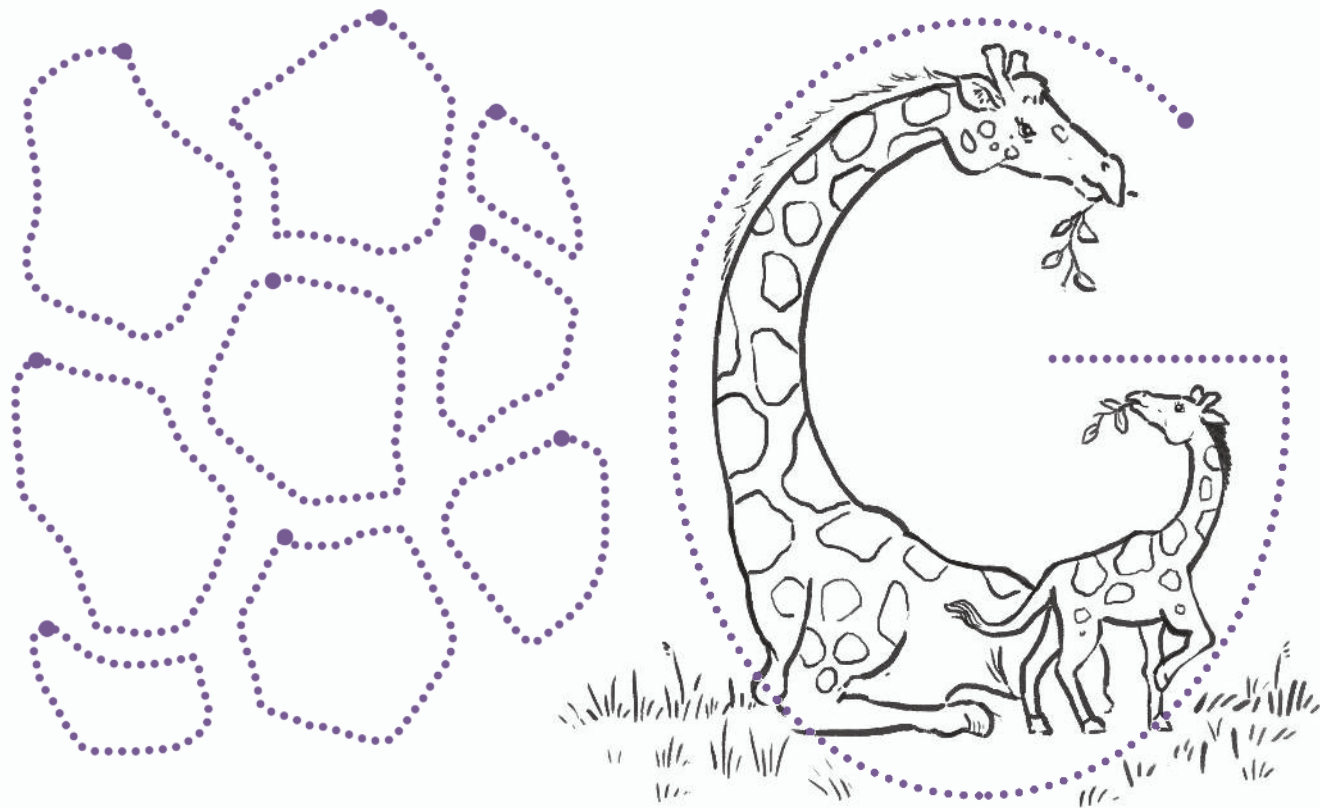
Trace the lines. A heart is a symbol for love. Who is someone you love?



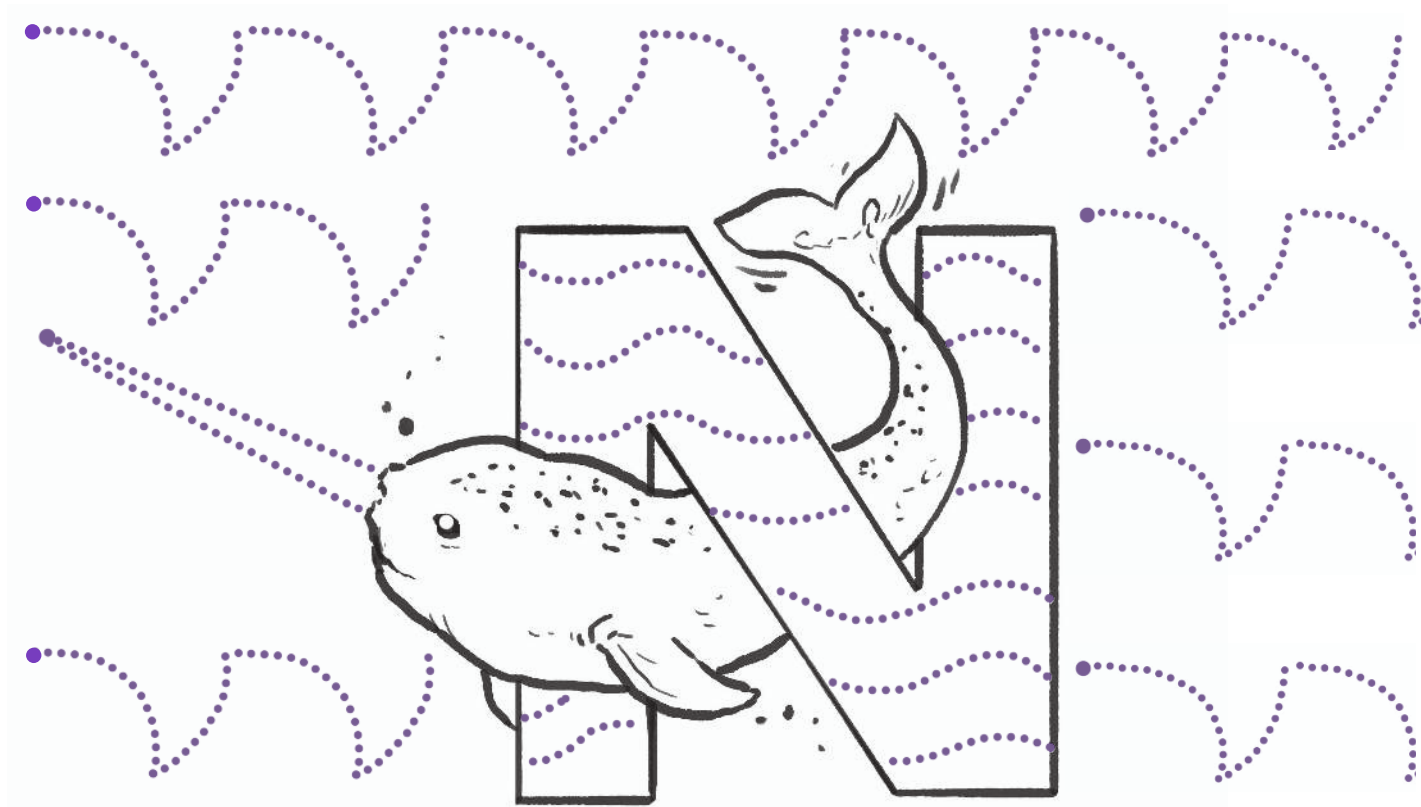
Draw a line through each path to get the mommy animal to her baby. What is a baby sheep called?



Trace the lines and color the image. How many legs does a giraffe have?



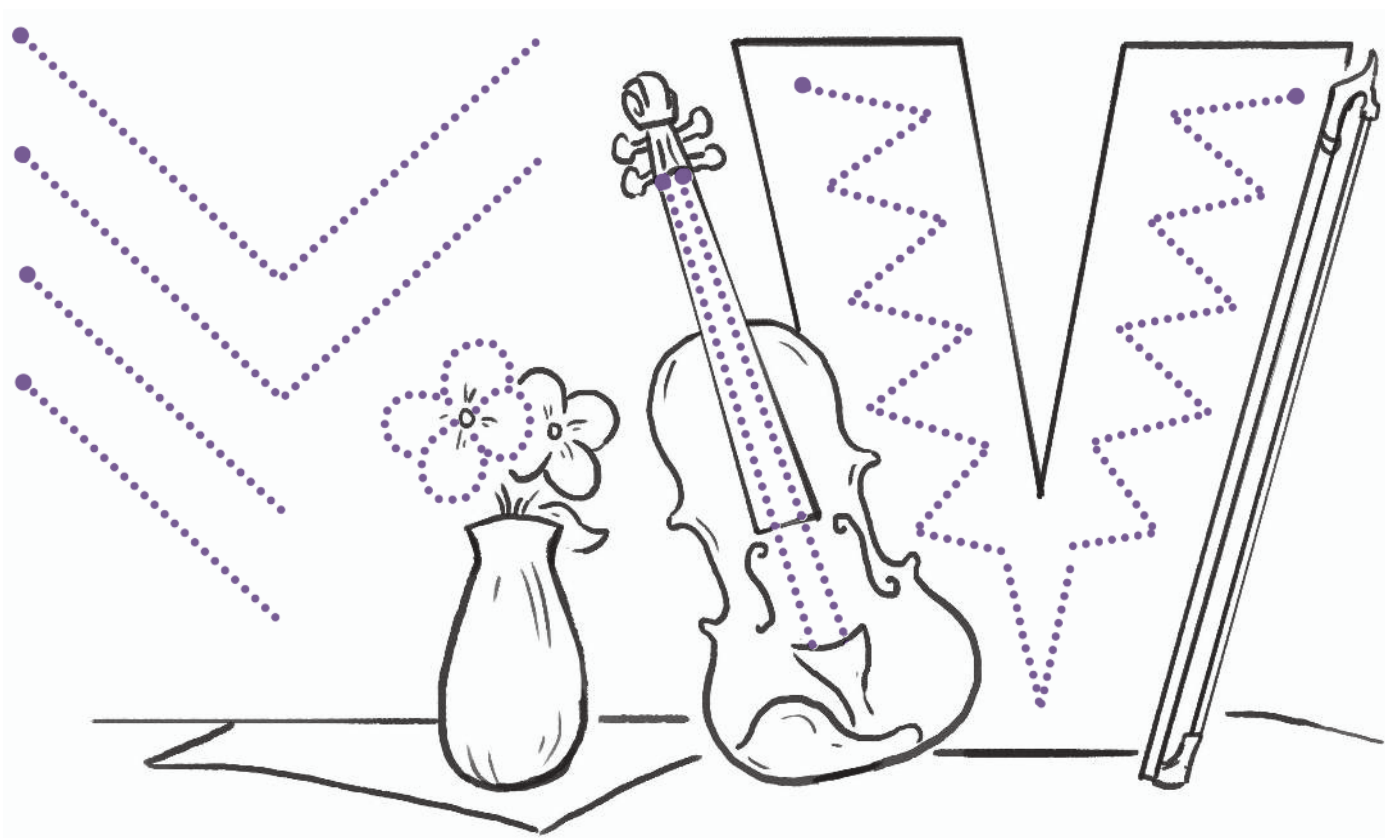
Trace the lines and color the image. The narwhal is a kind of whale that lives in the Arctic Ocean.



Trace the lines and color the image. Raccoons are nocturnal animals that hunt at night. Can you think of another animal that is awake mostly at night?



Trace the lines and color the image. A real violin has four strings and is played using a bow made of horse hair.



INCLUDES
BONUS SECTION



Doodles &
PRE-WRITING

FOR LITTLES

Part 2



Created by The Good and the Beautiful Team

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About This Course

The images, artwork, and words used in this course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Doodles & Pre-writing for Littles: Part 2 is designed for most children between the ages of 2½ and 5 years old who are ready to develop the dexterity and coordination of small muscles as well as the mental focus needed to write.

COURSE ORGANIZATION

This level focuses on the strokes and forms used to create letters and common shapes and is designed to help small children develop the fine motor skills necessary for writing. This workbook includes 115 sheets, which is 4–5 sheets per week for a normal school year. The course is divided into four sections:

1. Shapes & Strokes: provides a comprehensive review of the shapes and strokes learned in *Doodles & Pre-writing for Littles: Part 1*.
2. Letters: familiarizes children with letters and the kinds of strokes used for letters.
3. Trace & Try: allows children to trace shapes and strokes, then draw the same shape or stroke freehand.
4. Bonus Section—Find the Image: provides images hidden within a picture that children find and circle or color.

COLORING AND NATURE

Each sheet in this course provides an opportunity for the child to color, improving both coloring and motor skills. The doodles, forms, and shapes the child practices are all connected to nature or other common objects in a child's world.

PENCIL GRIP

Correct pencil grip is essential. For help with pencil grip, there are several YouTube videos and websites that display correct pencil grip. Be sure to gently and patiently correct the child's incorrect pencil grip when writing or drawing.

DOING HANDWRITING WITH LITTLES

The course is designed to be simple enough that a child could work on it without assistance. Some children will want to spend a lot of time on each page, while others will fly through. To help the child get more use and skill development from this course, encourage him or her to trace over each shape or form twice. Using a variety of colors and mediums (such as crayons, colored pencils, or markers) will make this more enjoyable. After the child has completed the whole course, you can allow the child to cut along the dashed lines to

practice using scissors. Pages with large patterns will work best. Upon completion some children will be ready to move on to the *Level K Handwriting* course, while others may benefit from repeating this course.

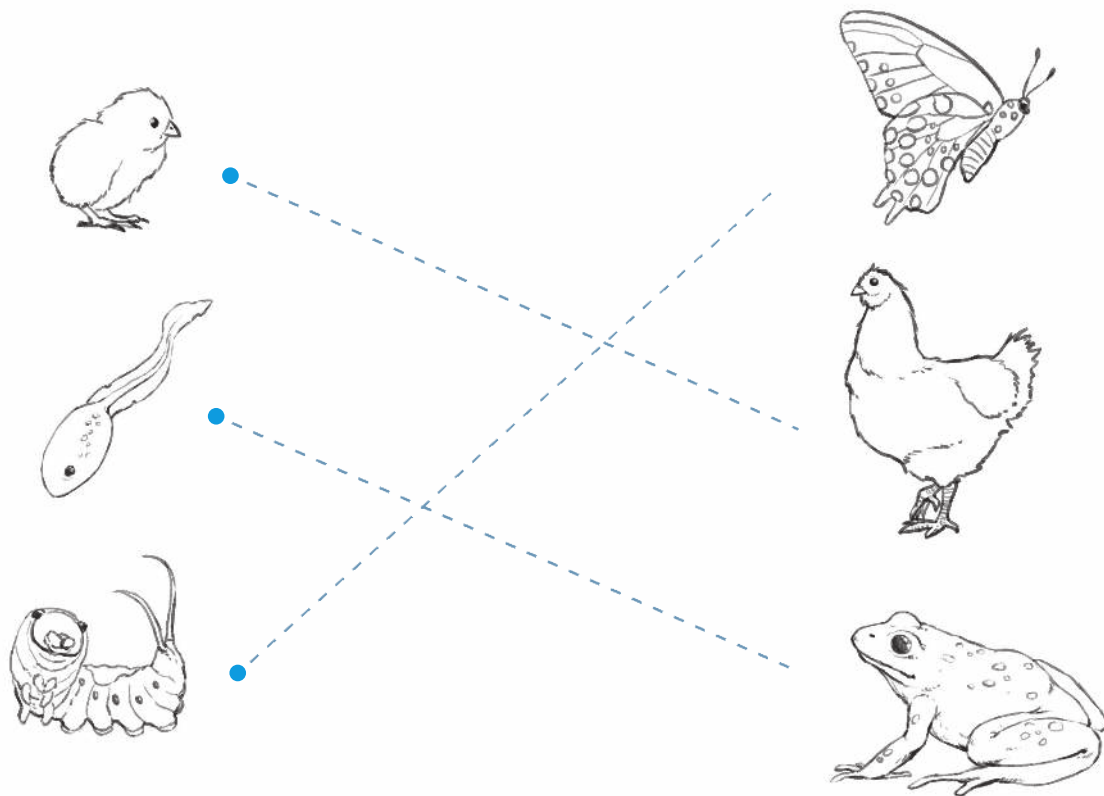
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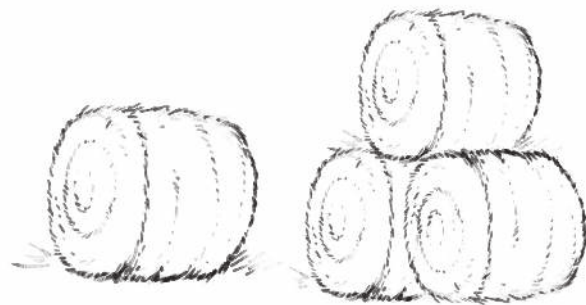
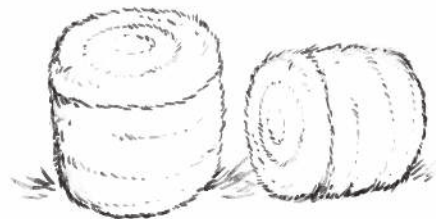
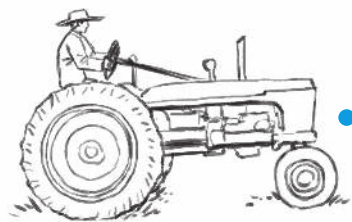


SHAPES & STROKES

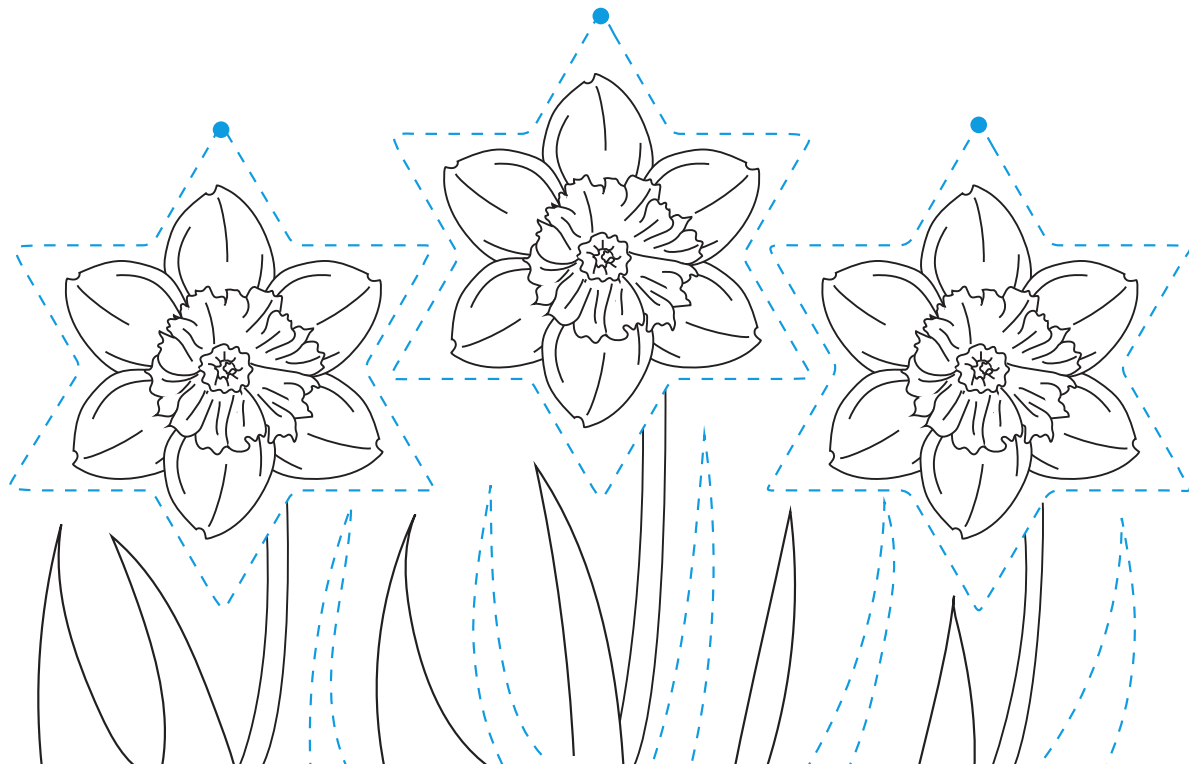
Starting on the dots, trace the lines to help each baby animal get to its mother. Then color the images.



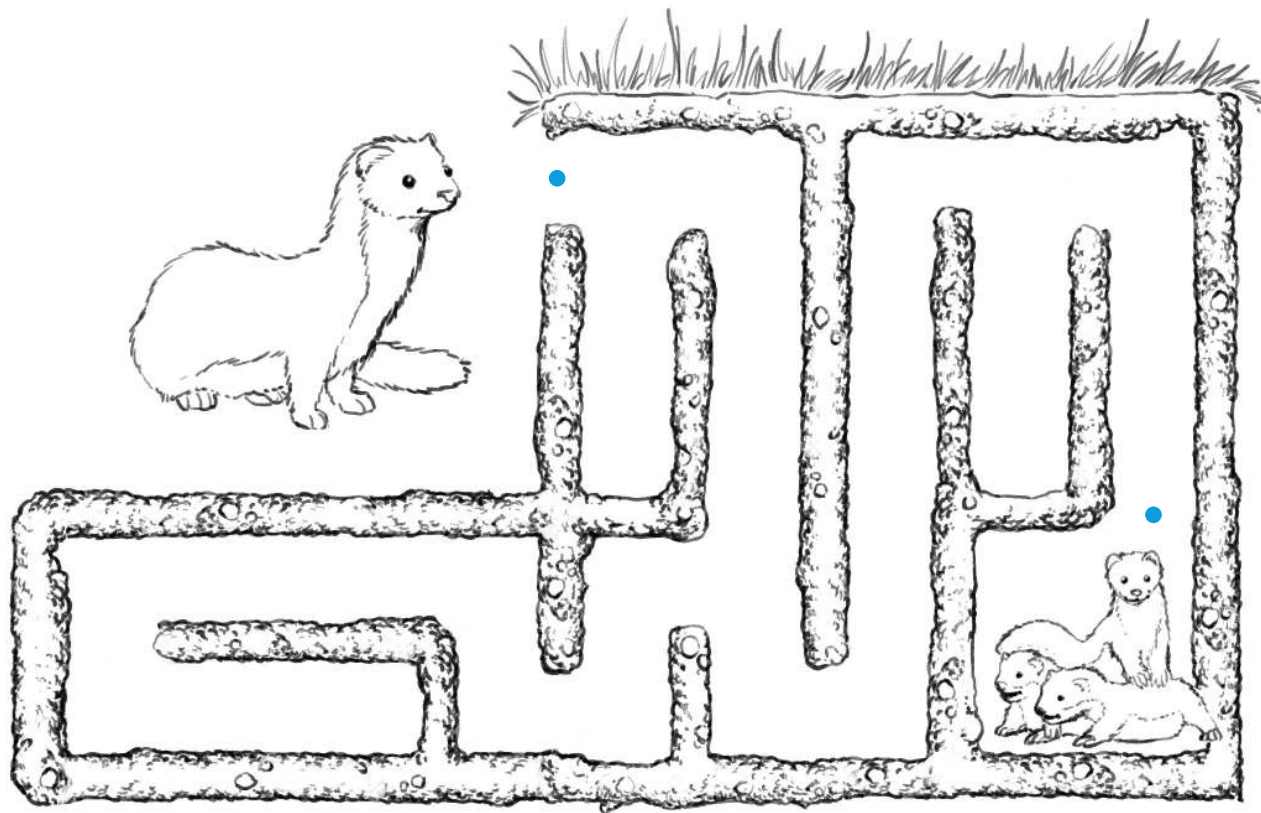
Starting on the dot, trace the tractor's path between the hay bales. Then color the image.



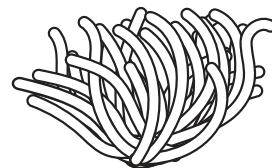
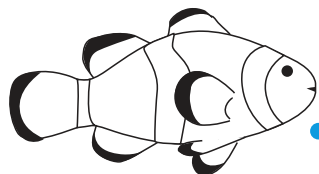
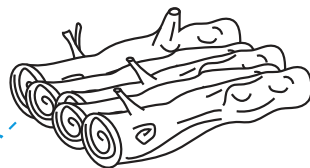
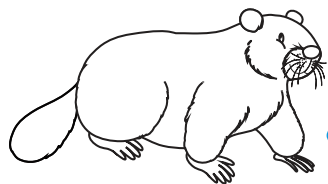
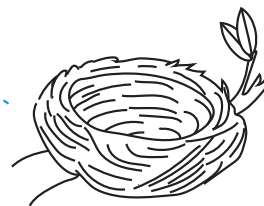
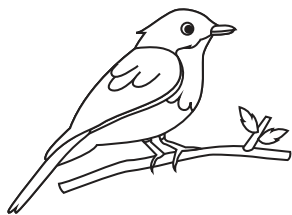
Starting on the dots, trace the lines around the daffodils. Then trace the grass and color the image.



Help the mama weasel find her way to her babies by drawing a line through the maze to connect the dots.



Starting on the dots, trace the lines between the animals and their habitats. Then color the images.

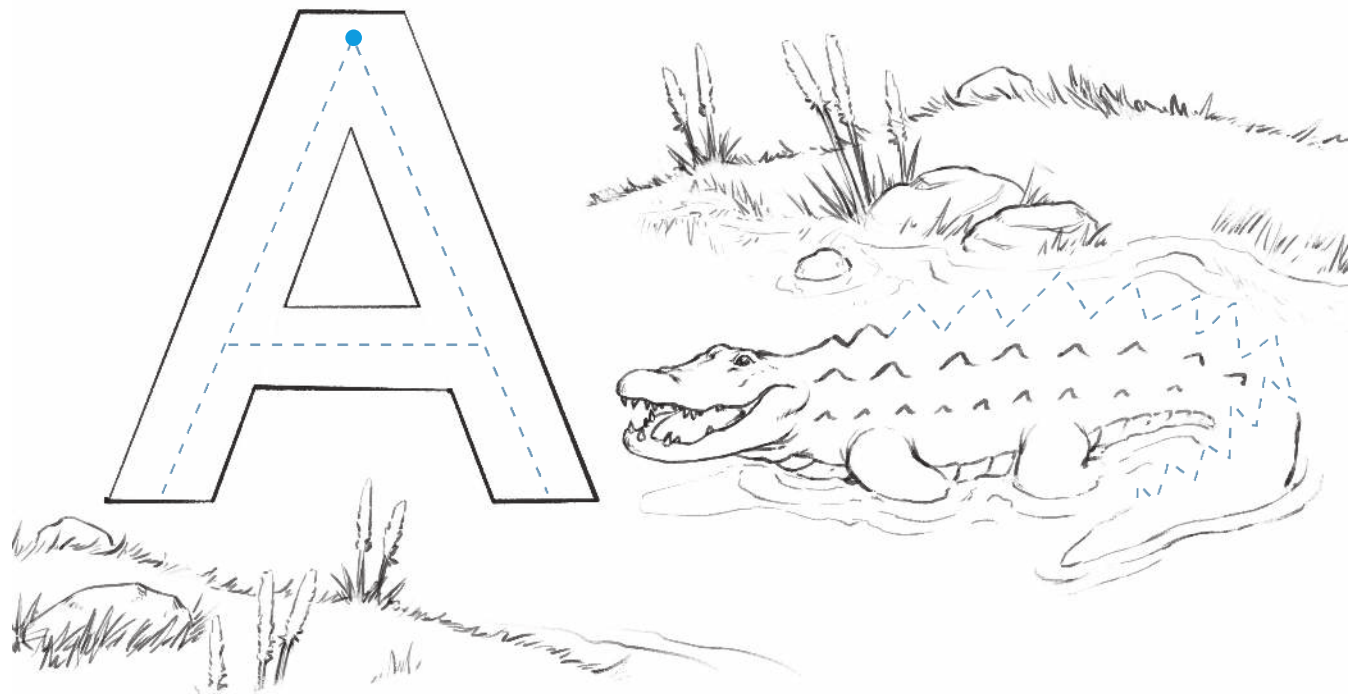




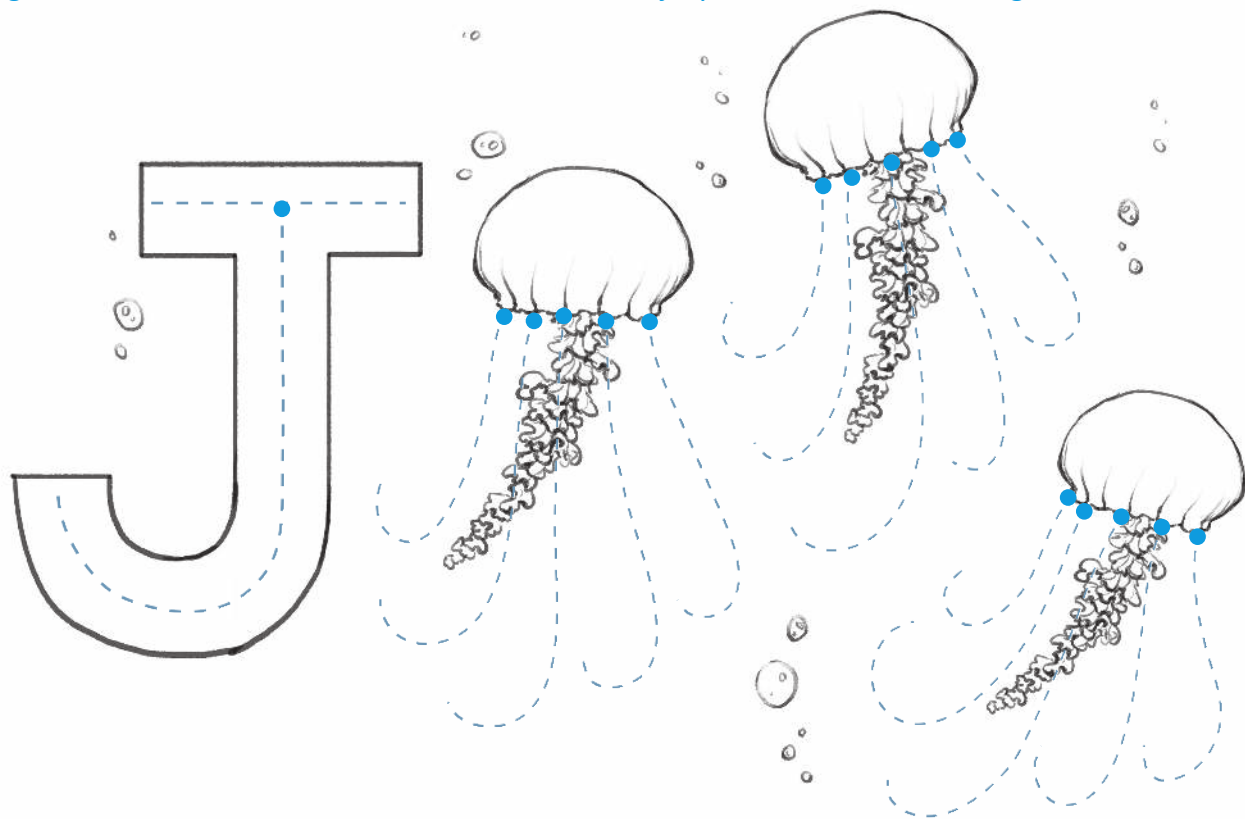
LETTERS

Note: This section is not designed to teach children the correct order of strokes; it is meant to familiarize them with the kinds of strokes used for letters.

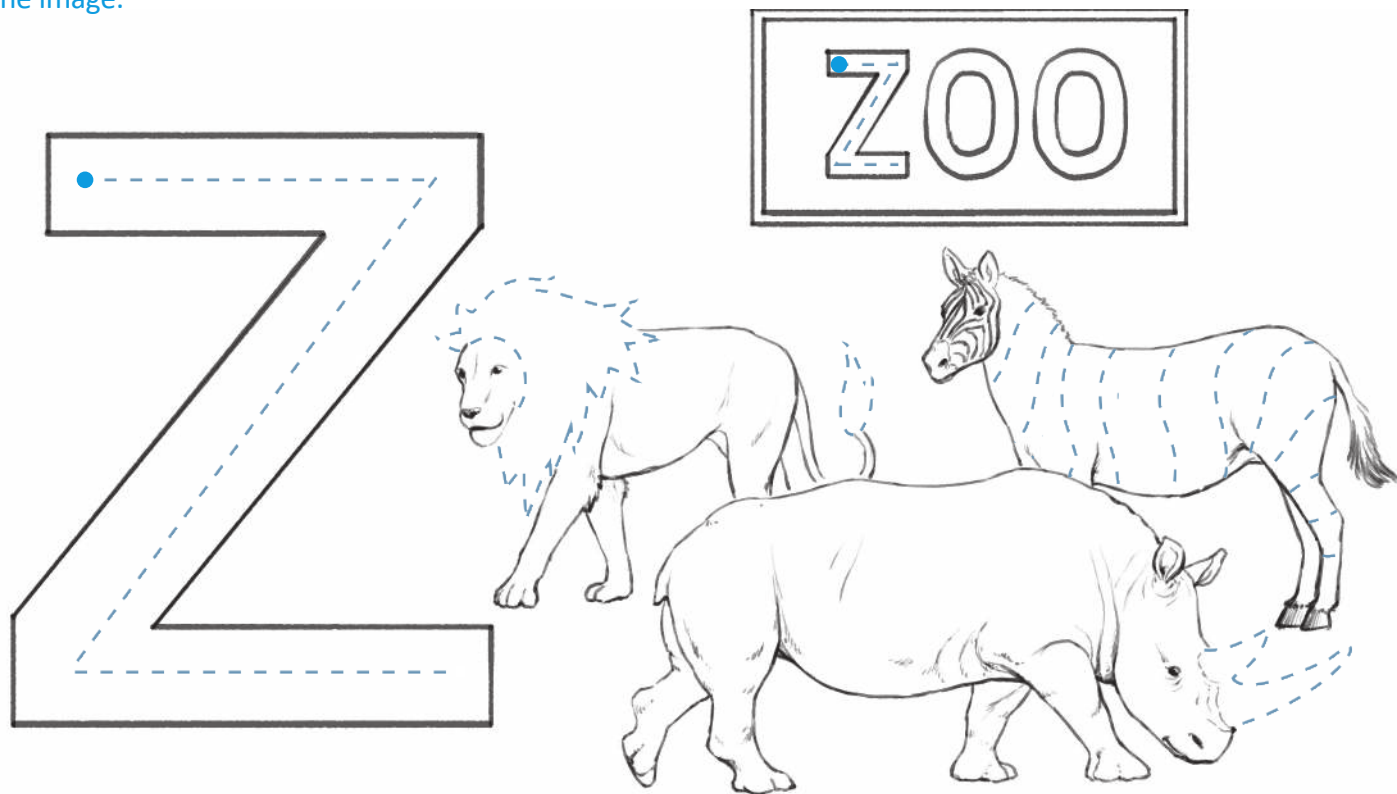
Starting on the dot, trace the letter A. Trace the line on the alligator. Then color the image.



Starting on the dots, trace the letter J and the lines on the jellyfish. Then color the image.



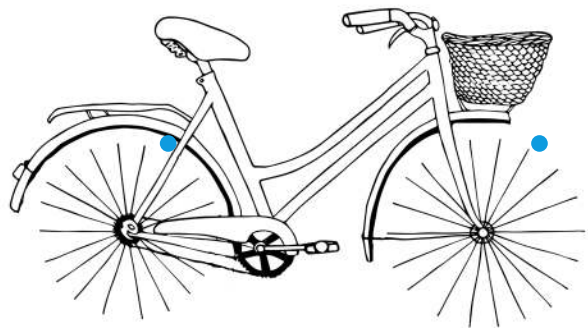
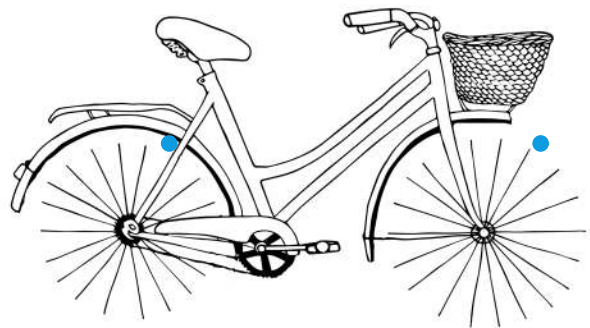
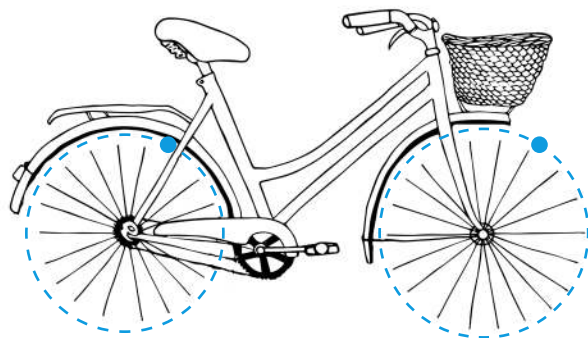
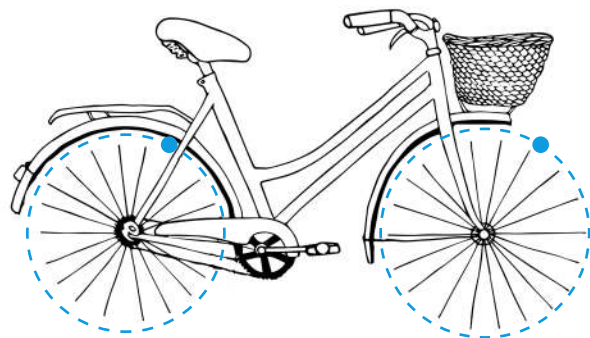
Starting on the dots, trace the letter Z and the line on the sign. Then trace the lines on the animals and color the image.



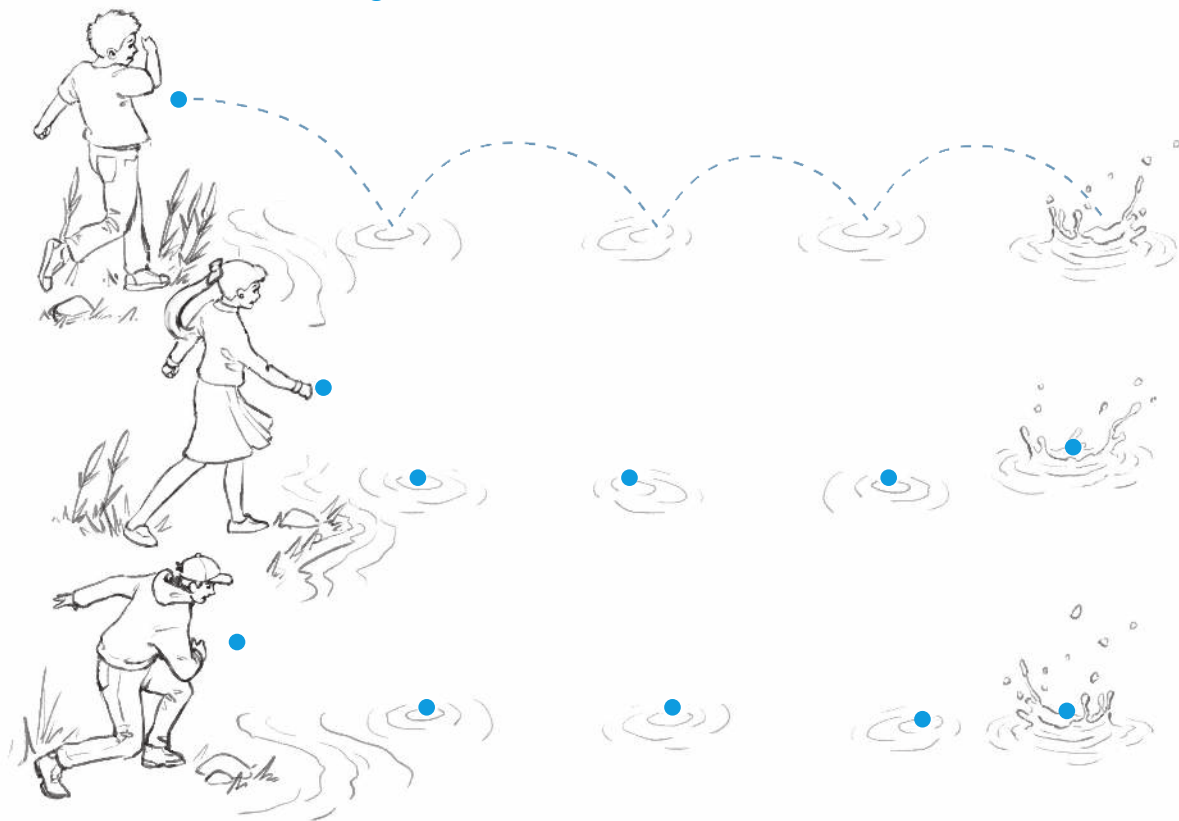


TRACE & TRY

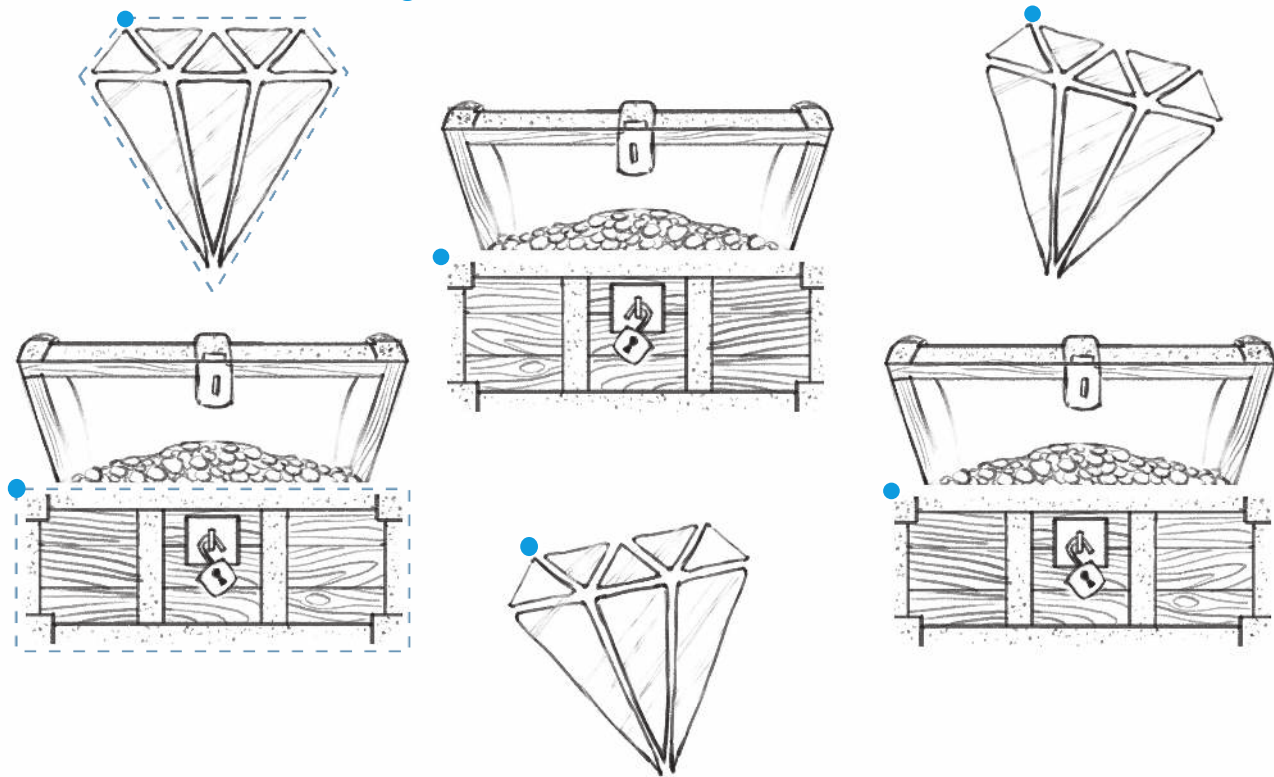
Starting on the dots, TRACE the wheels on the first two bicycles. TRY drawing the wheels on the other two bicycles. Then color the images.



Starting on the dot, TRACE the path of the first boy's skipping stone. TRY drawing similar lines for the other two children. Then color the image.



Starting on the dots, TRACE the first gem and the first treasure chest. TRY drawing around the other gems and treasure chests. Then color the images.



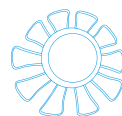
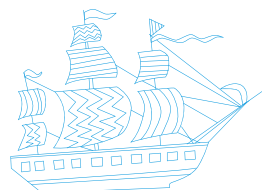
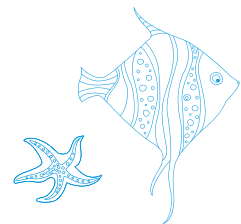


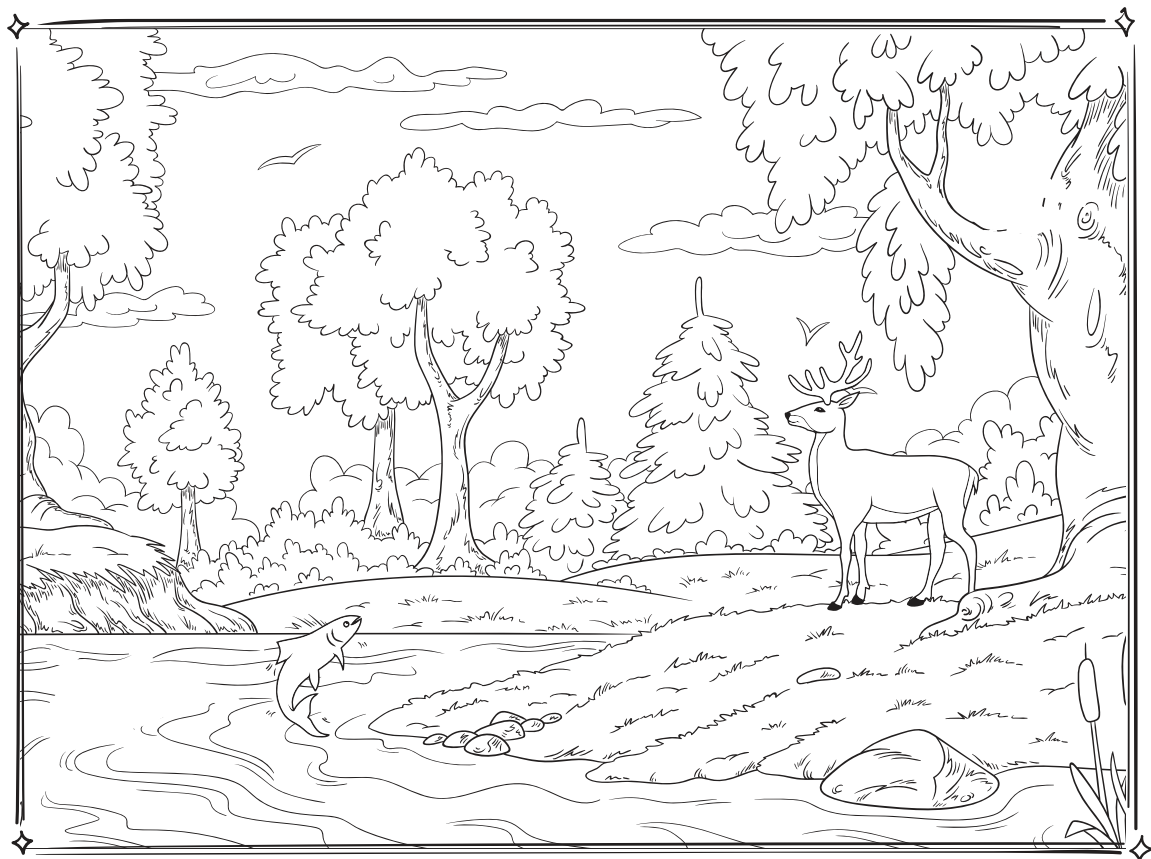
FIND THE IMAGE

Have the child find the images listed beside each picture.
The child can circle or color the found images.

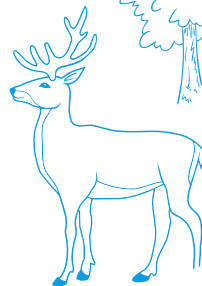


Find the
Image





Find the
Image





ABOUT THIS COURSE

The images, artwork, and words used in this course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Level K Handwriting is designed for most children between the ages of 4 to 6 years old who are ready to start handwriting. It is critical that your child gain a strong foundation in correct letter formation. Do not move too quickly through foundational skills.

COURSE ORGANIZATION

This level focuses on correct print formation of letters and numbers and, near the end of the course, introduces short words and sentences. This workbook includes 100 sheets, which is 3–4 sheets per week for a normal school year. Halfway through the course the text size is reduced as the

child gains the motor skills for smaller print. The course introduces 2–3 new letters at a time, going in alphabetical order.

COLORING AND DRAWING

Each sheet in this course provides an opportunity for the child to draw or color, improving both drawing and motor skills. Also, many children enjoy handwriting sheets much more with the opportunity to do a little art after the handwriting portion of the sheet is completed.

PENCIL GRIP

Correct pencil grip is essential. For videos on correct pencil grip, please see the Handwriting FAQs on our website www.thegoodandthebeautiful.com. Make sure to gently and patiently correct the child's incorrect pencil grip when writing or drawing.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As some children will not finish one page in the same amount of time as other children, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Have the child or children stop wherever they are on the page at the end of the specified time. At the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

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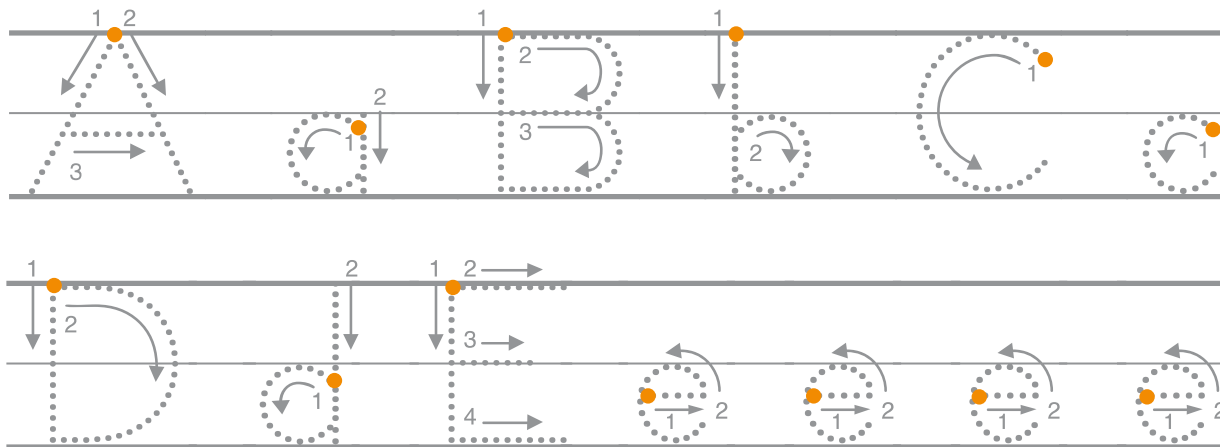
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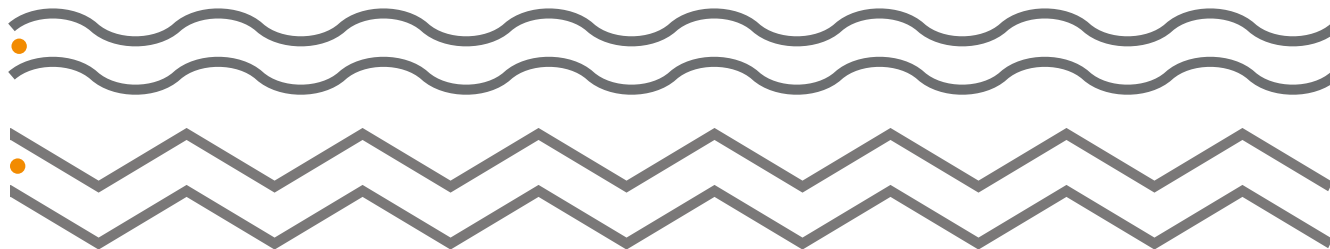
70 POINT FONT

Tracing Letters and Numbers
Writing First Name

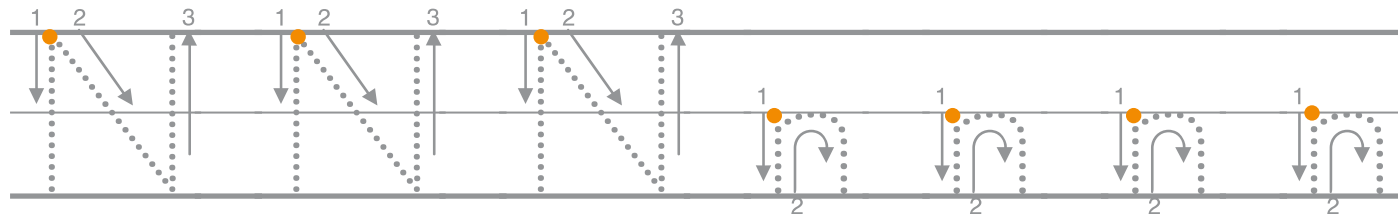
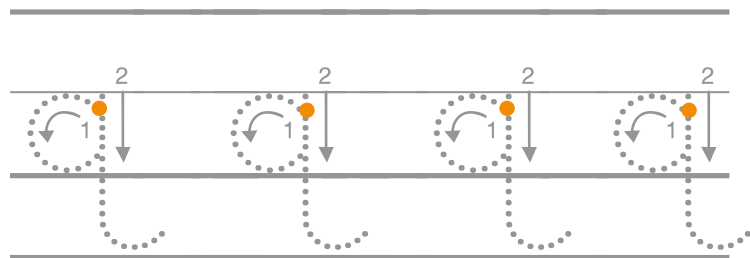
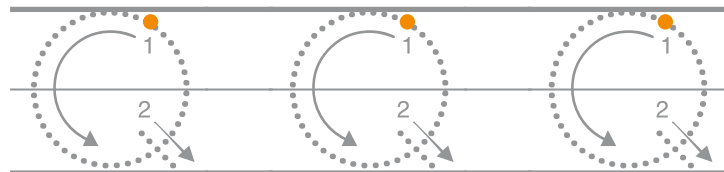
Trace each letter, starting on the dot.



With a crayon or colored pencil, draw a line between each image without touching any of the lines.



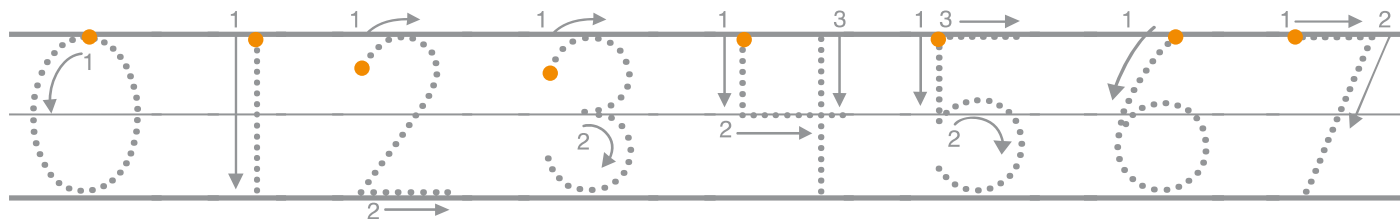
Trace each letter, starting on the dot.



Connect the letters then color the picture.



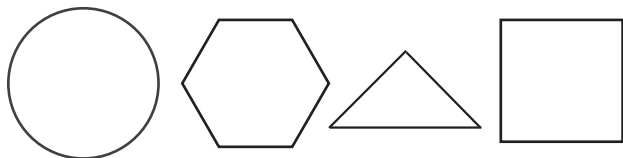
Trace each number, starting on the dot.



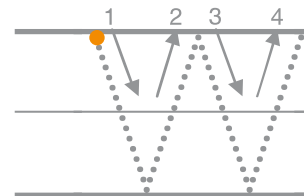
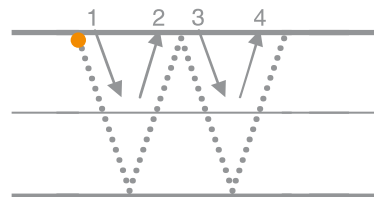
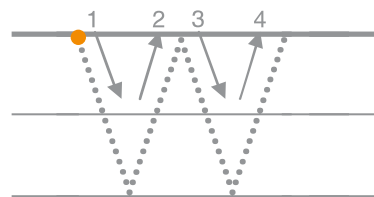
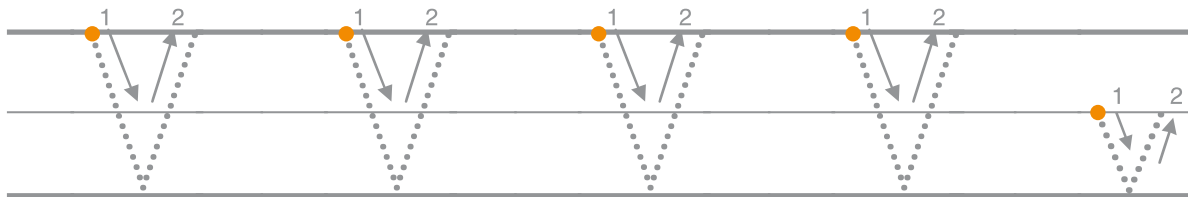
Write your first name.



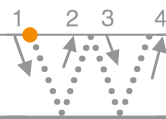
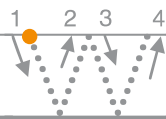
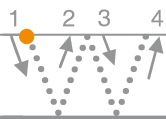
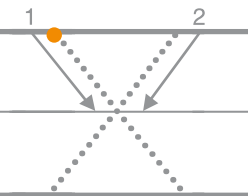
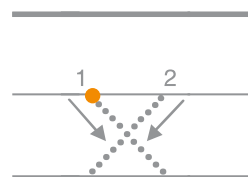
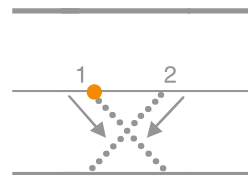
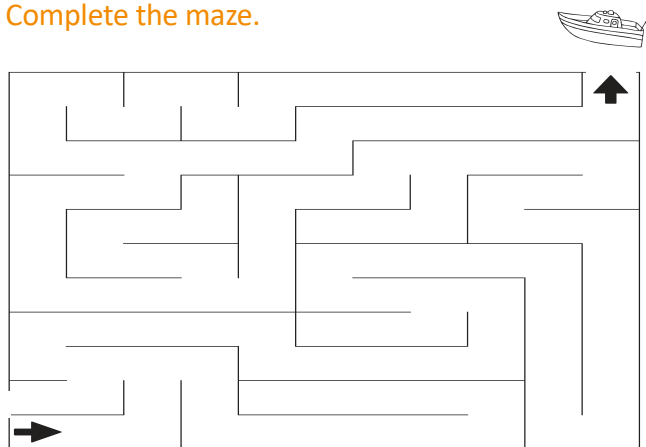
Copy the shapes in the blank box.



Trace each letter, starting on the dot.



Complete the maze.

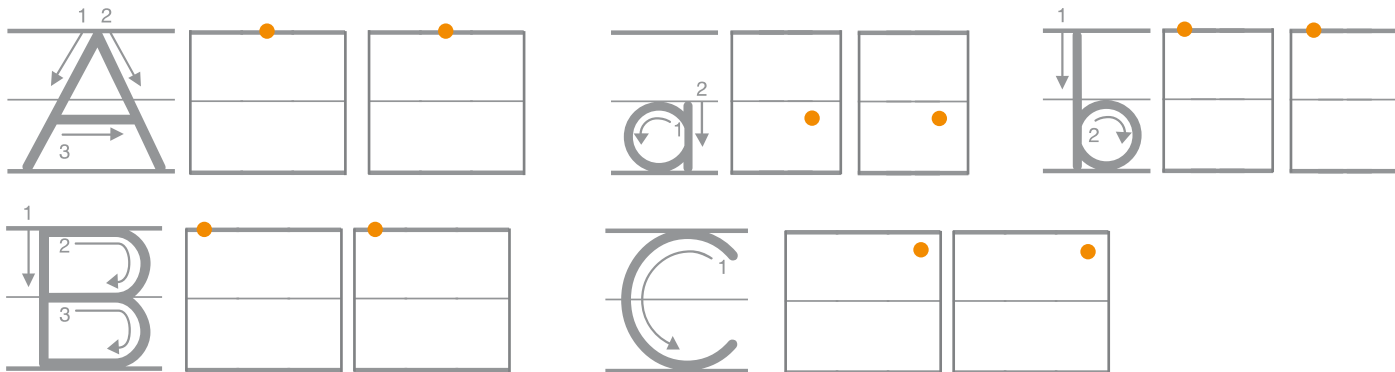




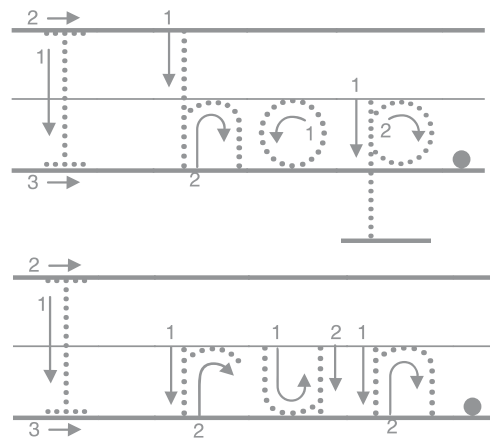
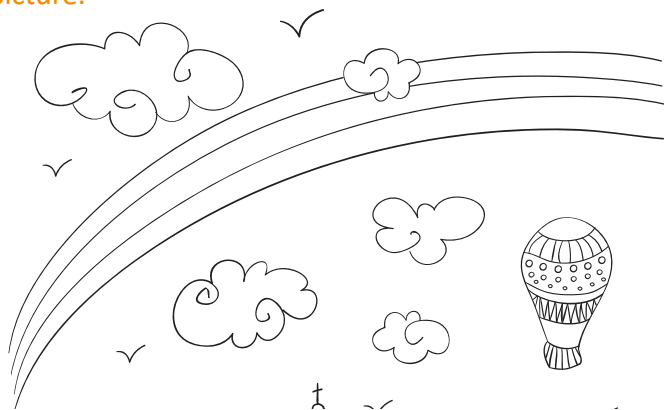
60 POINT FONT

Tracing and Writing Letters and Numbers
Writing First and Last Name

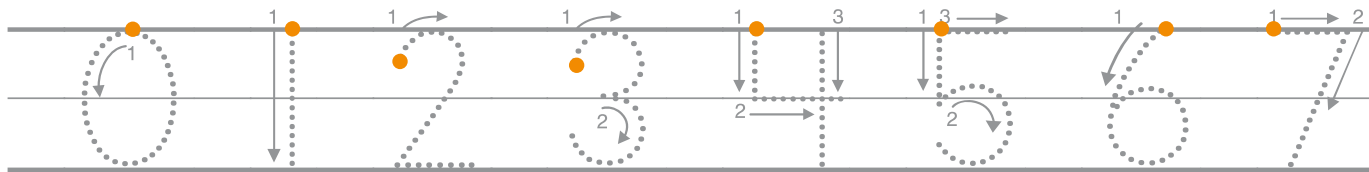
Write each letter twice and trace the sentences.



Color the picture.



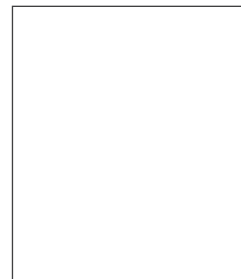
Trace each number, starting on the dot.



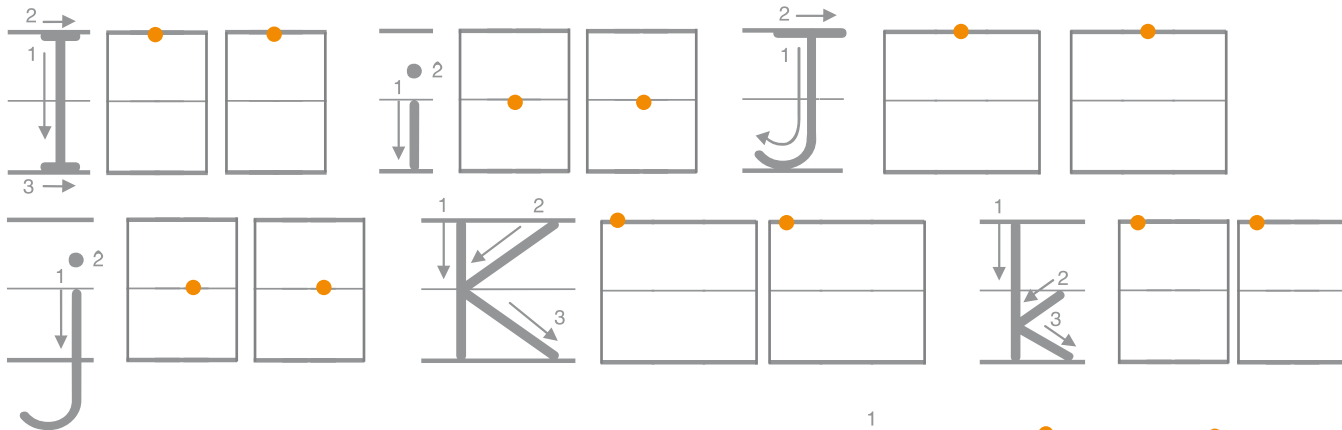
Write your last name.



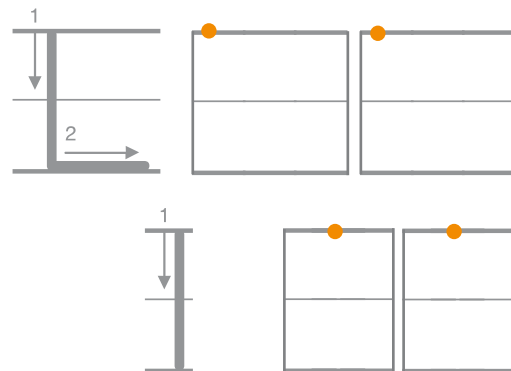
Draw each item.



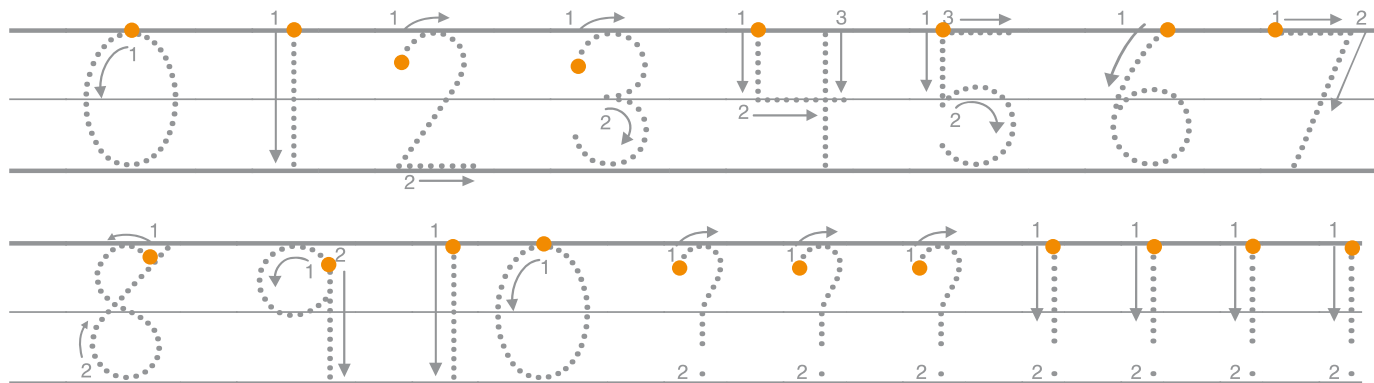
Write each letter twice.



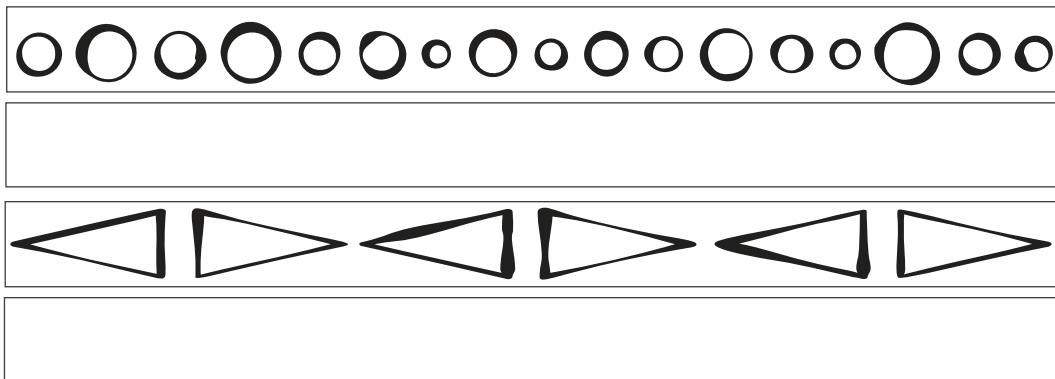
Draw a picture of a rainbow over a hill.



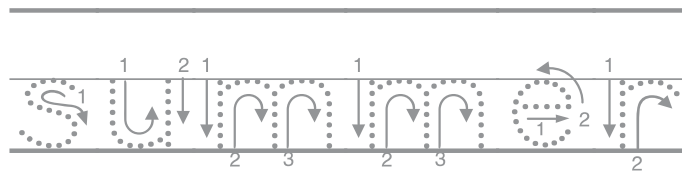
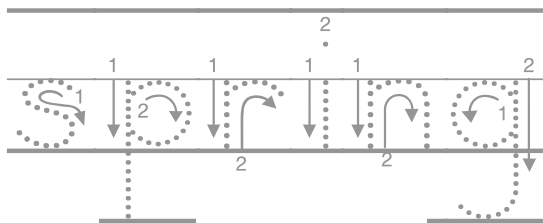
Trace each number and punctuation mark, starting on the dot.



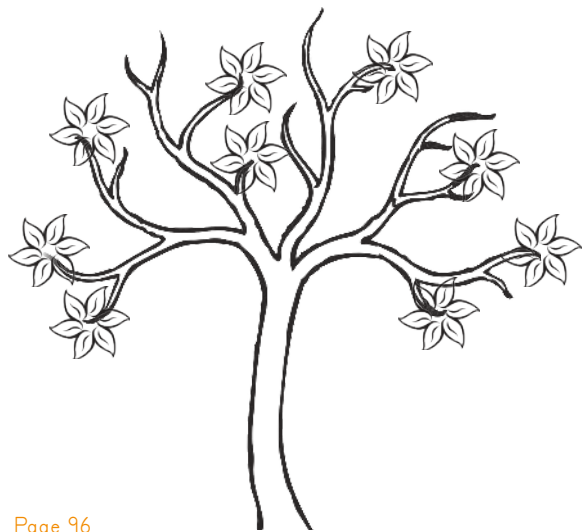
Copy each pattern in the empty box below it.



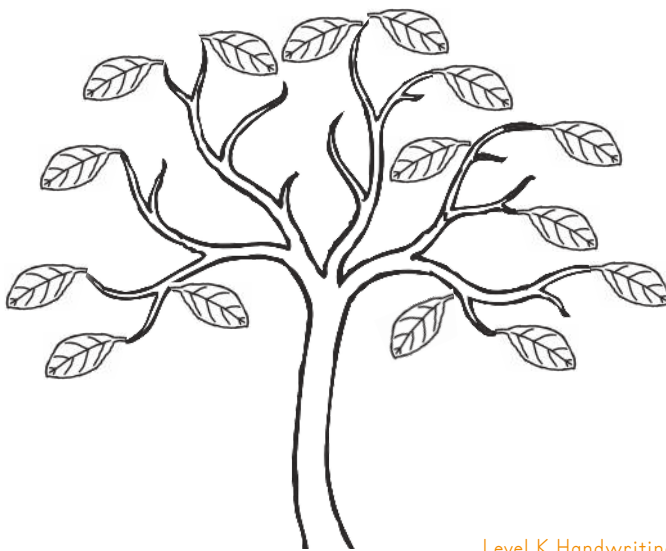
Trace each word.



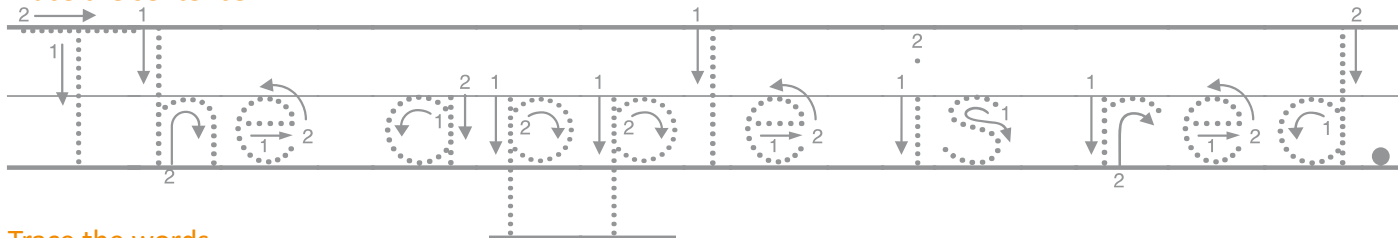
Add grass and more blossoms to the tree.



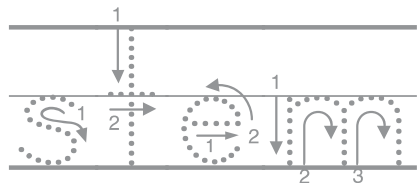
Add more leaves to the tree and then color both trees.



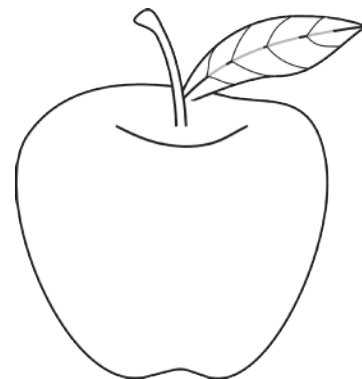
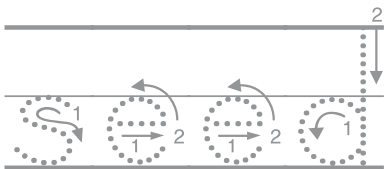
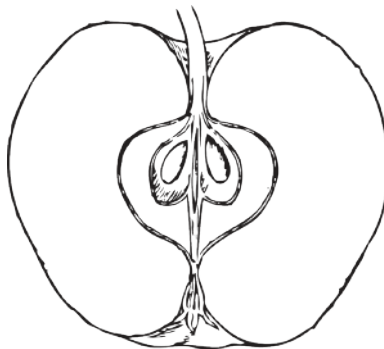
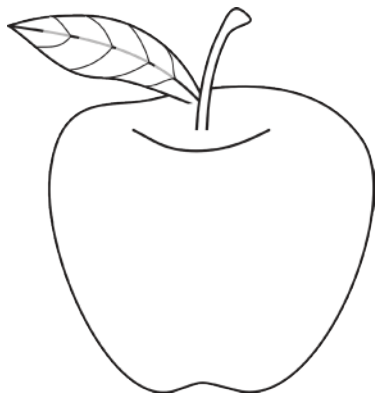
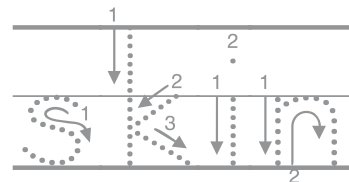
Trace the sentence.



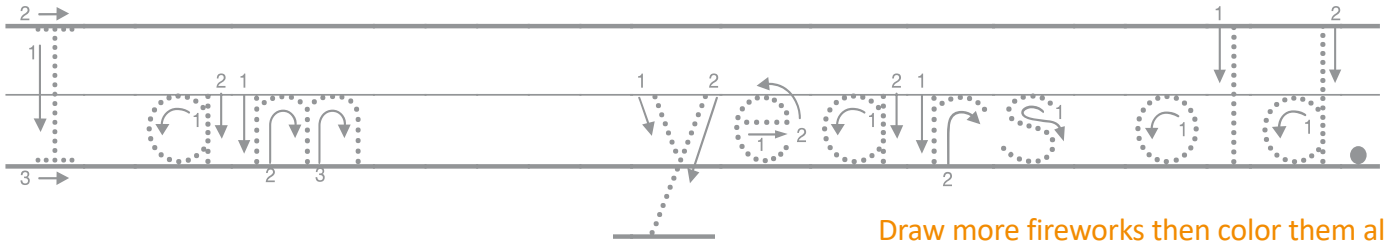
Trace the words.



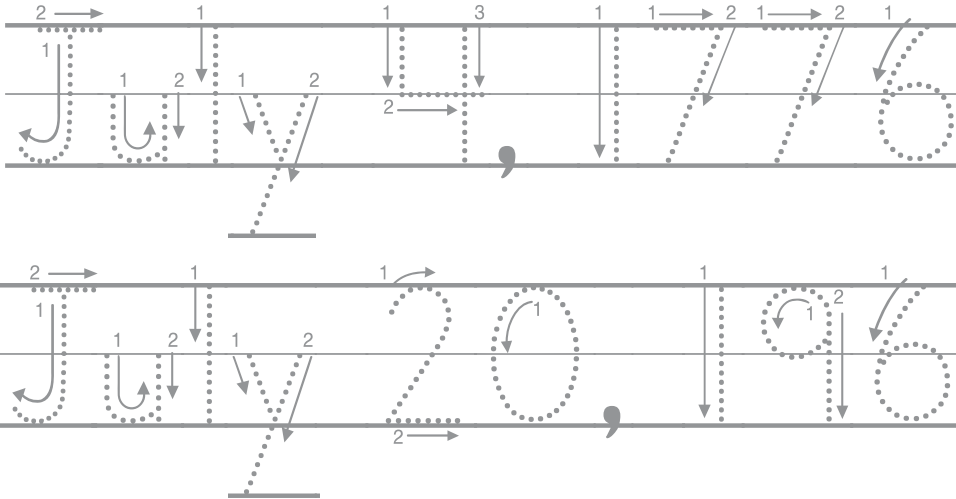
Color the apple part to match the words.



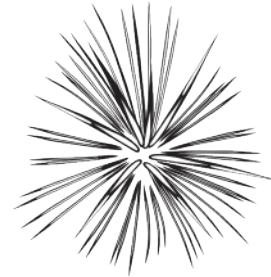
Trace the sentence. Write the number for how old you are.



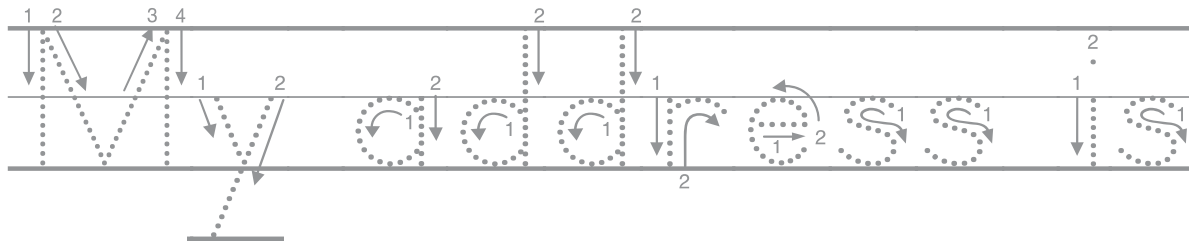
Trace the dates of historical events.



Draw more fireworks then color them all.



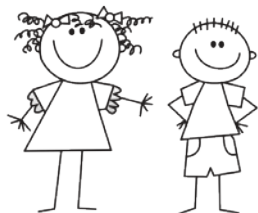
Trace the sentence.



Write your street address. Start with a capital letter for street names.

Write the name of your city and state. Start each one with a capital letter.

Draw a path to help
the kids walk back
to their house.







ABOUT THIS COURSE

The images, artwork, and words used in this course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Handwriting Level 1 is designed for children ages 5–7 who are in Level K or Level 1 language arts. This level focuses on correct print formation of letters and numbers and, near the end of the course, introduces short words and sentences. This course also helps children practice spelling number words. The text size reduces halfway through the course as the child gains the motor skills for smaller print.

It is critical that children gain a strong foundation in correct letter formation. Do not move too fast through these foundational skills. Many new writers attempt to begin letters at the bottom rather than at the top. It is important to follow the arrows shown and begin at the top, as this will benefit the child when he or she is learning cursive, and it will help the child develop nice penmanship without straining the hand or wrist.

COURSE ORGANIZATION

At the beginning of the course, and at different times throughout the course, the child will complete “overview” sheets. These sheets give the child general exposure to all letters and numbers. The rest of the course introduces 2–3 new letters at a time, going in order of the most frequently used letters. This approach helps the child focus on mastering letters before moving on and, at the same time, gives the child experience with all letters, which is helpful as he or she may need to write words and letters for other

subjects. This workbook includes 100 sheets, or about 3–4 sheets per week for a normal school year.

COLORING AND DRAWING

Each sheet in this course provides an opportunity for the child to draw, color, or complete an activity such as a maze or dot-to-dot. These are not merely for fun; they also improve both drawing and fine motor skills. Many children also enjoy handwriting sheets much more with the opportunity to do a little art or other activity after the handwriting portion of the sheet is completed.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As some children will not finish one page in the same amount of time as others, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are on the page, have them stop at the end of the specified time. At the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

TIPS FOR LEFT-HANDED WRITERS

Left-handed writers often find it more comfortable to tilt the book slightly to the right and position it closer to the left side. If the child tends to write from right to left, placing a dot at the left side to remind him or her where to start may be helpful. Left-handed writers often tend to “hook” their wrists above what they are writing in order to see what they have already written. This can cause strain on the wrist and make writing difficult. Remind the child to keep the wrist straight.

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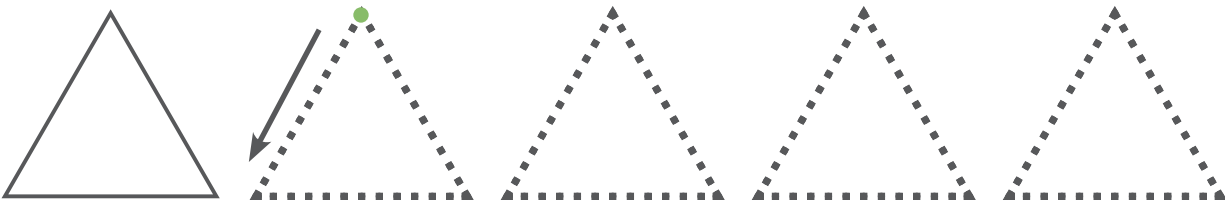
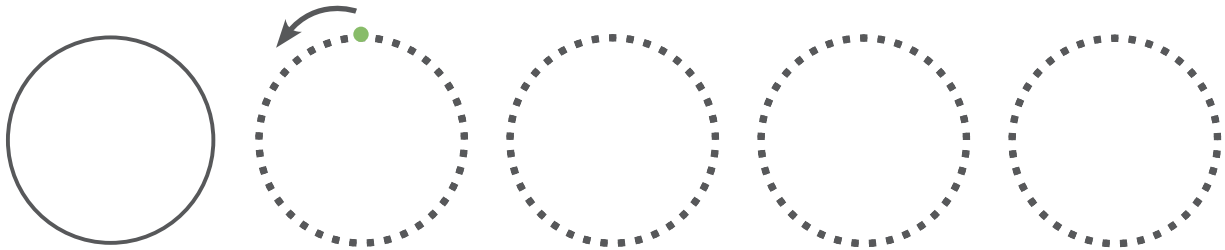
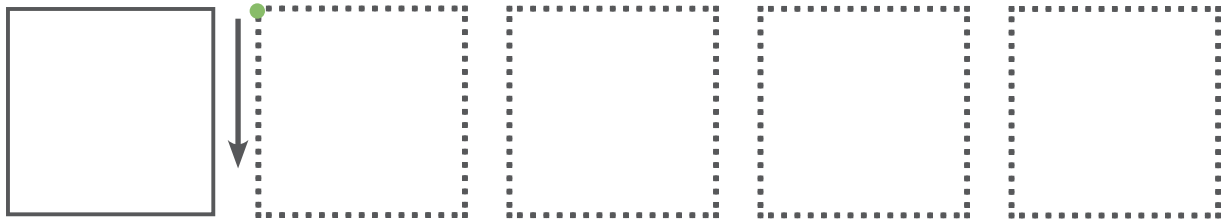


60 POINT FONT

Form Drawing
Writing First Name
Writing Letters and Numbers
Tracing and Writing Words and Sentences
Drawing

Introduction to Handwriting—Form Drawing

Practice the strokes used to create letters by tracing the dotted lines and shapes. Start on the green dot.



Copy the lines into the boxes below. Start on the green dot.



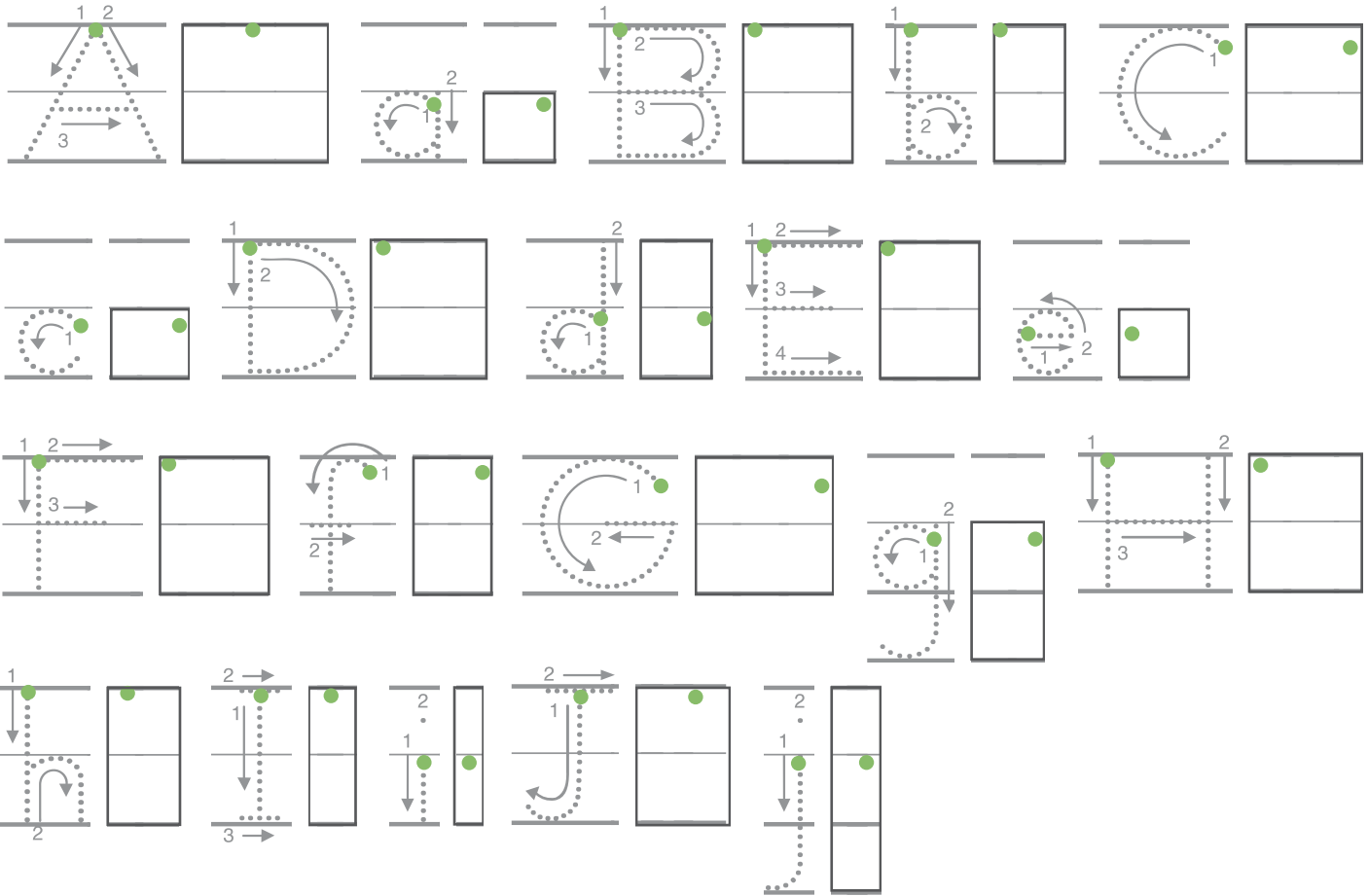




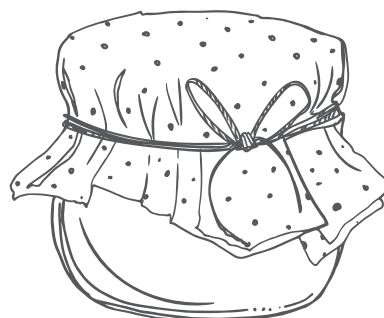
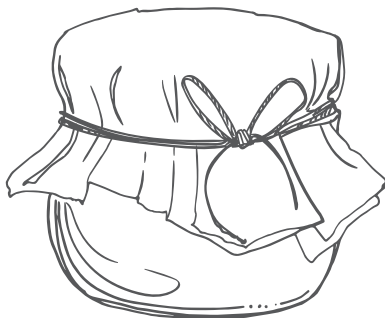
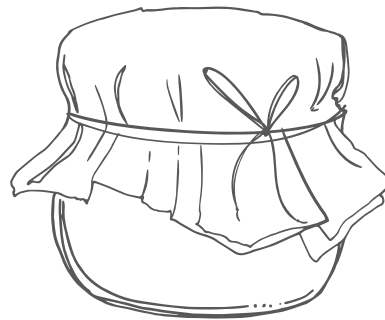
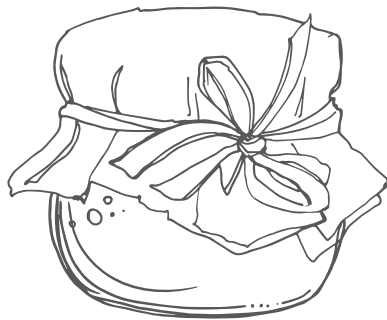


Overview of Letters A-J

Trace each letter and then write it again, starting on the dot.



Color the jars so it looks like they contain different colors of jam.



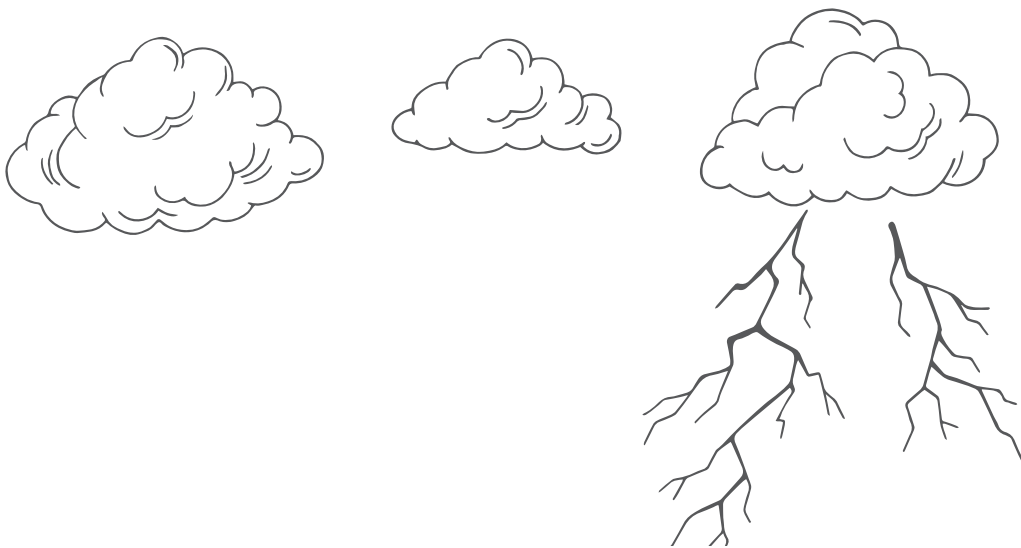
Introducing Letters Cc and Oo

Write your first name. If needed, have a parent or teacher write it down, and then you trace it here.

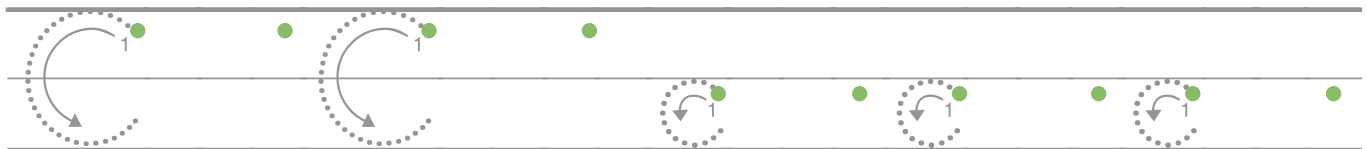
Trace each letter and then write it again, starting on the dot. The letter **C** shape is how many letters start.



Draw rain falling from the clouds.

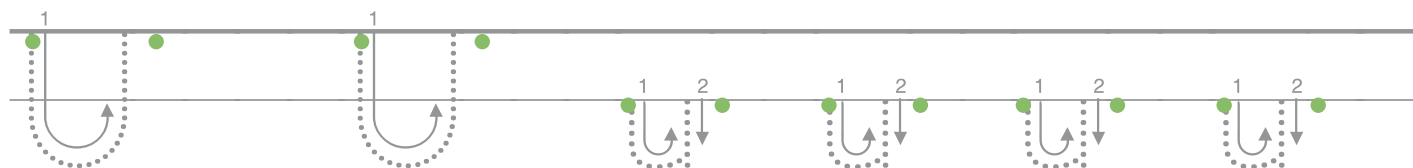
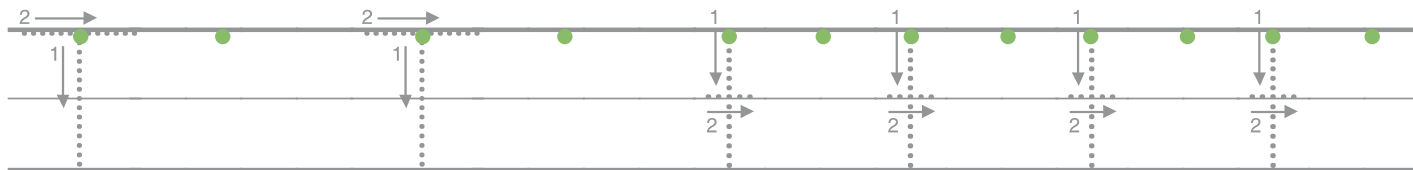


Trace each letter and then write it, starting on the dot.

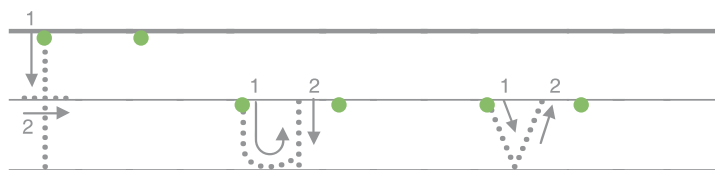
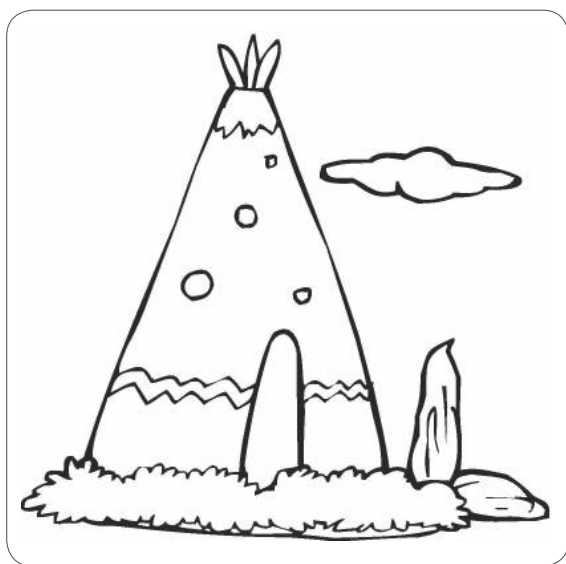


Write your first name. If needed, have a parent or teacher write it down, and then you trace it here.

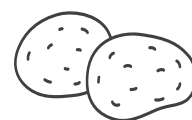
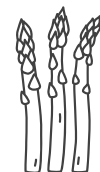
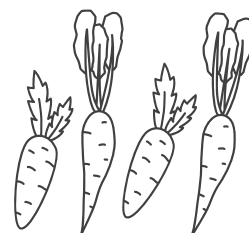
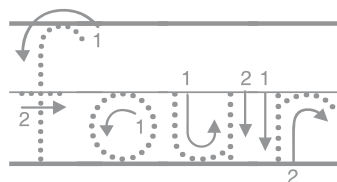
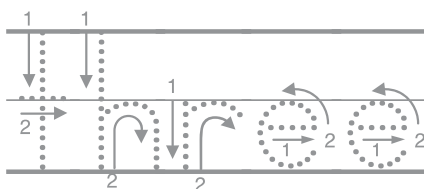
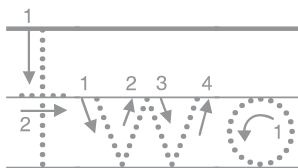
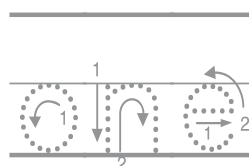
Trace each letter and then write it again, starting on the dot.



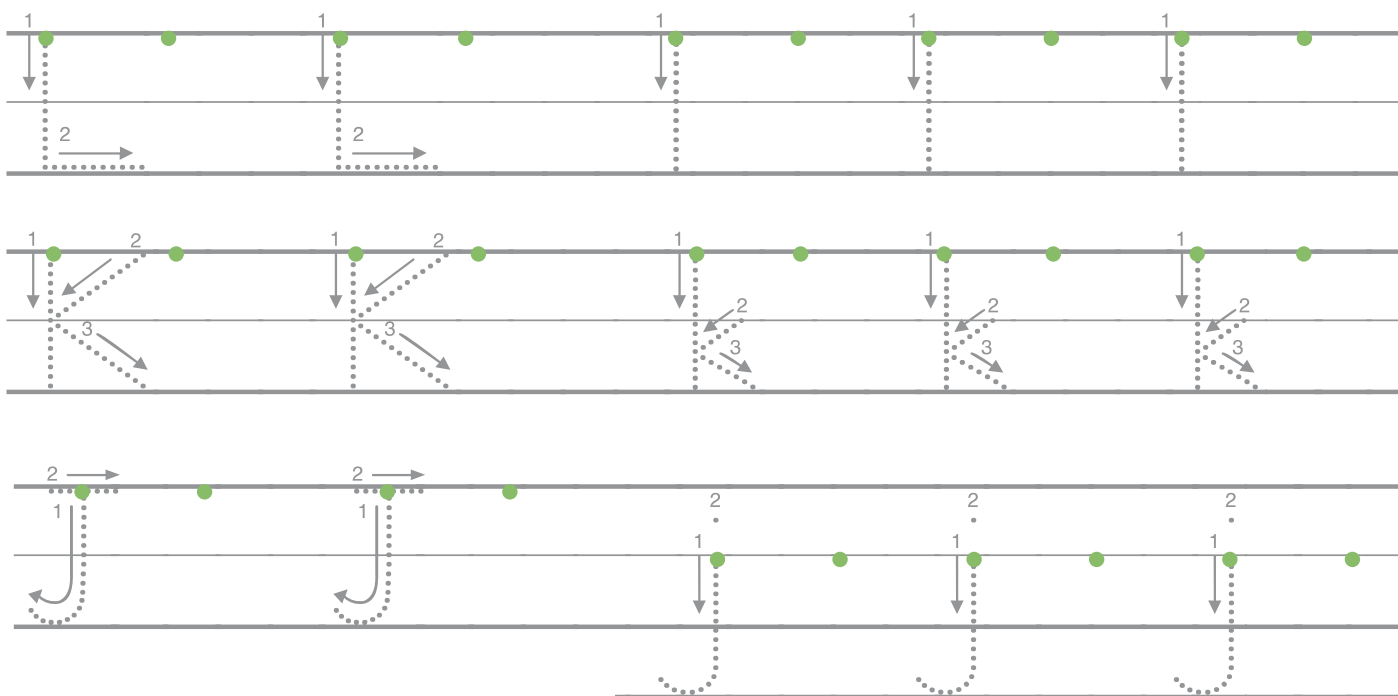
Copy the picture into the box below and then color it.



Trace the words. Draw a line to the correct number of vegetables.



Trace each letter and then write it again, starting on the dot.



Trace the lines with your finger. Then copy them into the boxes.

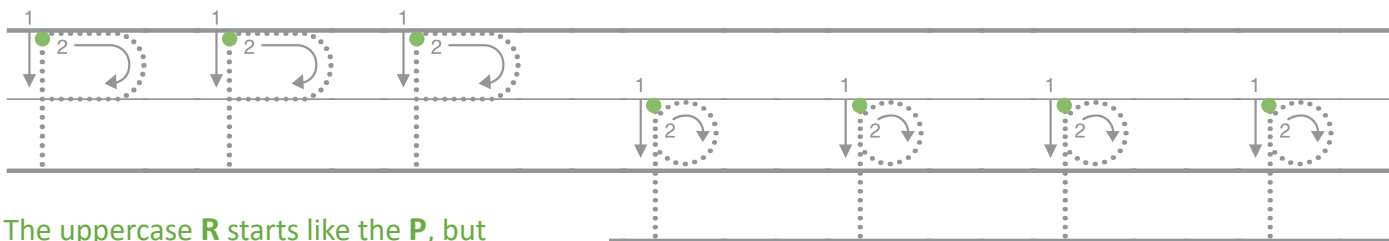


Color the picture.

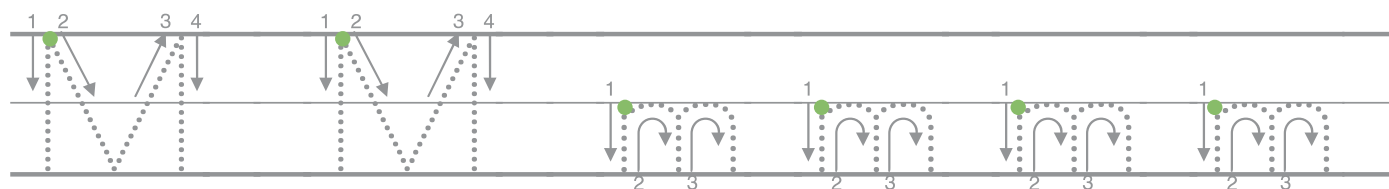
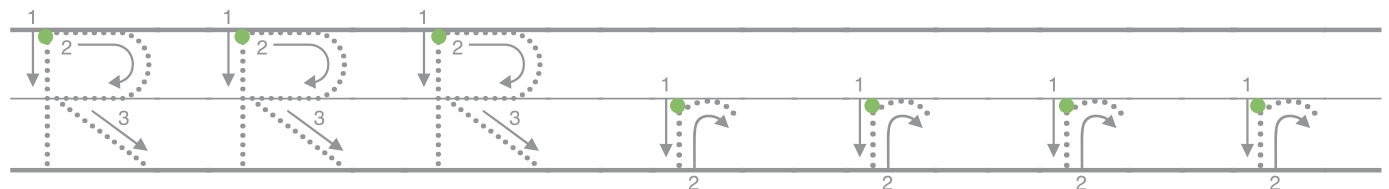


Review of Letters Xx, Yy, and Zz - Introducing Letters Pp, Rr, and Mm

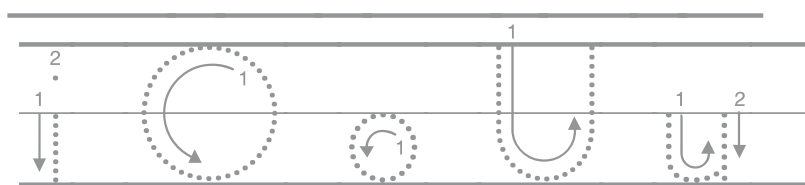
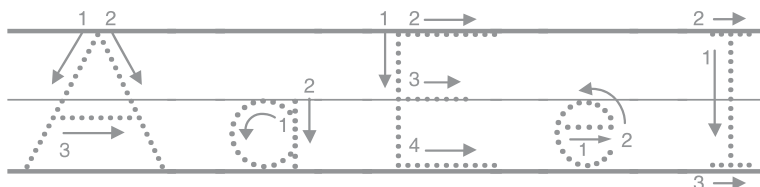
Trace each letter, starting on the dot. All of these letters begin with a downward stroke.



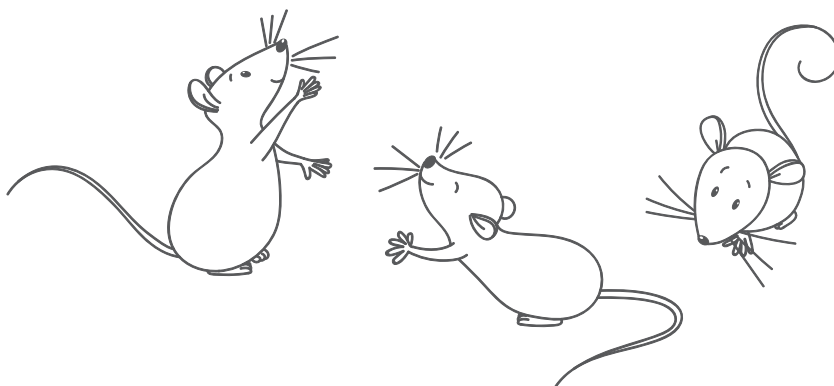
The uppercase **R** starts like the **P**, but it has an extra line coming out in front.



Trace each letter. These are the vowels.



Color the picture.
What do you think
the mice might be
looking at? Add it to
the scene.





45 POINT FONT

Writing First and Last Name

Writing Letters and Numbers

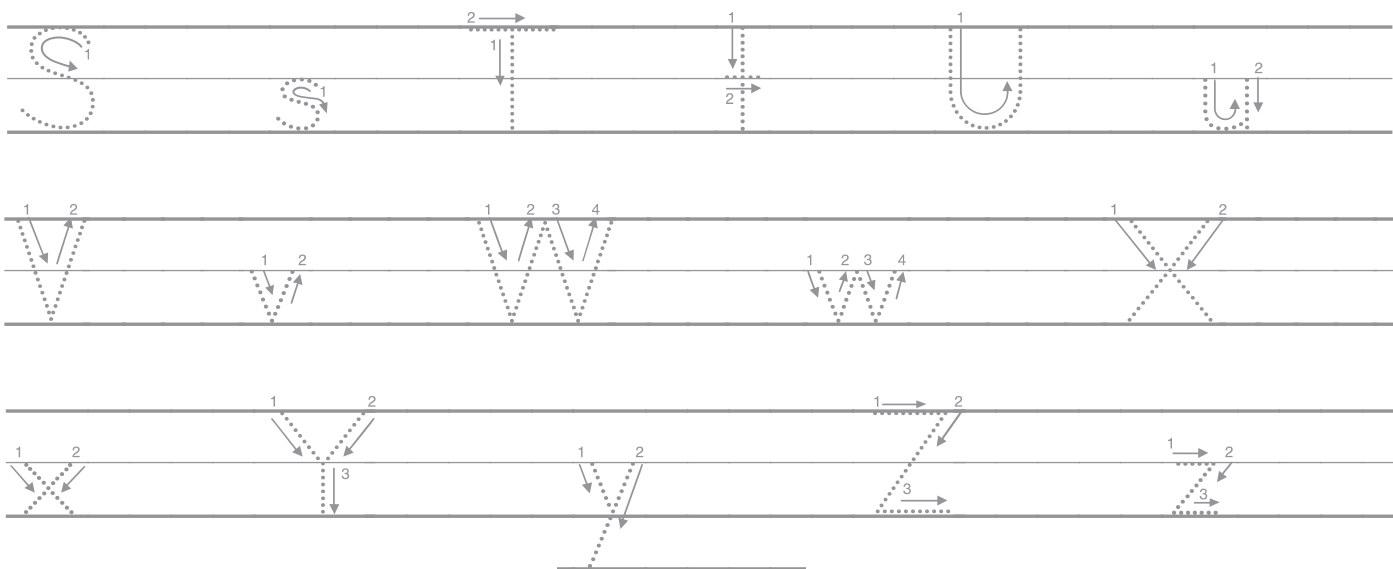
Tracing and Writing Words and Sentences

Drawing

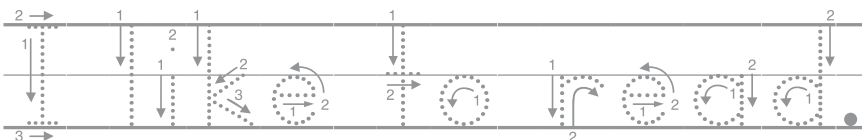
Write your first and last name. Start each one with a capital letter.

Handwriting practice lines for writing a first and last name.

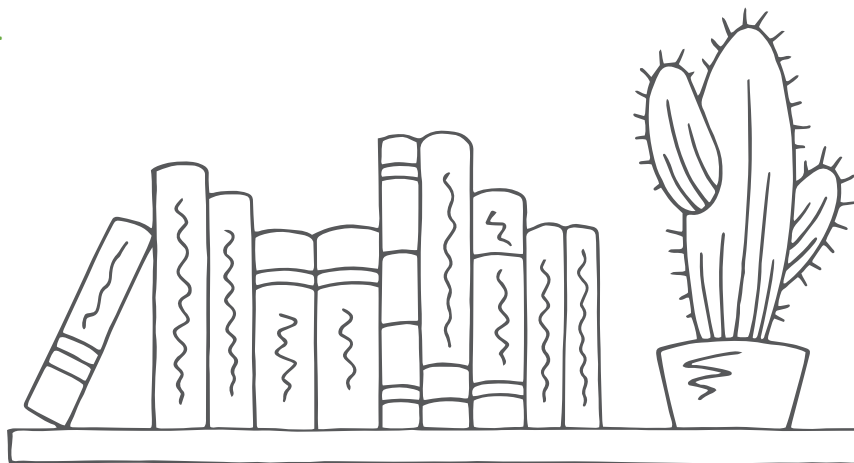
Trace and then write each letter.



Trace the sentence.

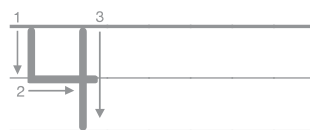
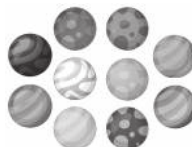
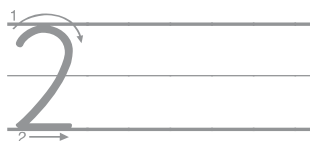


Color the books.

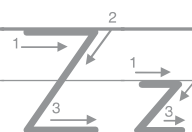
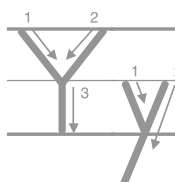
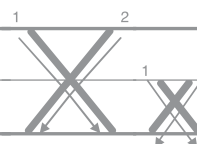
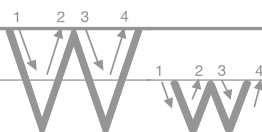
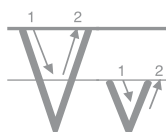
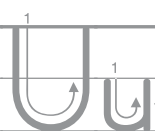
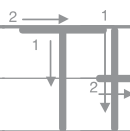


Write your first and last name. Start each one with a capital letter.

Write each number. Then draw a line to the image with the correct number of items.

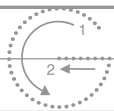


Review letters S–Z. Write each set of letters once.

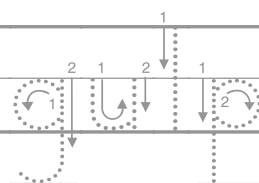
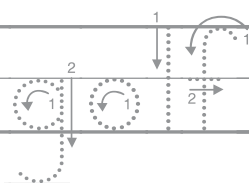
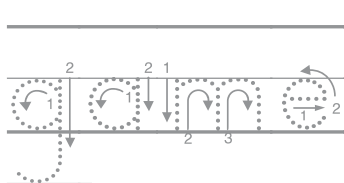
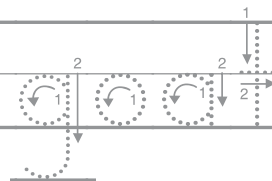
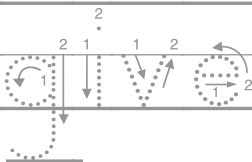
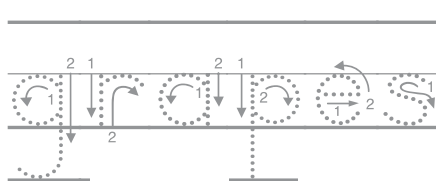


Letter Gg

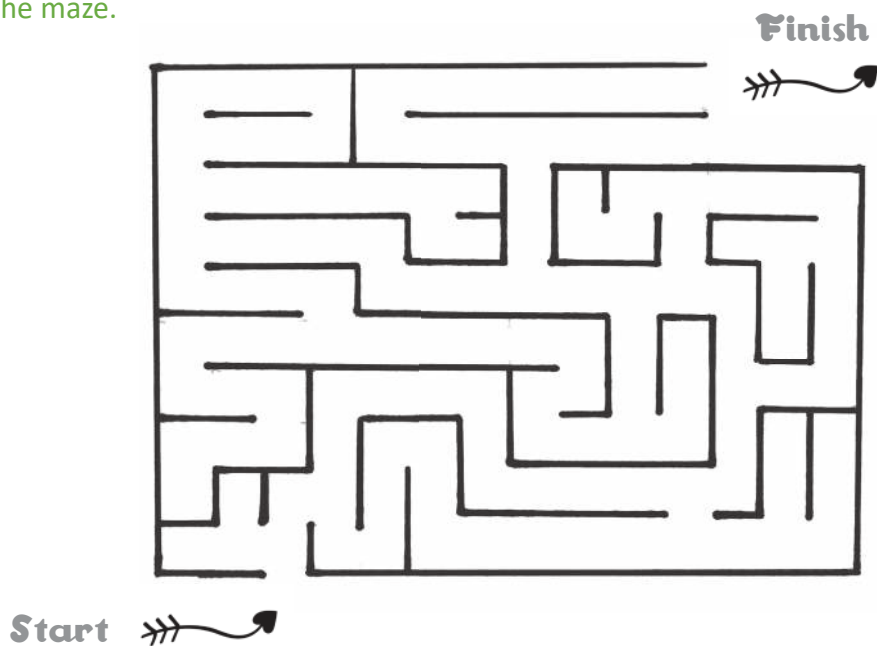
Trace each letter and then write it four times.



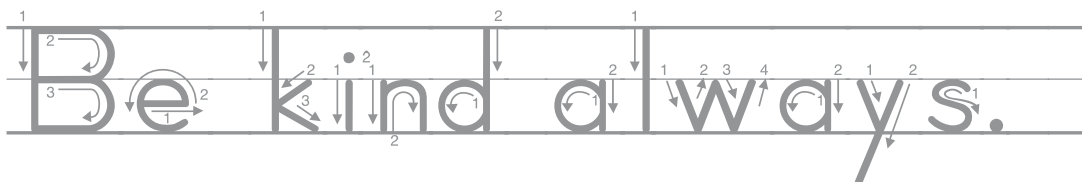
Trace each word.



Complete the maze.



Copy the sentence on the line below.

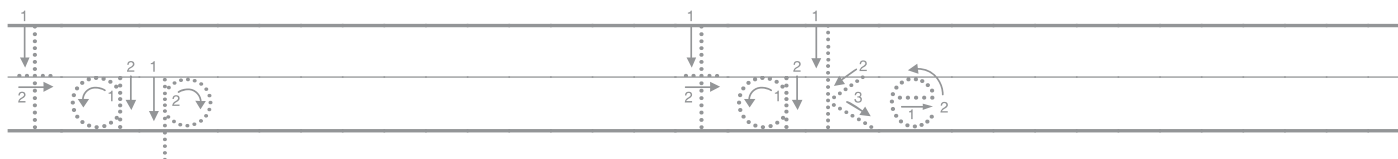
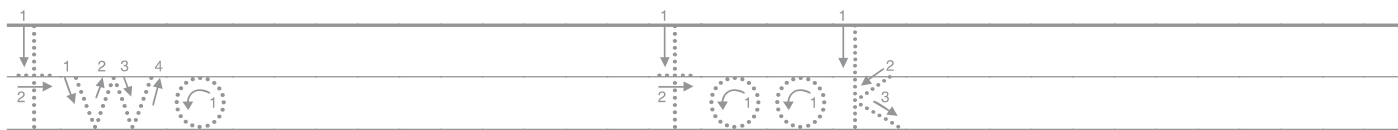


Letter Tt

Trace each letter and then write it four times.



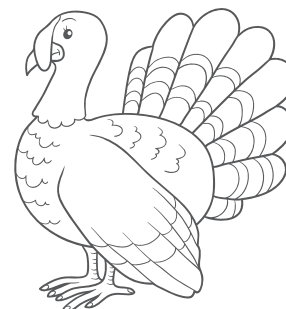
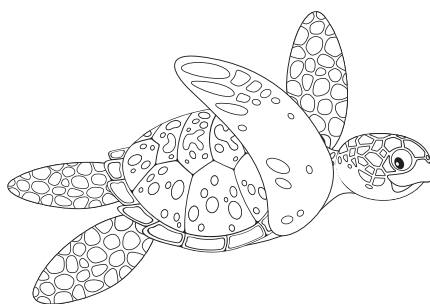
Trace each word and then write it.



Copy the sentence on the line below.

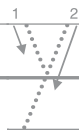
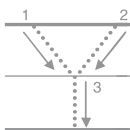


Circle the pictures that begin with the letter T. Color the pictures.

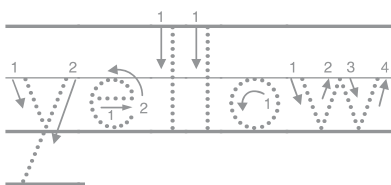
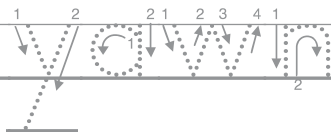
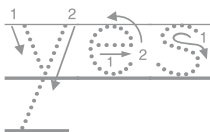


Letter Yy

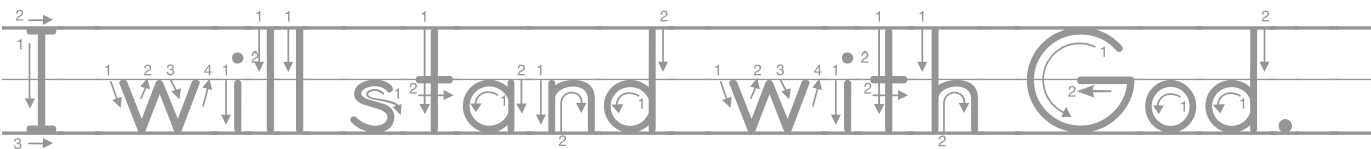
Trace each letter and then write it four times.



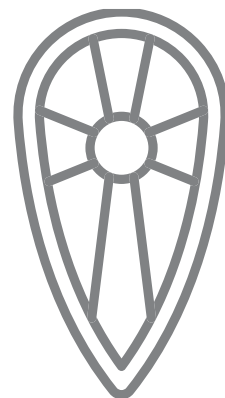
Trace each word and then write it.



Copy the sentence on the line below.

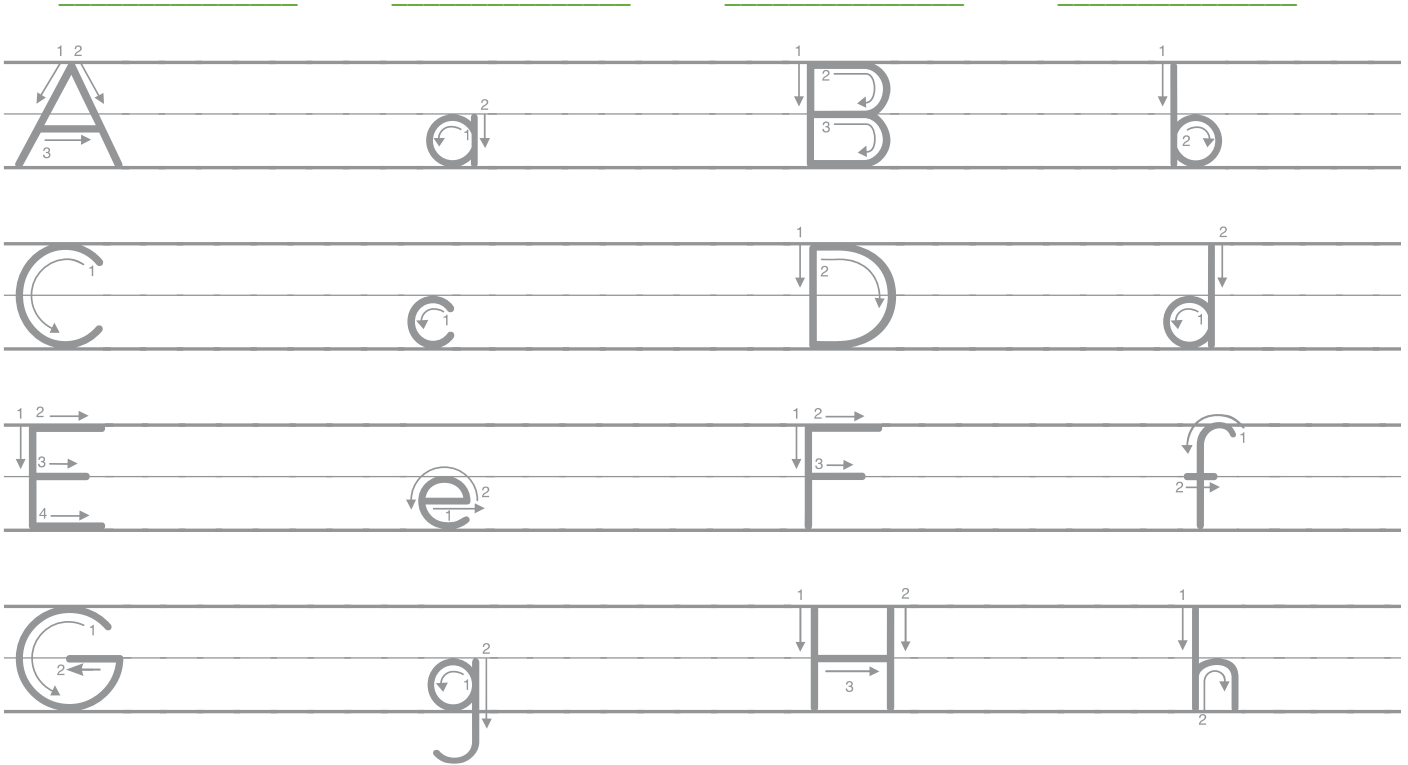


Color the shields.

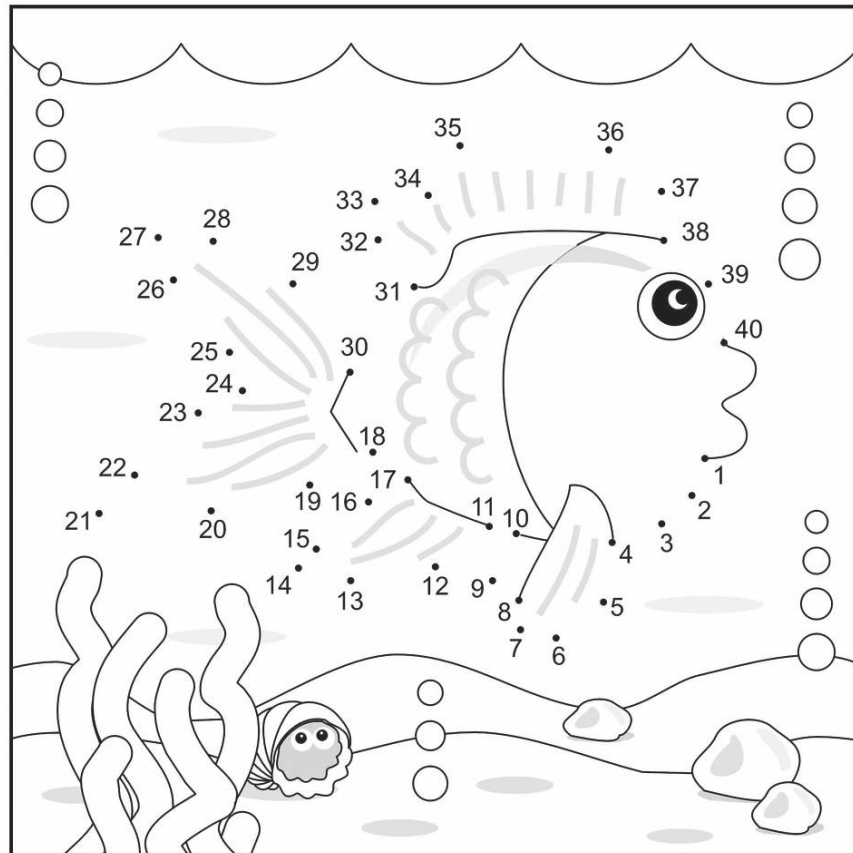


End of Section Evaluation #1

Parent or Teacher: Have the child write each letter while you watch. Choose and write four letters on the blank lines that the child does not form correctly or that need the most work. Then use the following page to have the child practice those letters.



Connect the dots and color the picture.



Evaluation #1 Results Practice

Parent or Teacher: Have the child practice writing the letters that you wrote on the blank lines on the previous page. First, write the letter in the box, showing the child how to form it. Then watch the child as he or she writes, immediately correcting any mistakes.



Three horizontal lines for handwriting practice.



Three horizontal lines for handwriting practice.

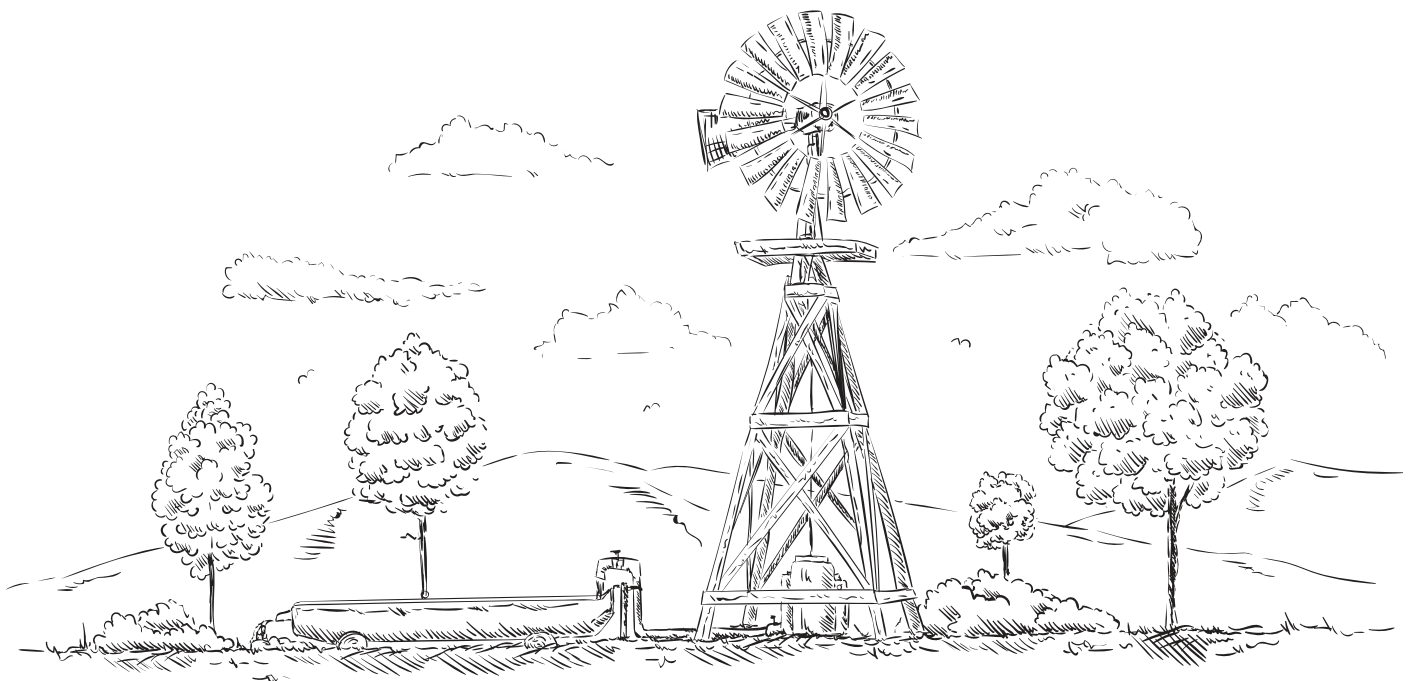


Three horizontal lines for handwriting practice.



Three horizontal lines for handwriting practice.

Color the picture.







ABOUT THIS COURSE

The images, artwork, and words used in this handwriting course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Handwriting Level 2 is designed for children ages 6–8 who are in Level 1 or Level 2 language arts. The course is for children with some handwriting experience who are still working on the correct print formation of letters and numbers. The text size is reduced, and words, sentences, scriptures (from the Bible), and poems are introduced partway through the course. This course also helps children learn to spell colors and reviews the spelling of numbers.

It is critical that children gain a strong foundation in correct letter formation. Do not move too fast through these foundational skills. Many new writers attempt to begin letters at the bottom rather than at the top. It is important to follow the arrows shown and begin at the top, as this will benefit the child when he or she is learning cursive, and it will help the child develop nice penmanship without straining the hand or wrist.

COURSE ORGANIZATION

At the beginning of the course, and at different times throughout the course, the child will complete “overview” sheets. These sheets give the child general exposure to all letters and numbers. This workbook includes 100 sheets, or about 3–4 sheets per week for a normal school year. Emphasis is placed on proper spacing and height of letters.

COLORING AND DRAWING

Each sheet in this course provides an opportunity for the child to draw, color, or complete an activity such as a maze or dot-to-dot. These are not merely for fun; they also improve both drawing and fine motor skills. Many children also enjoy handwriting sheets much more with the opportunity to do a little art or other activity after the handwriting portion of the sheet is completed.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As some children will not finish one page in the same amount of time as others, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are on the page, have them stop at the end of the specified time. At the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

TIPS FOR LEFT-HANDED WRITERS

Left-handed writers often find it more comfortable to tilt the book slightly to the right and position it closer to the left side. If the child tends to write from right to left, placing a dot at the left side to remind him or her where to start may be helpful. Left-handed writers often tend to “hook” their wrists above what they are writing in order to see what they have already written. This can cause strain on the wrist and make writing difficult. Remind the child to keep his or her wrist straight.

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Handwriting



40-POINT FONT

Writing Letters and Numbers

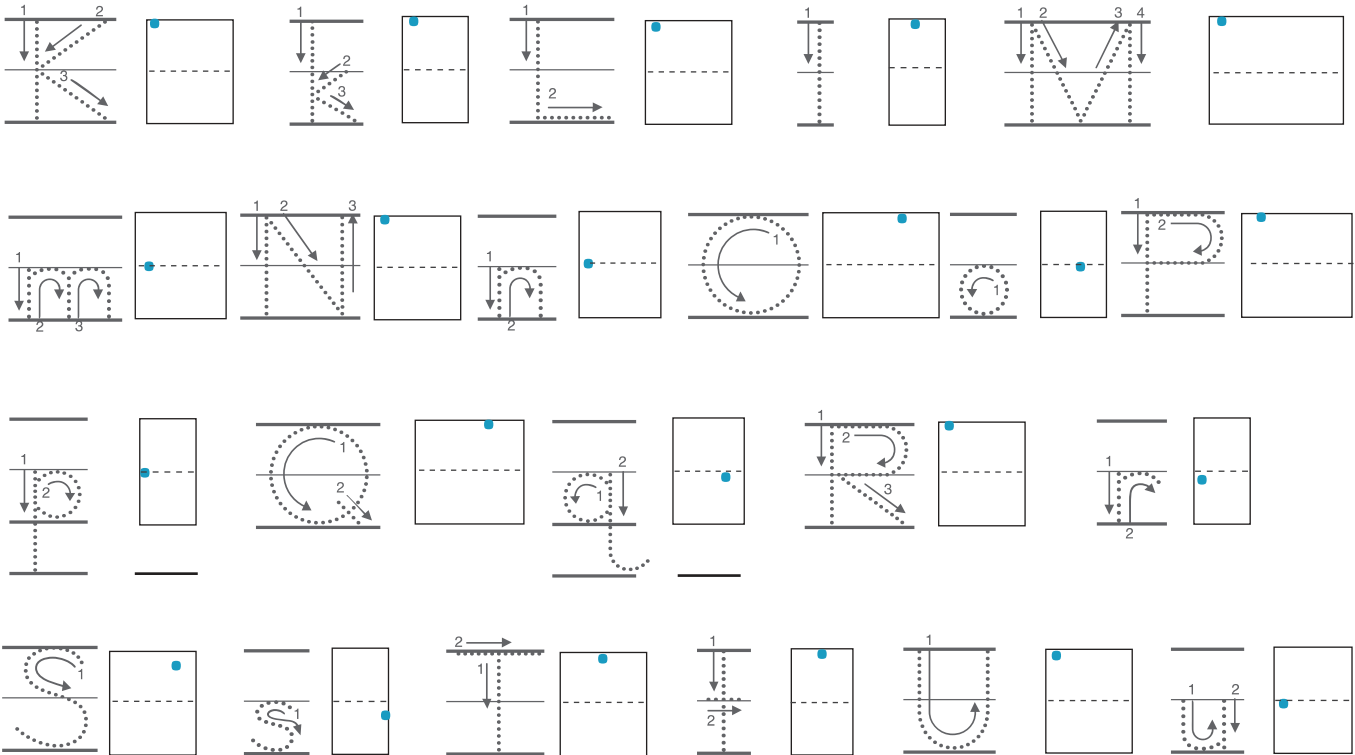
Writing Short Words

Tracing Words and Sentences

Spelling Numbers

Overview of Letters K-U

Trace each letter, and then write the letter in the box, starting on the dot.



Copy the sentences.

☐ Every letter rests on the baseline.

Incorrect



Be nice.

Correct



Be nice.

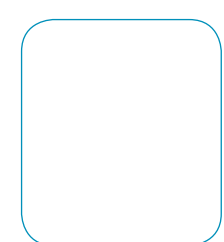
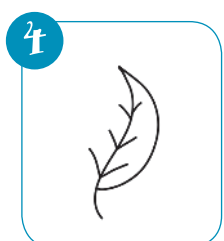
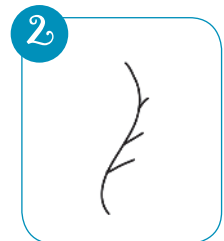
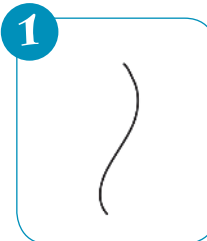
Be nice.

Be nice.

Be kind.

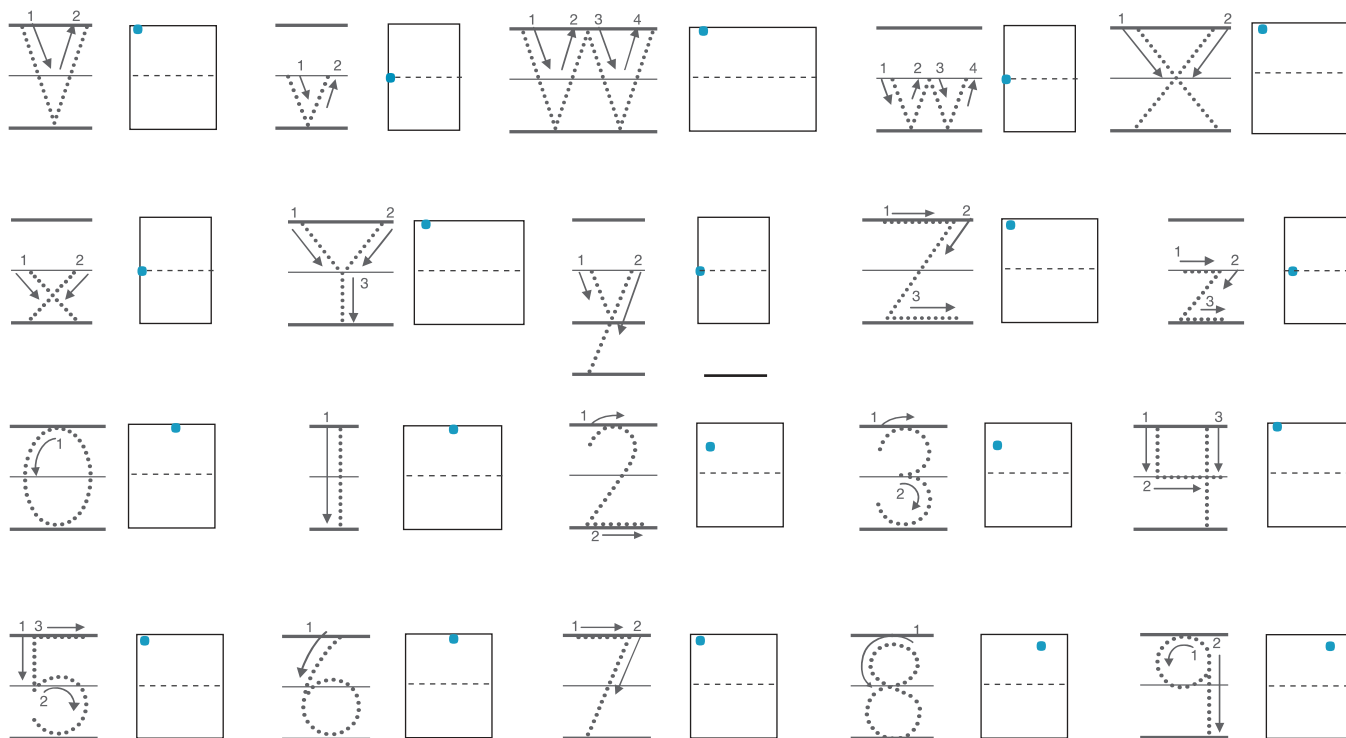
Be kind.

Following the steps, draw the leaf in the blank box.

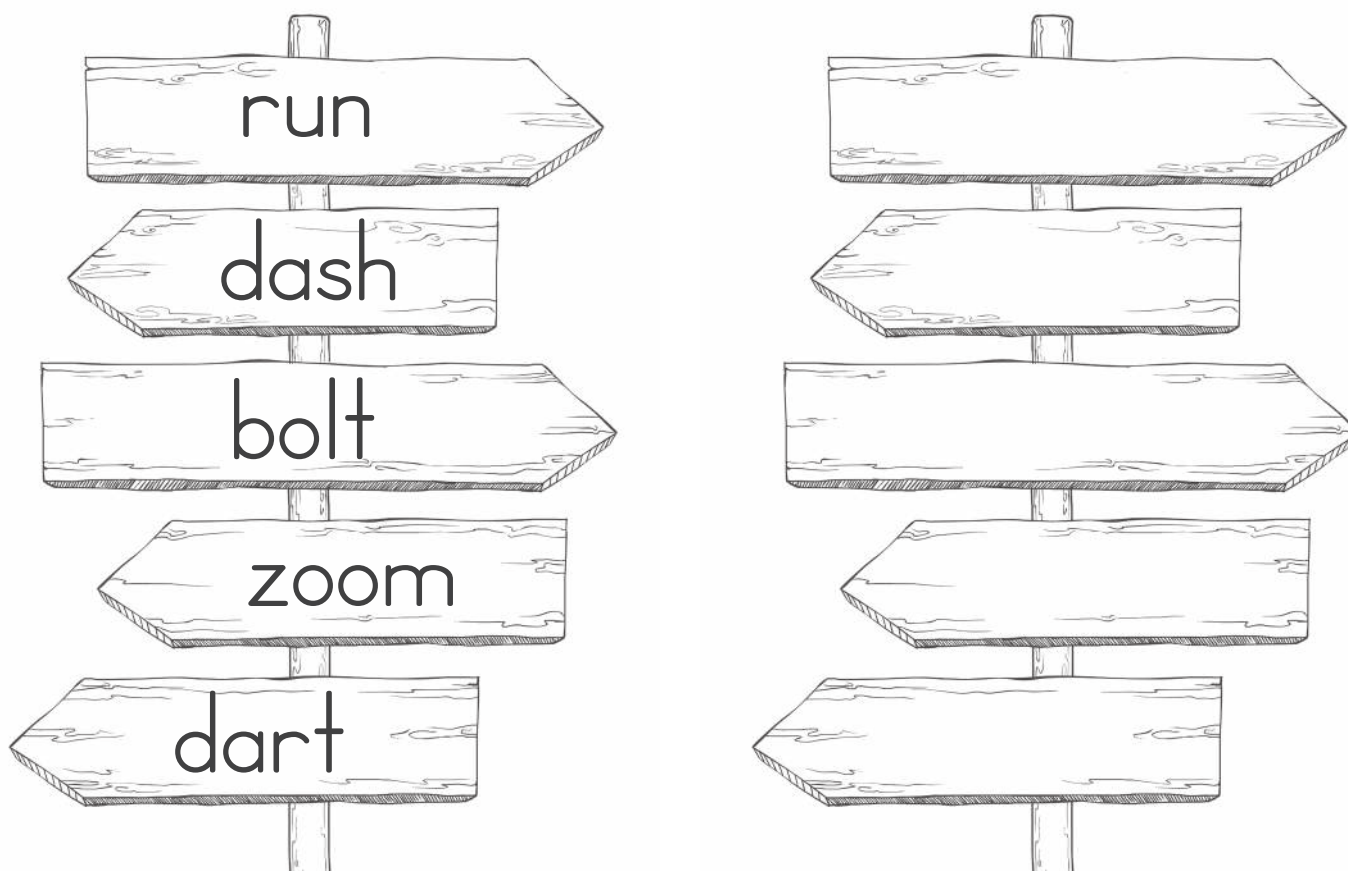


Overview of Letters V-Z and Numbers

Trace each letter or number, and then write the letter or number in the box, starting on the dot.

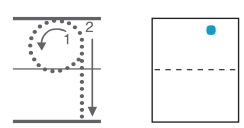
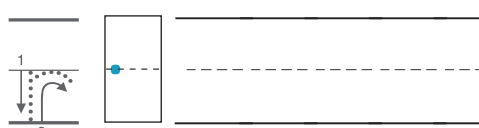
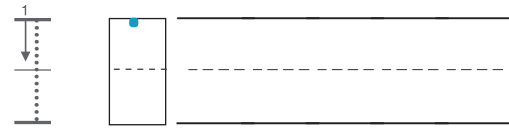
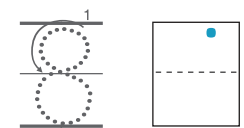
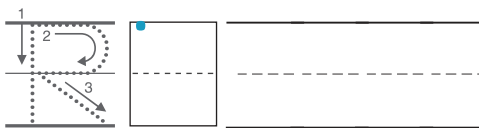
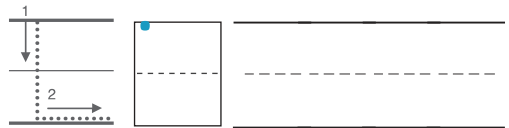
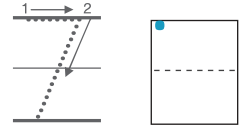
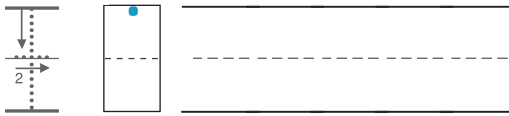
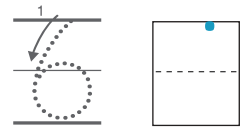
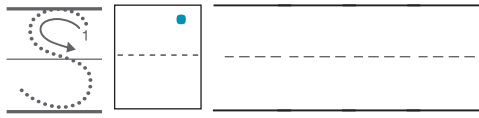
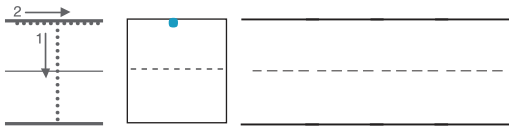


Copy the words. Try to write the words straight and in the middle of the signs.



Handwriting Practice

Trace each letter, write it in the box, and then write it twice. Trace and write each number.



Copy the sentences.

☐ Every letter rests on the baseline.

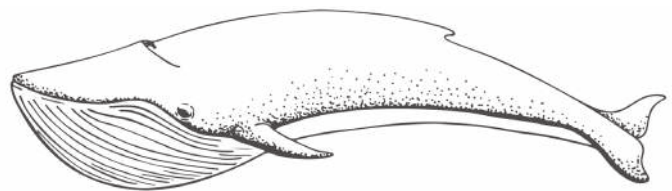
Incorrect Correct

Be nice. Be nice.

Try hard.

Pray often.

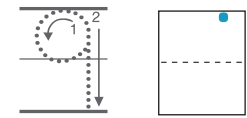
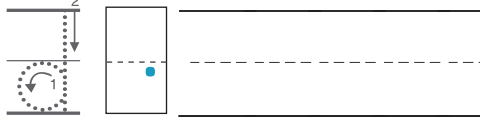
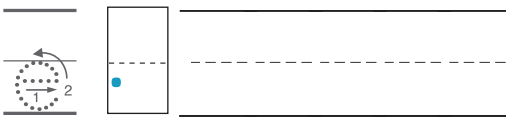
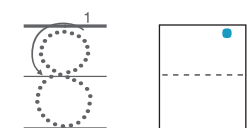
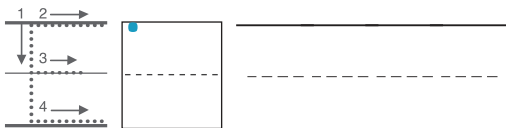
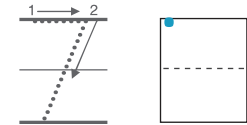
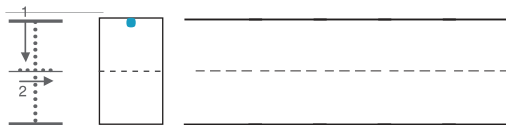
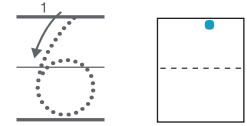
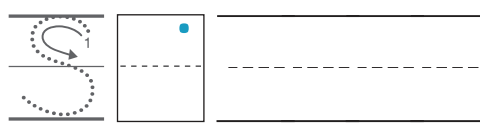
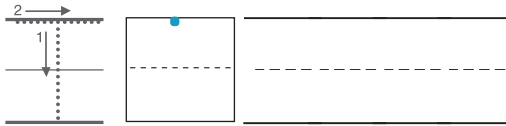
Color the whale, and then draw water and any other items you can imagine in the ocean.



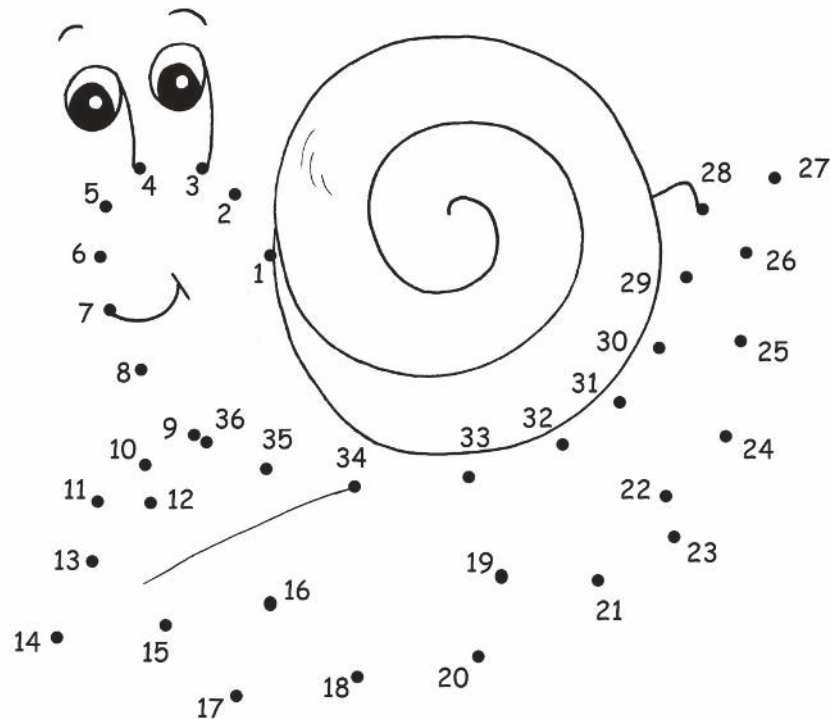
Handwriting Practice

Print your first and
middle name:

Trace each letter, write it in the box, and then write it twice. Trace and write each number.



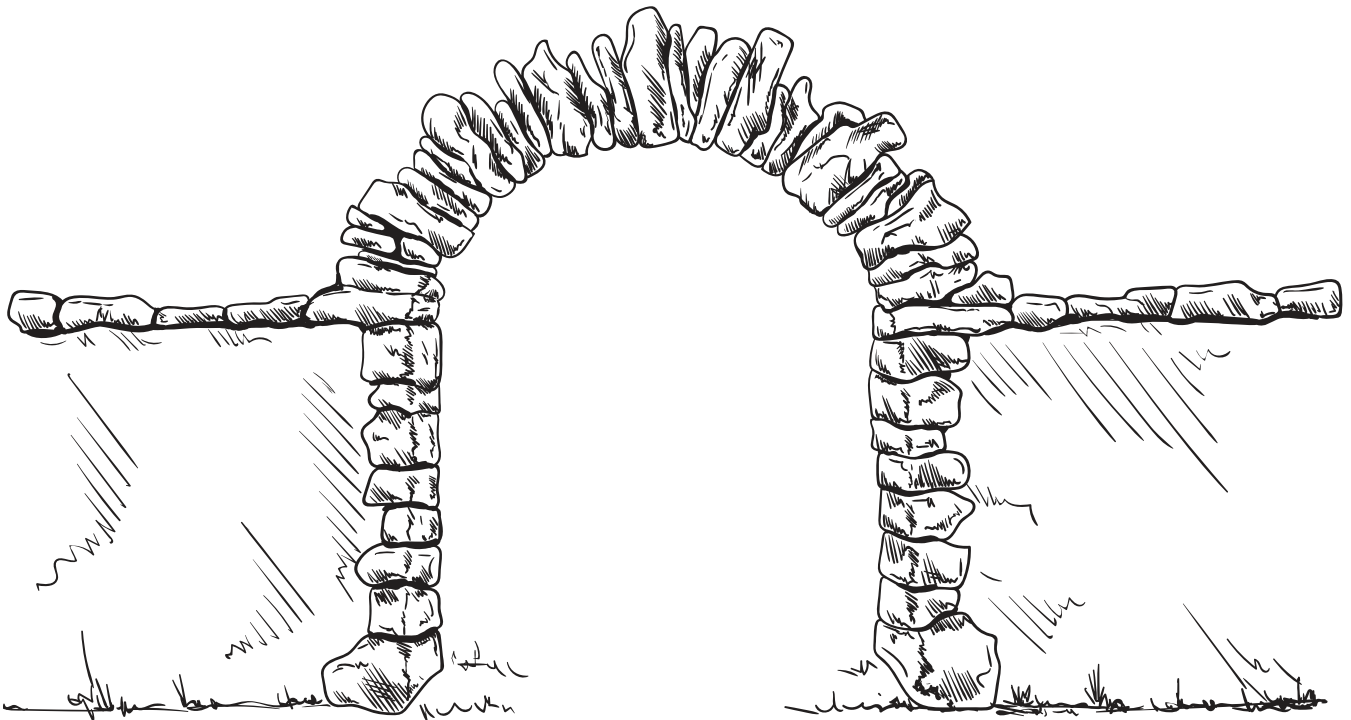
Connect the
dots and color
the picture.



Evaluation #1—Results Practice

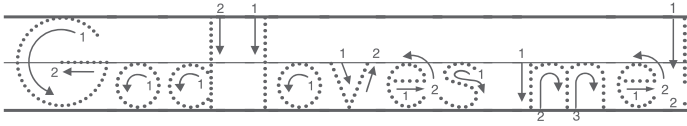
Parent or Teacher: Have the child practice the letters or numbers you wrote on the blank lines on the previous page. First, write the letter in the box, showing the child how to form it. Then watch the child as he or she writes, immediately correcting any mistakes.

Imagine what you can see through the arch and draw it.

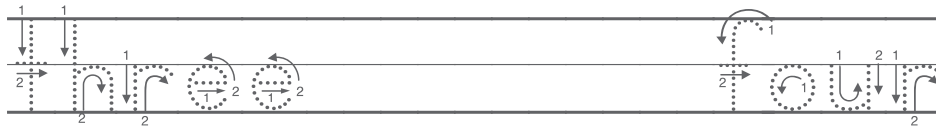
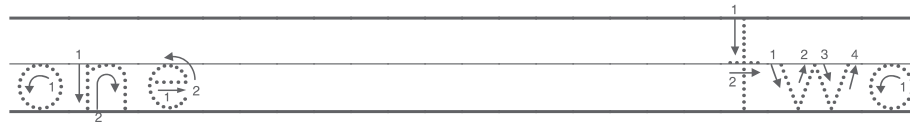


Handwriting Practice

Trace the sentence, and then write it on the line.



Trace each word, and then write it once. Try to have even spacing between the letters.



Find an object, put it on your desk, and draw it.

Handwriting



33-POINT FONT

Tracing Words and Sentences
Writing Letters, Numbers, and Punctuation
Writing Short Sentences and Poems
Spelling Colors and Numbers

Trace the poem by Jenny Phillips.

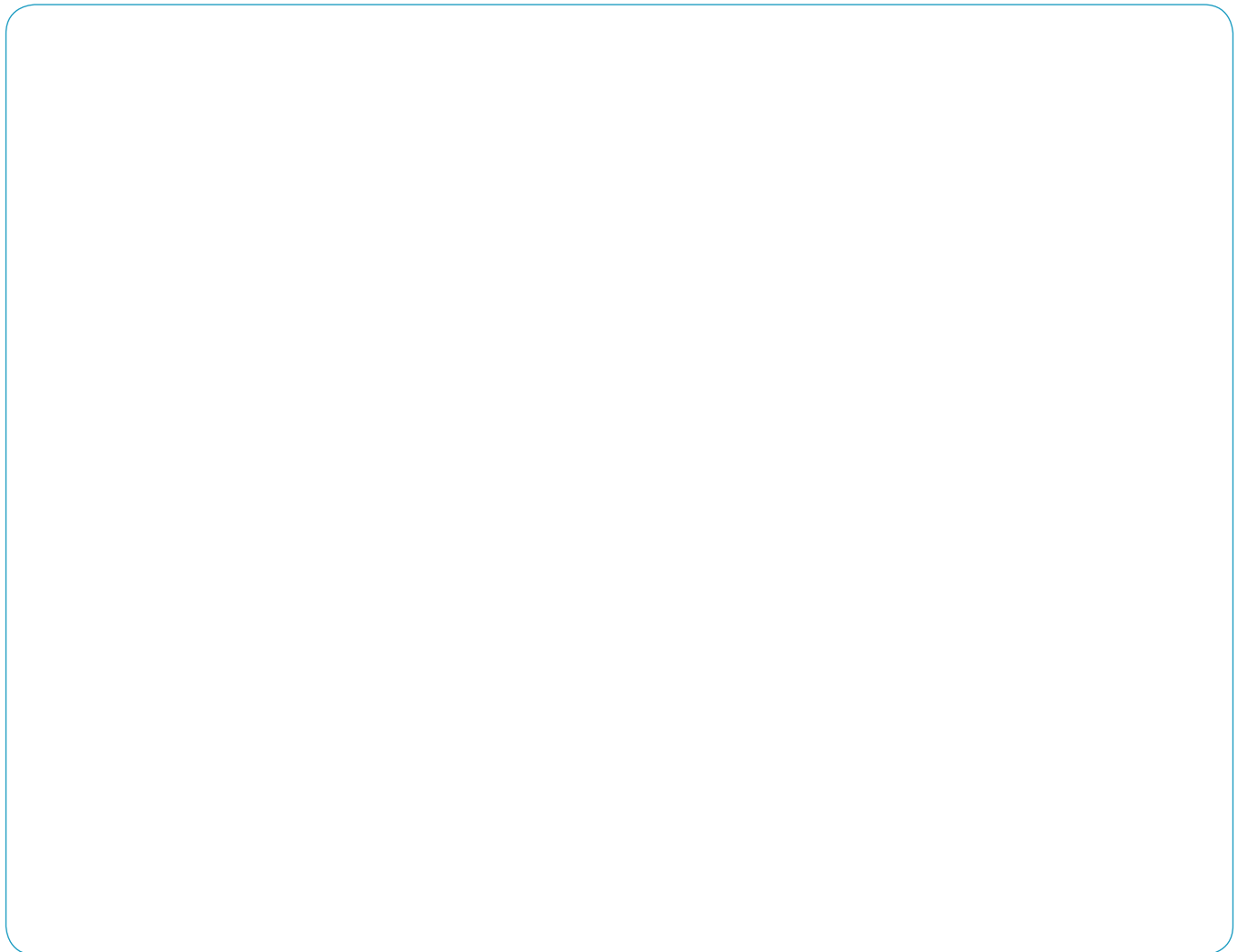
Flowers on the hillside

Oh, how sweet to see.

I pick a flower for my mom,

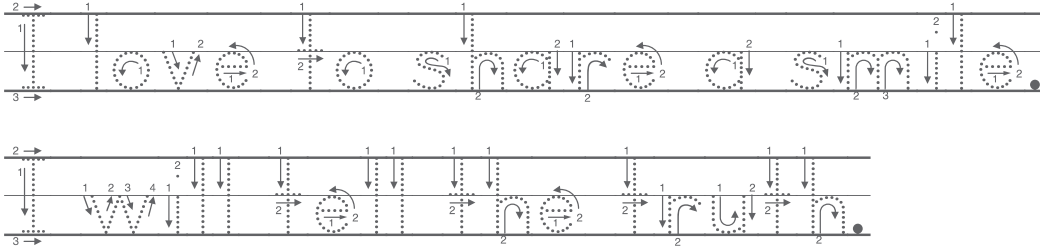
And I pick one just for me.

Draw a hillside with flowers.

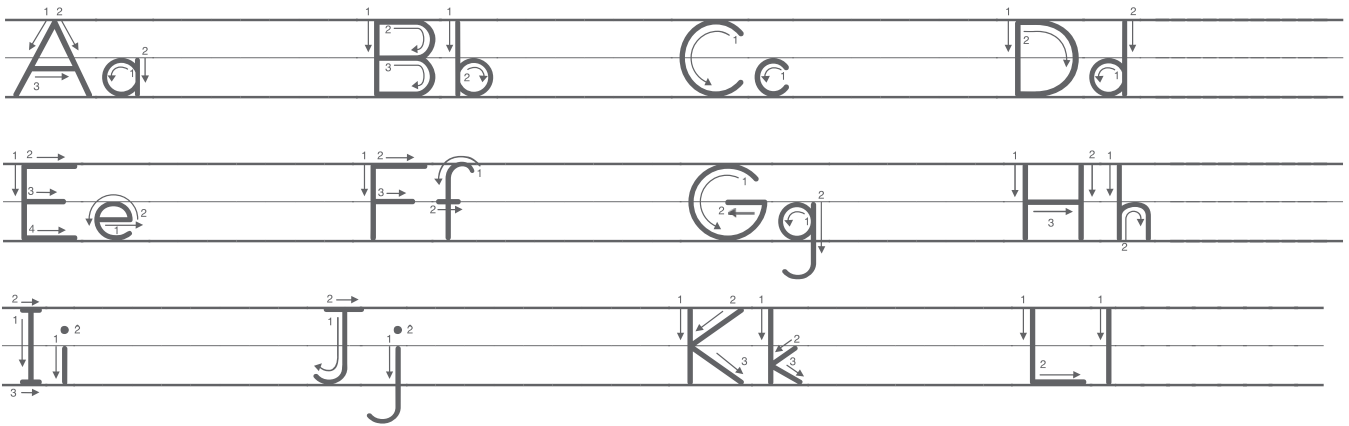


Handwriting Practice

Trace the sentences.

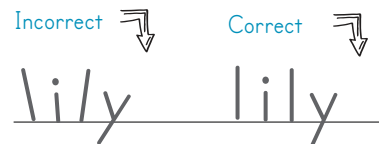


Write each letter set once.



Copy the words. Make sure letters have a similar slant.

☐ Letters have a similar slant.



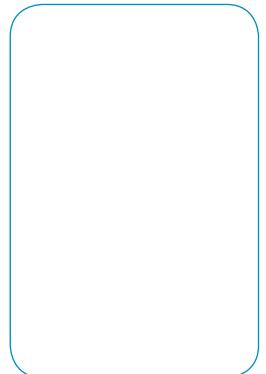
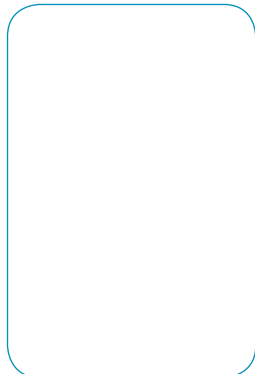
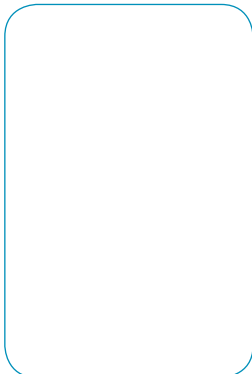
lily

rose

daisy

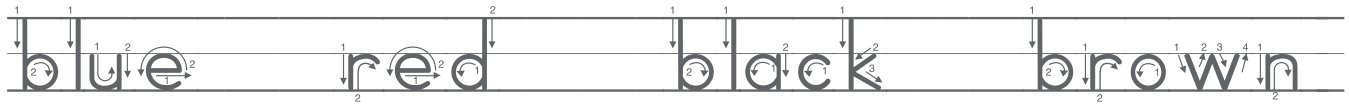
violet

Copy the pictures.



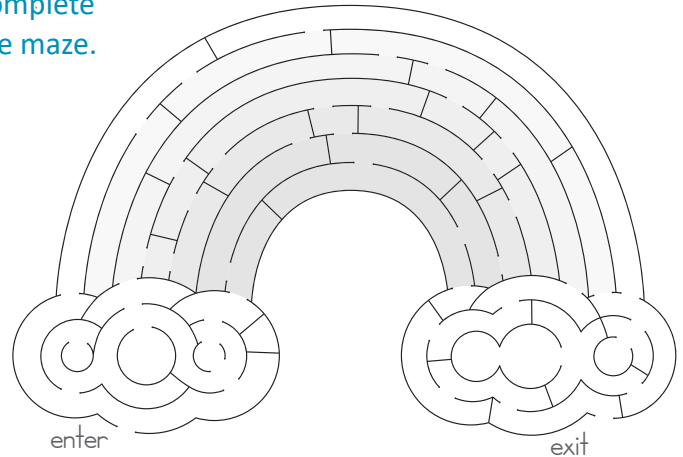
Handwriting Practice

Write the colors in **alphabetical order**. Make sure all the letters rest on the baseline.

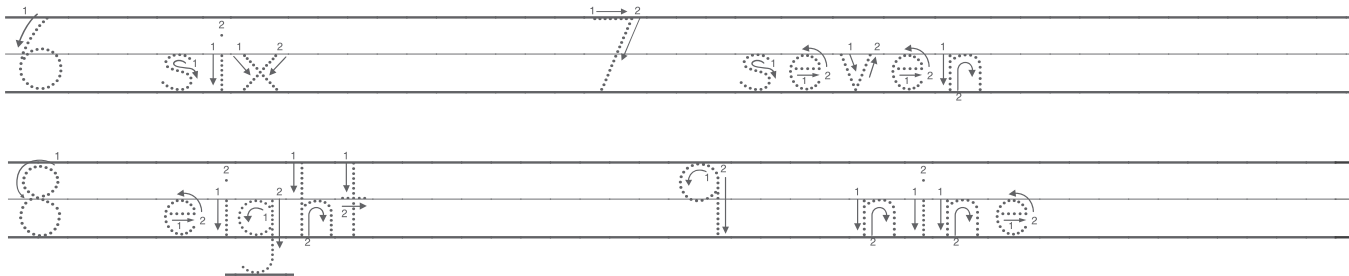


Handwriting practice lines for writing the colors in alphabetical order.

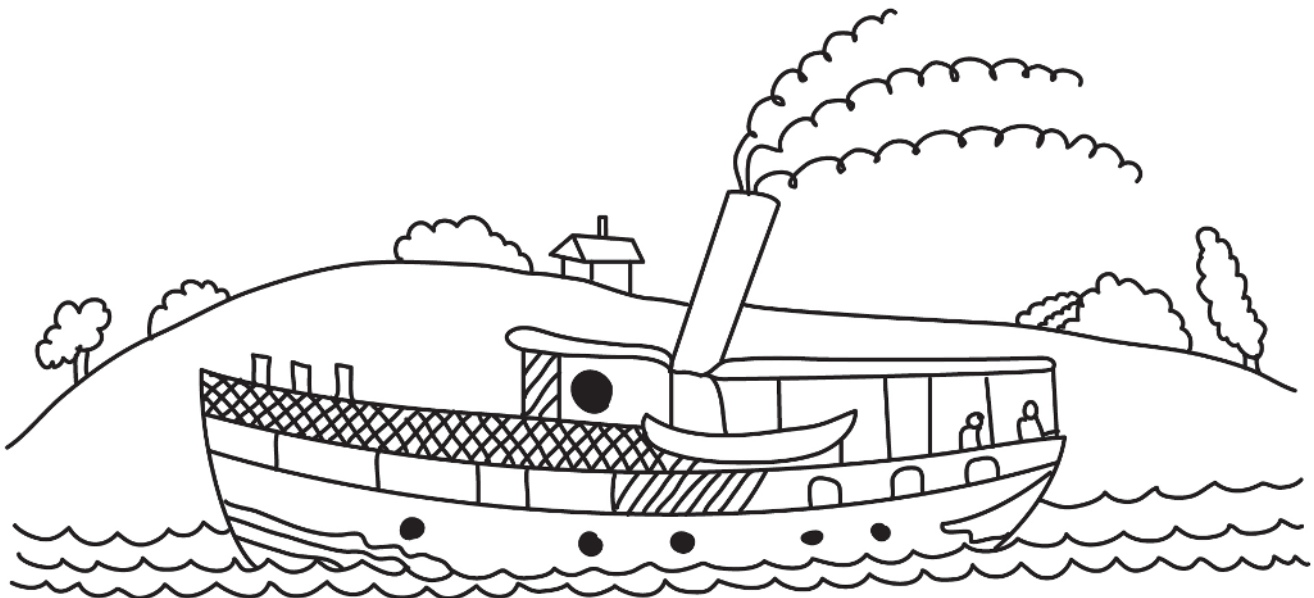
Complete the maze.



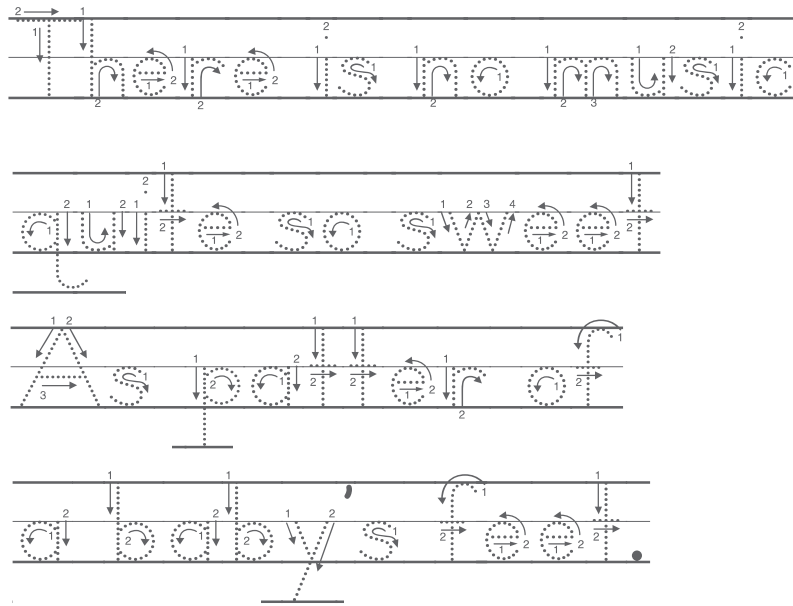
Trace and then write each number and word once. Try to have even spacing between letters.



Color the picture.

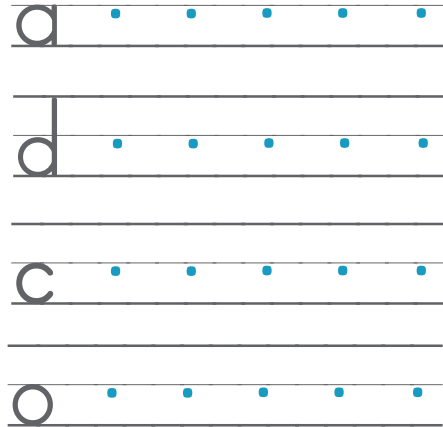


Trace the lines of the poem by Edgar Guest.



Write the letters, starting on the dot.

☐ Letters rest on the baseline without going below it.



In your best handwriting, write the continent, country, state, and city in which you live.

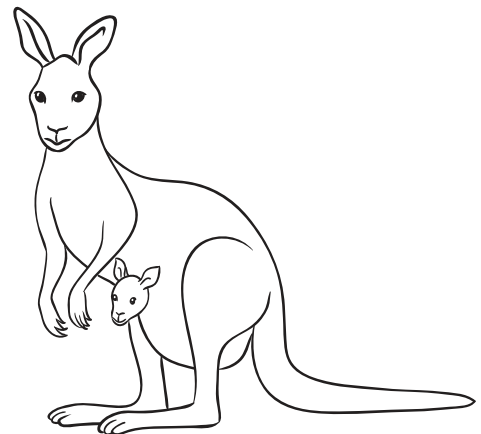
Continent

Country

State

City

Color the picture, and then draw a scene.



Handwriting Practice

Using your best handwriting, copy the scripture and its reference.

Love one another; as I have loved you. John 13:34

Using your best handwriting, copy the scripture and its reference.

A friend loveth at all times. Proverbs 17:17

Copy the sentences.

☐ All letters are evenly spaced.

Incorrect



Be nice.

Correct



Be nice.

Work hard.

Give service.

Color the picture.



Handwriting Practice

Print your first
and last name:

Copy the poem.

I often sit

And wish that I

Could be a kite

Up in the sky,

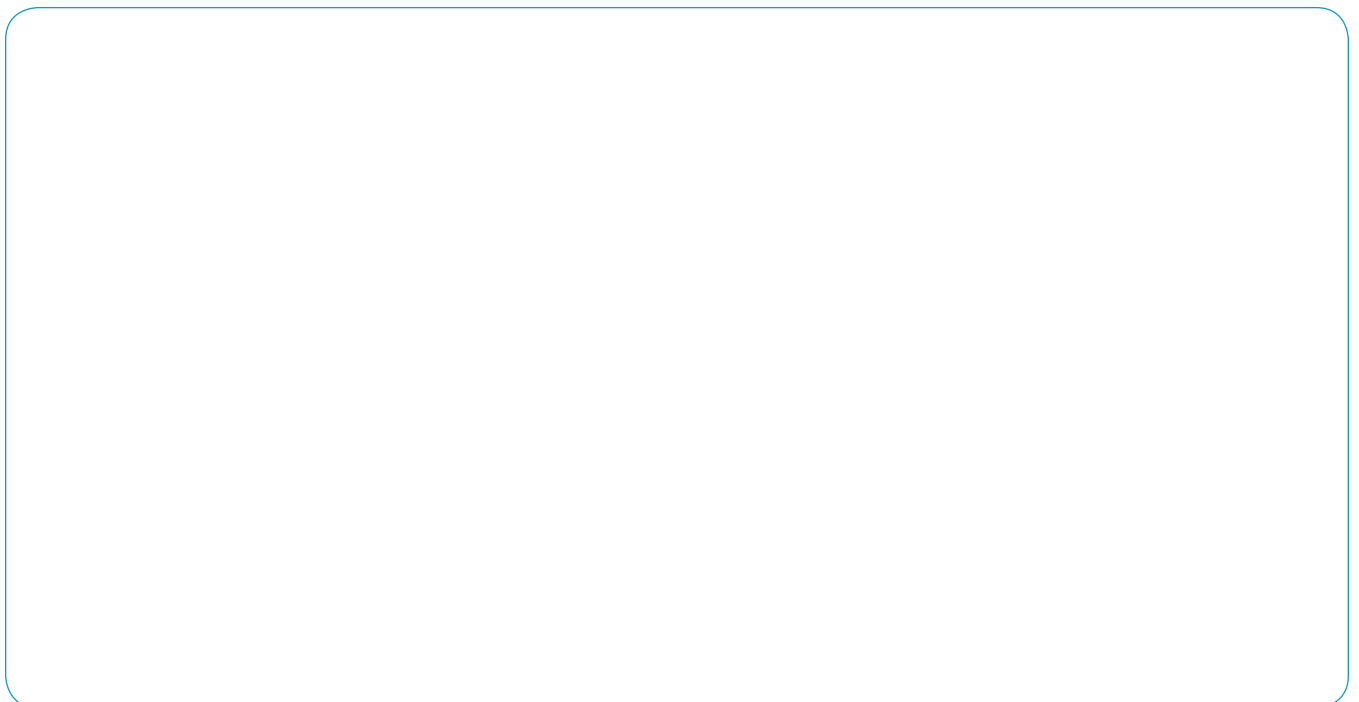
And feel the air

And ride the breeze,

Fly with birds

And skim the trees.

Draw a picture with a kite, birds, and trees.



Handwriting Practice

Using your best handwriting, copy the scripture and its reference.

Love one another; as I have loved you. John 13:34

Just for fun, try copying these fonts.

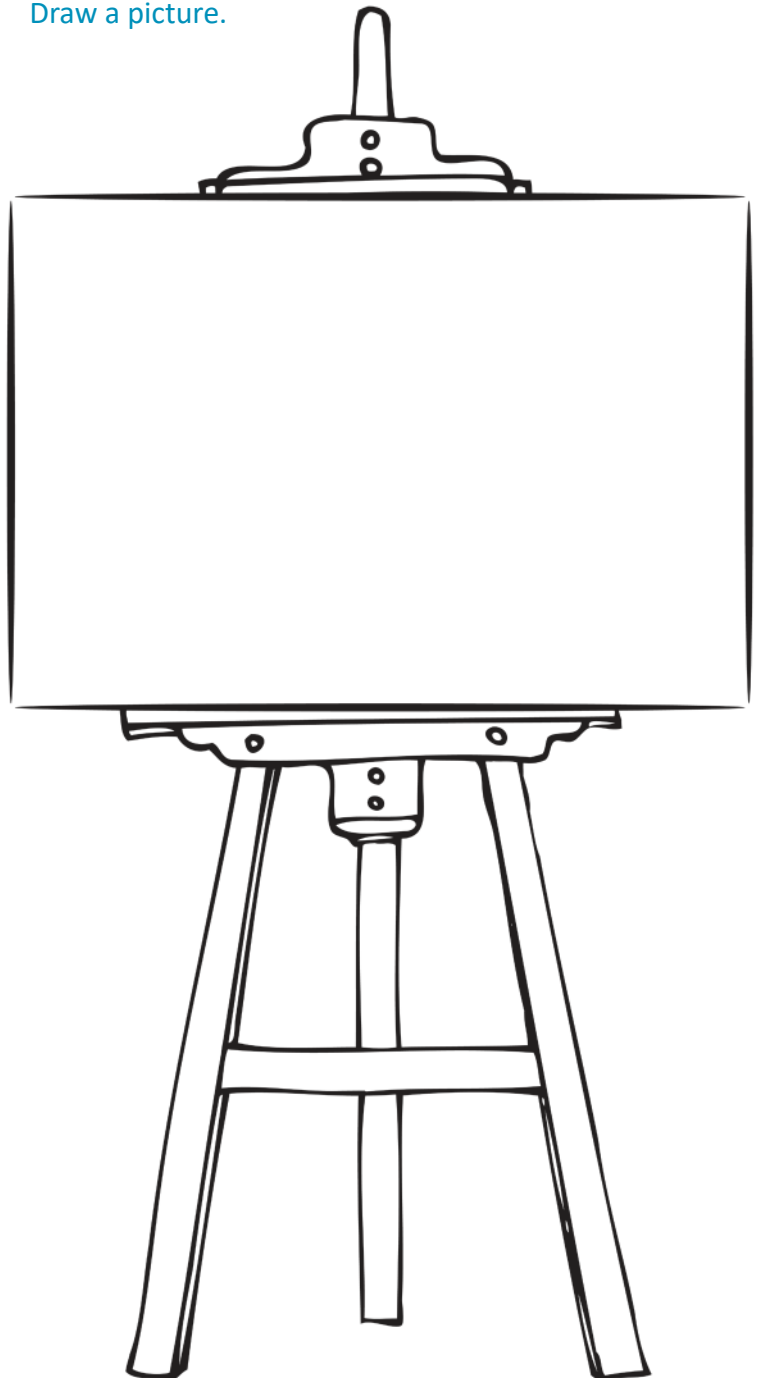
Love

Love

Love

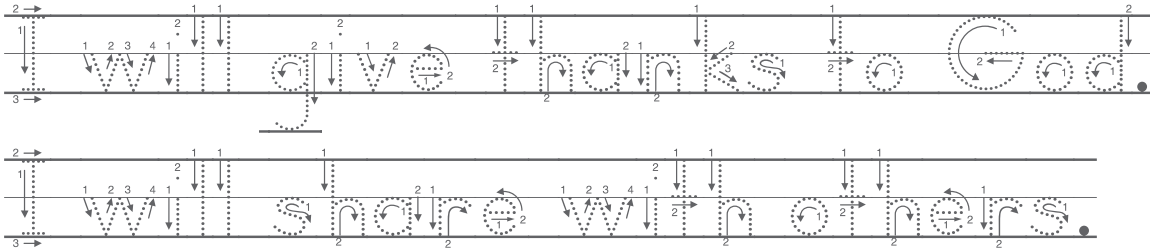
Love

Draw a picture.

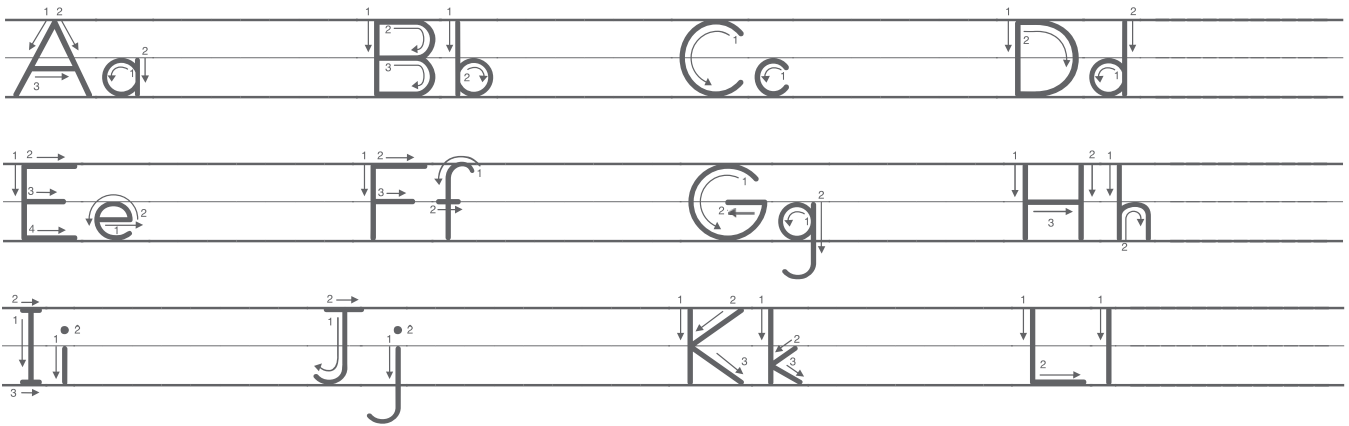


Handwriting Practice

Trace the sentences.



Write each letter set once.



Copy the words. Make sure letters have a similar slant.

☐ Letters have a similar slant.

Incorrect ↴

l i l y

Correct ↴

l i l y

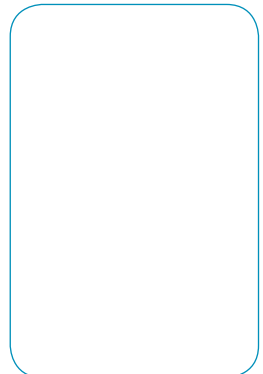
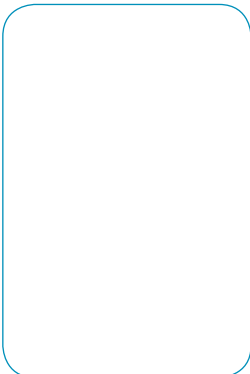
pot

plant

leaf

green

Copy the pictures.



Handwriting Practice

Trace each sentence, and then write each sentence.

Be grateful.

Be honest.

Write each letter set once.

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll

Copy the sentences.

Copy the faces.

☐ Every letter rests on the baseline.

Incorrect



Correct



Be nice.

Be nice.



Read often.

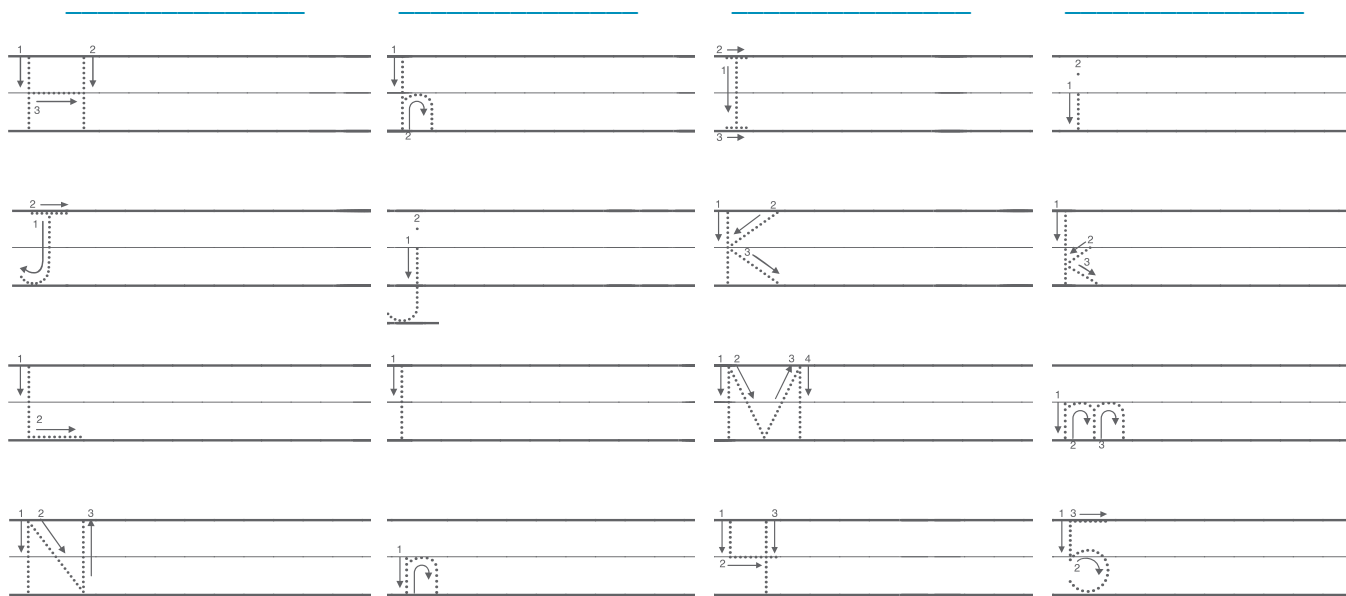


Be kind.

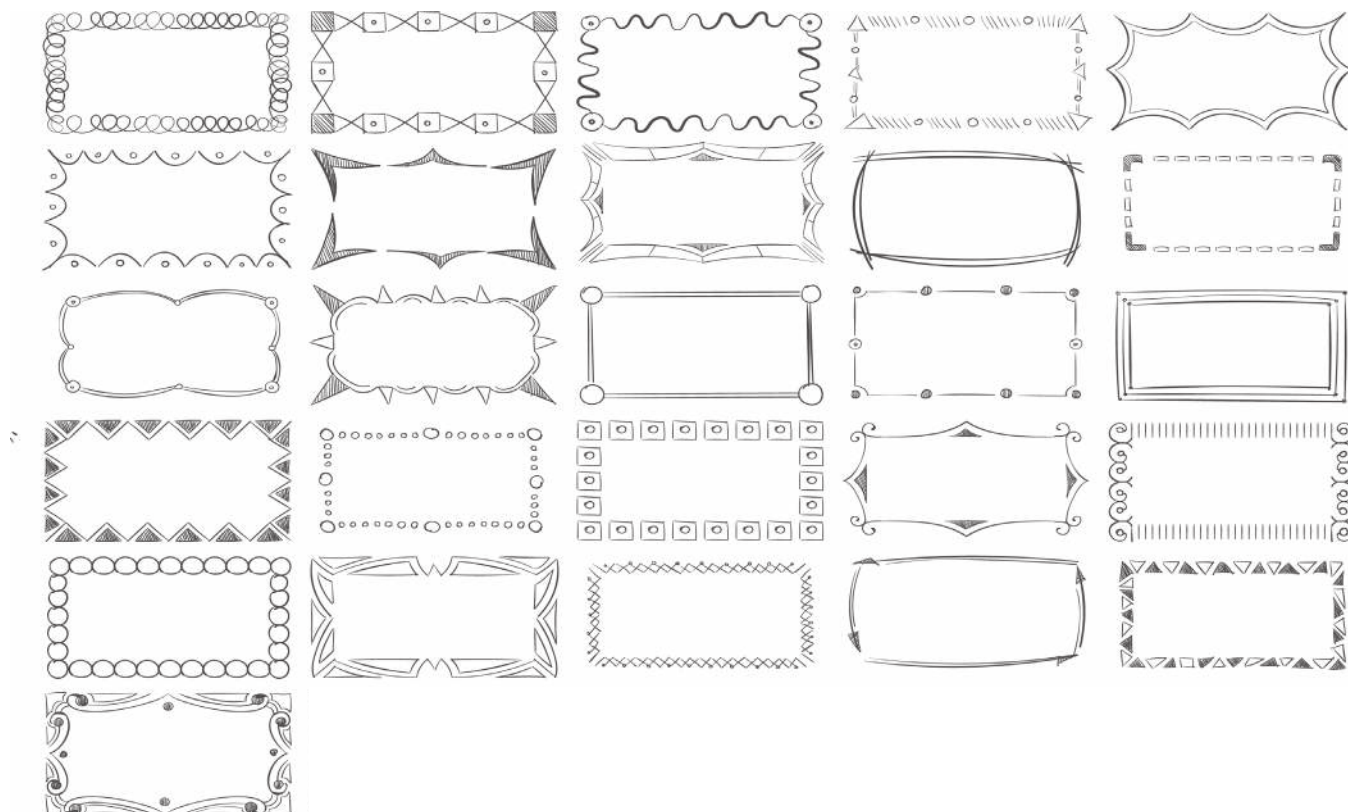


End of Section Evaluation #2

Parent or Teacher: Have the child write each letter or number twice while you watch. Choose and write four letters or numbers that the child does not form correctly or that need the most work on the blank lines; then, use the following page to have the child practice those letters or numbers.



Inside the boxes write the 26 letters of the alphabet in all uppercase letters.







ABOUT THIS COURSE

The images, artwork, and words used in this handwriting course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

About 15% of the course focuses on cementing correct print formation, and about 85% of the course focuses on teaching cursive with a patent-pending colored dot system developed by Jenny Phillips. All the child has to do is follow the colored dots in order of the rainbow. This technique makes it easy for children to correctly learn cursive with little to no help from parents. This program received rave reviews from each of our pilot children and their parents.

This workbook includes 100 lessons, which is 3–4 lessons per week for a normal school year.

A single large index card (or half sheet of cardstock paper) will be needed for some lessons. The same one can be used each time.

PENCIL GRIP

Correct pencil grip is essential. For help with pencil grip, there are several YouTube videos and websites that display correct pencil grip. Be sure to gently and patiently correct the child's incorrect pencil grip when writing or drawing.

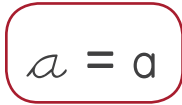
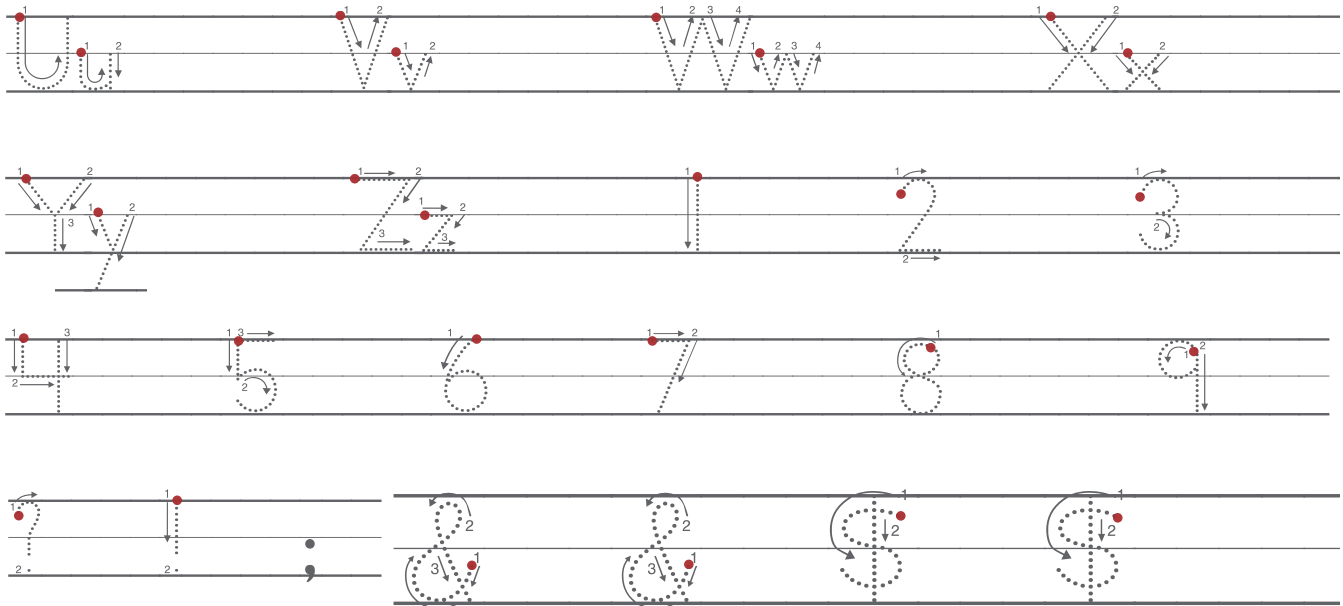
DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As children will not finish a page in the same amount of time as other children, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are on the page, have them stop at the end of the specified time. During the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

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Overview of Letters U-Z + Numbers + Punctuation

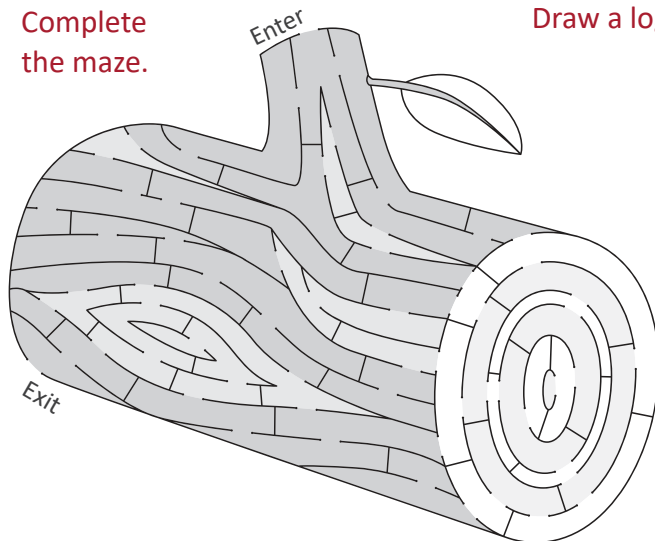
Trace each letter pair, number, and punctuation mark, and then write them each once.



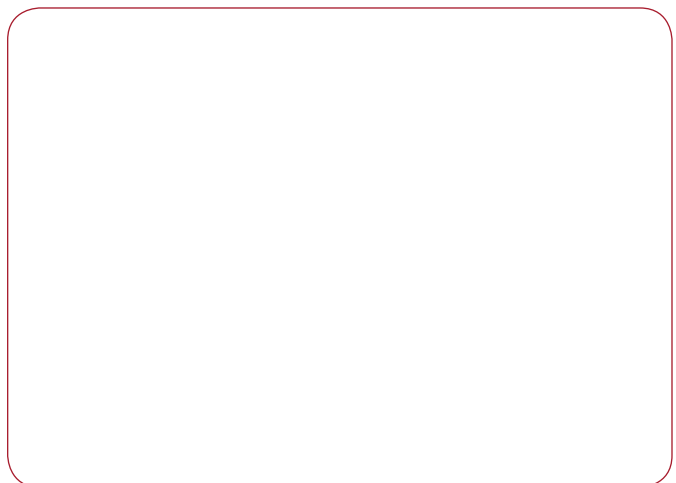
Trace each cursive letter by starting on the red dot and following the dots in this order: ●●●●●●●. In cursive you often write over a line that you have already made.



Complete the maze.



Draw a log in the blank box. Draw mushrooms or flowers by it.



Handwriting Practice

Write each word twice. No part of each letter, except the tail on the "y," goes below the baseline.

Incorrect



Monday

Correct

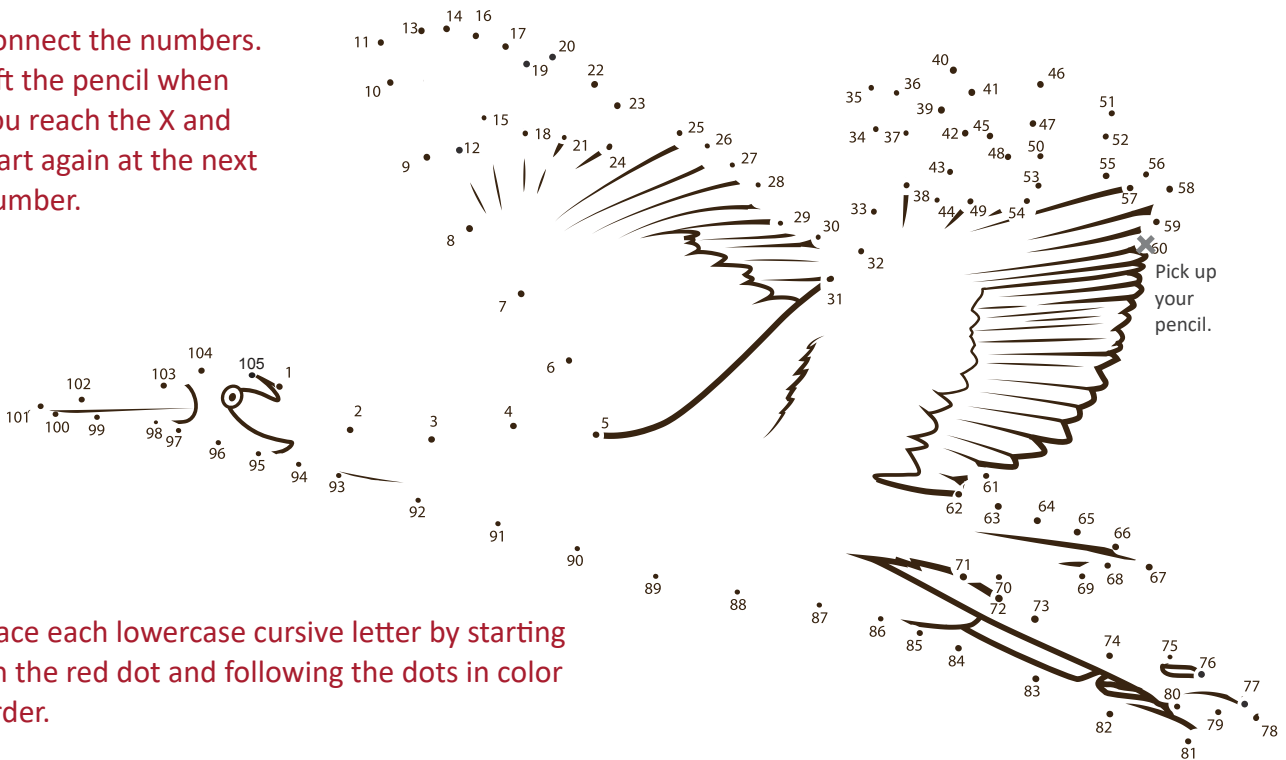


Monday

Monday

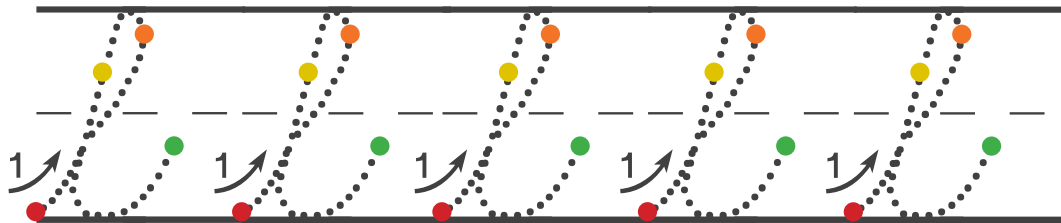
Tuesday

Connect the numbers.
Lift the pencil when
you reach the X and
start again at the next
number.



Trace each lowercase cursive letter by starting
on the red dot and following the dots in color
order.

l = |



m = m



Handwriting Practice

Copy the scripture.

Trust in the Lord with all
thine heart. Proverbs 3:5

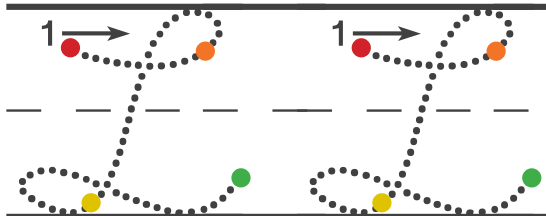
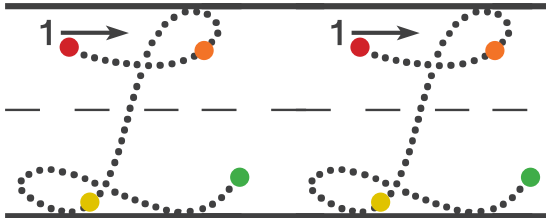
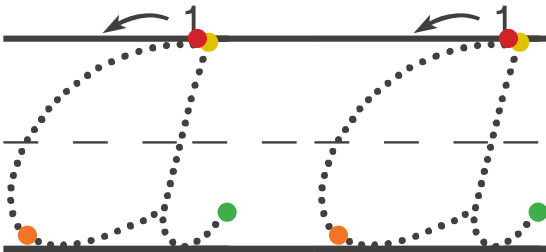
Copy and color the hearts.



Trace the uppercase cursive letters, and then
write them as many times as will fit.

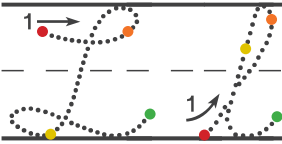
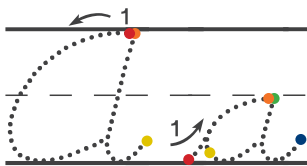
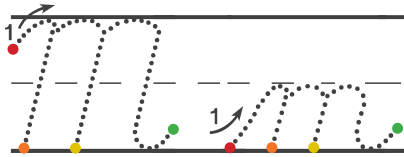
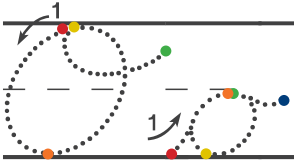
a = A

L = L



Handwriting Practice

Trace each letter pair, and then write it as many times as will fit.

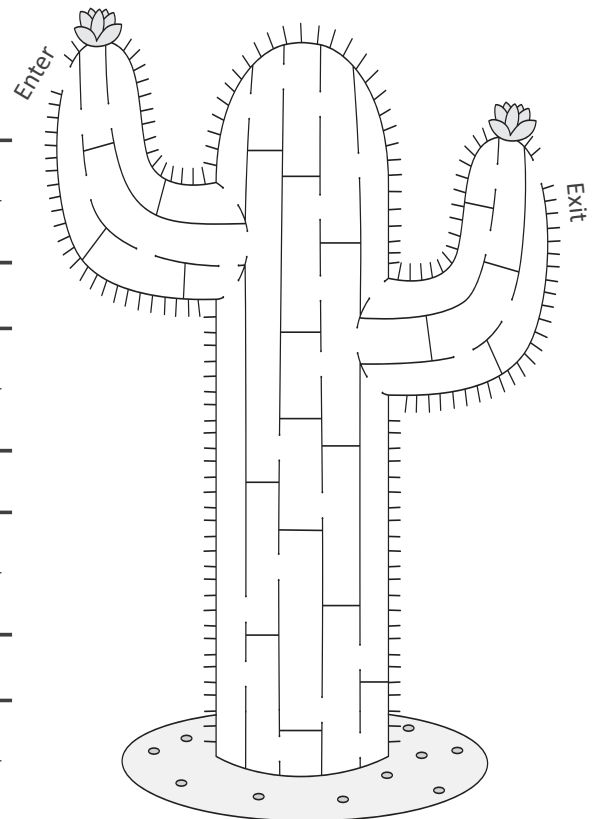


Cover the section above with a large index card.
Write each letter pair. If needed, remove the index
card to view the color guides.



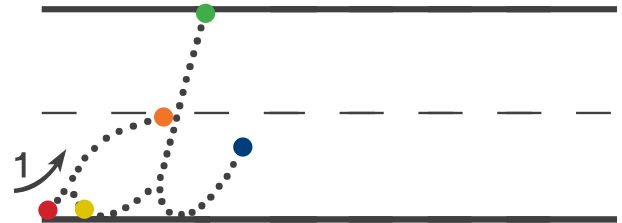
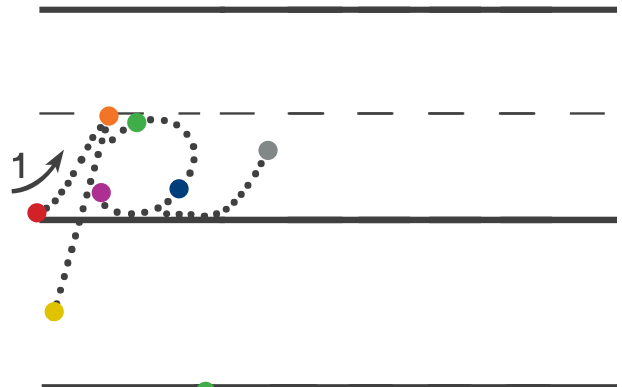
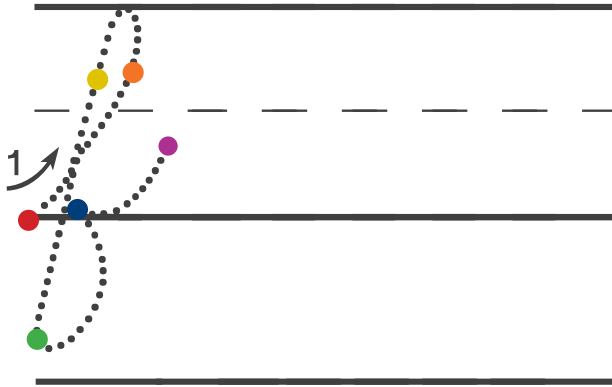
Handwriting practice lines for the letters O, M, A, and L. Each letter pair has four sets of lines (top solid, middle dashed, bottom solid) for independent practice.

Complete the maze.

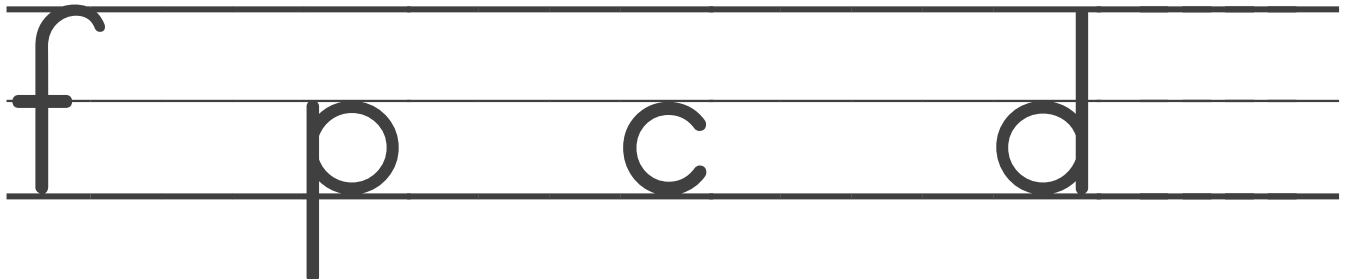


Handwriting Practice

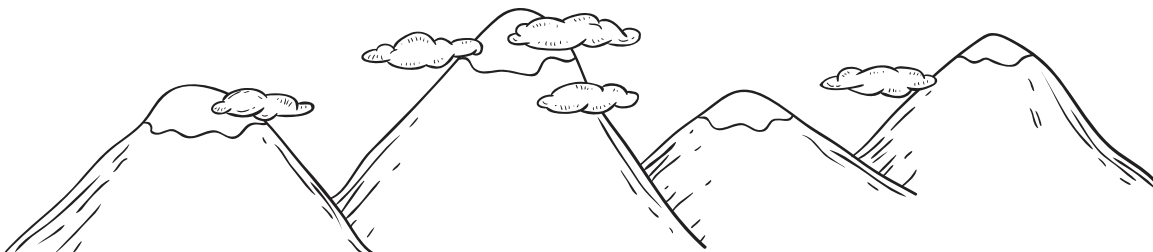
Trace each cursive letter, and then write it as many times as will fit.



Write each letter below in CURSIVE.

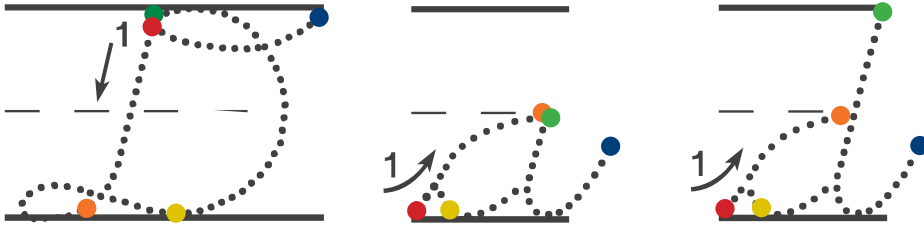


Color the picture. Add a sunrise or a sunset.



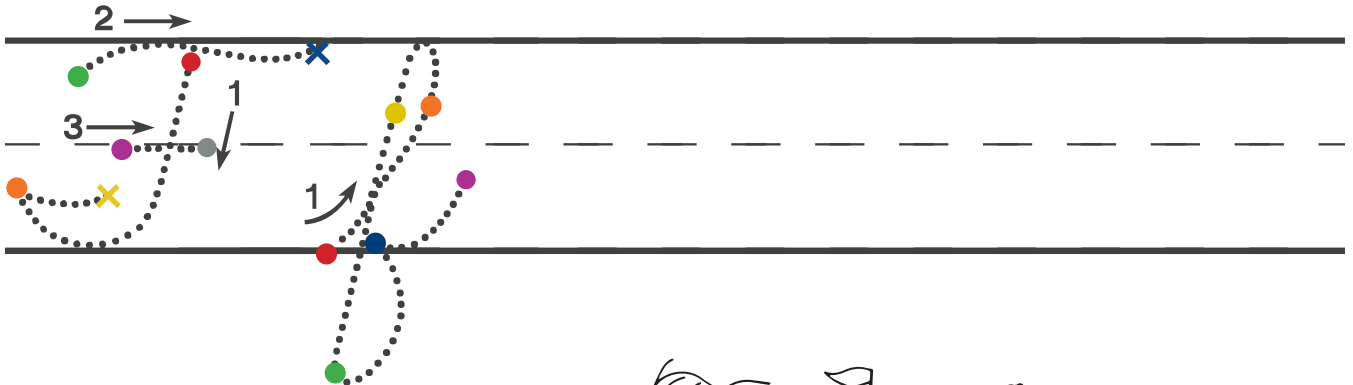
Handwriting Practice

Trace the letters, and then write the word. Note: Some uppercase cursive letters connect with lowercase letters, and some do not. The "D" does not connect.



Dad

Trace the letter pair, and then write it as many times as will fit.

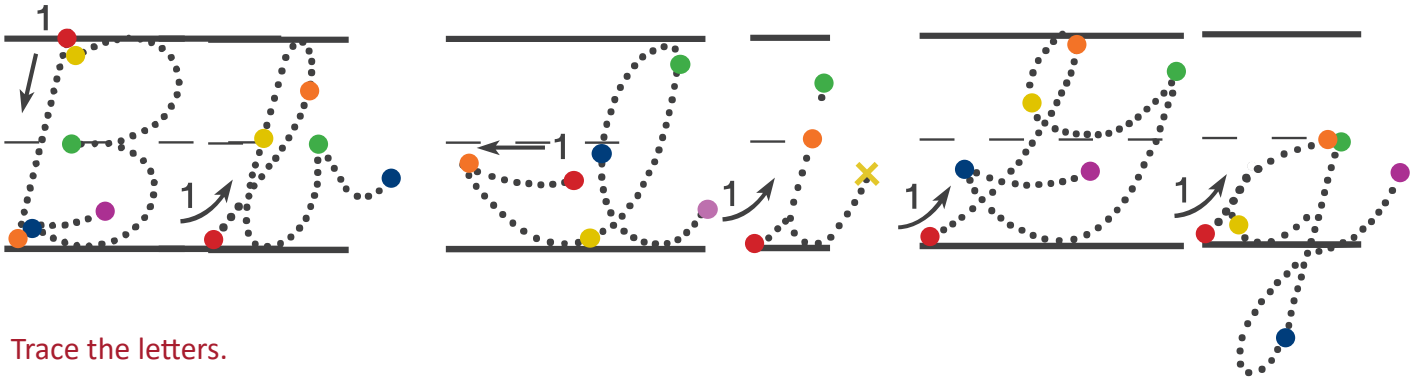


Color the picture.

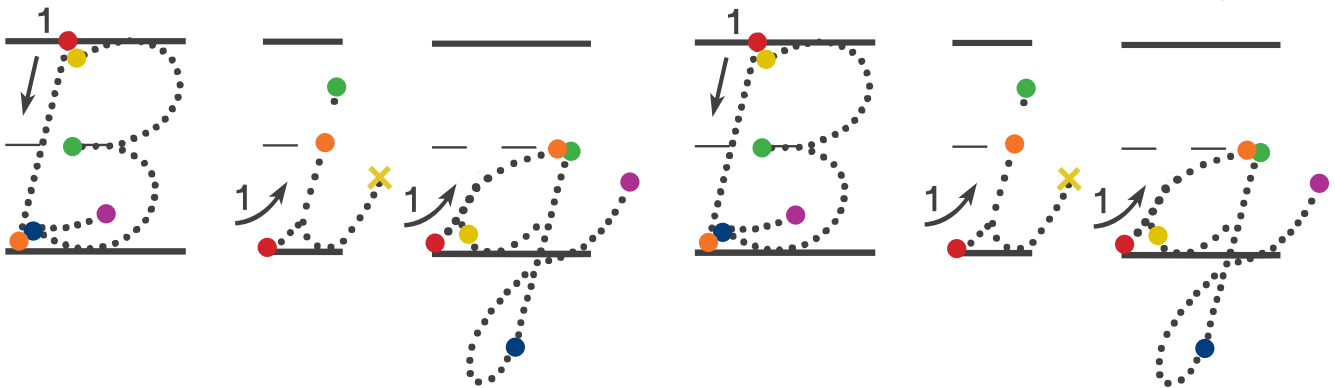


Handwriting Practice

Trace the letter pairs.



Trace the letters.

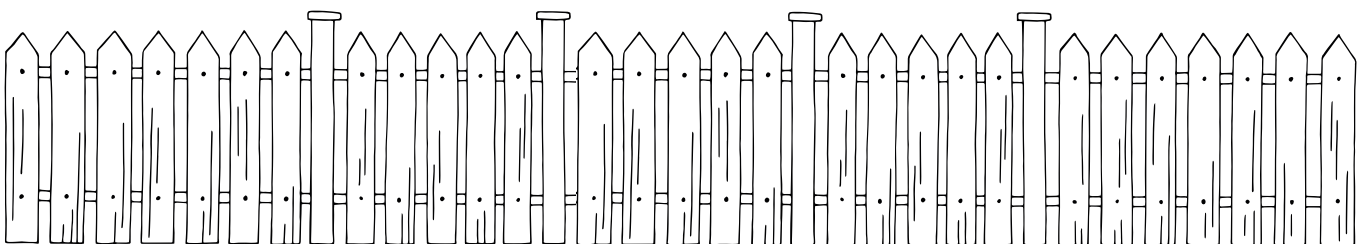


Write the word "Big."

Do not lift your pencil when you get to the end of the letter "i." Finish writing the whole word, and then go back and dot the letter "i."

Big

Draw your favorite animal behind the fence.



Evaluation #2

Parent or Teacher: Have the child write each letter pair while you watch. Choose and write four letters that the child does not form correctly or that need the most work on the blank red lines; then use the following page to have the child practice those letters.

C c

B b

F f

G g

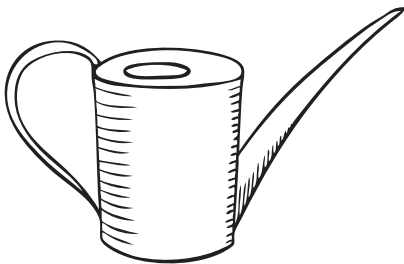
P p

H h

D d

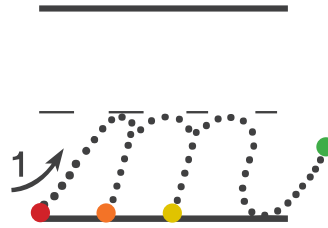
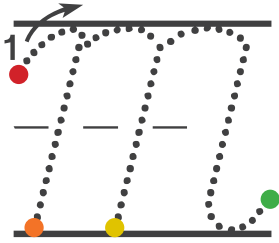
I i

Copy the picture, and then
draw a scene around it.



Handwriting Practice

Trace the letters, and then write the word. **Note: The lowercase "o" connects to the lowercase "m" at the top, so the lowercase "m" does not start with a tail.**



Mom

Write each letter pair.

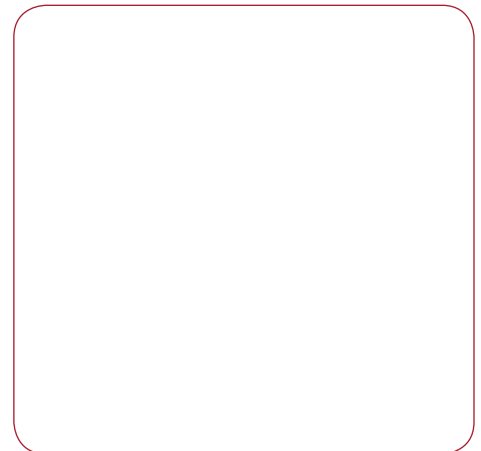
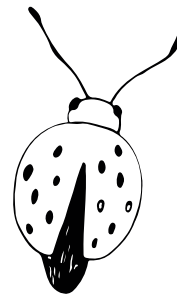
O o

M m

a a

L l

Draw your own ladybug in the box.



Handwriting Practice

Trace each cursive letter.

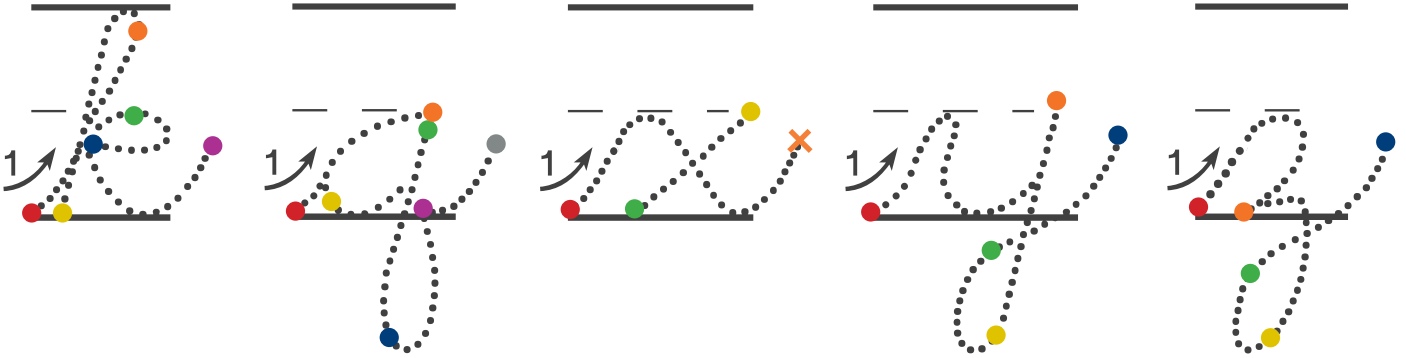
k = k

q = q

x = x

y = y

z = z



Write each of the following lowercase cursive letters once: k q x y z

Trace the poem by an unknown author.

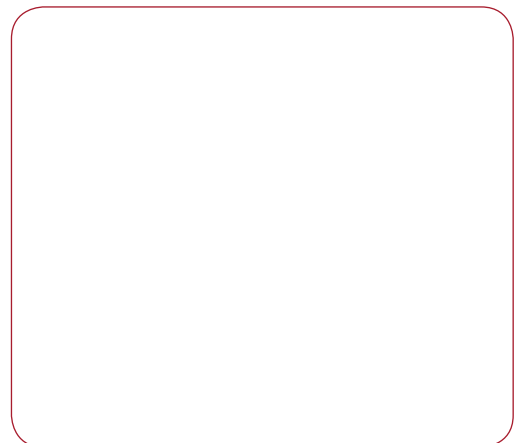
October's the month

When the smallest breeze

Gives us a shower

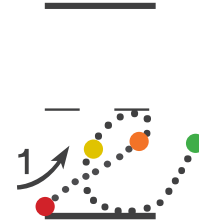
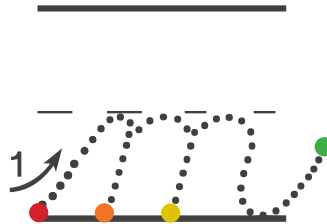
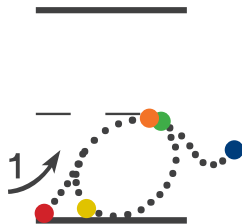
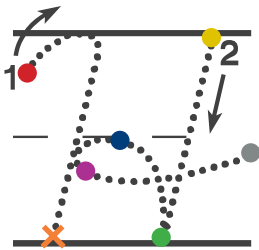
Of autumn leaves.

Draw an autumn leaf.



Handwriting Practice

Trace the letters, and then write the word. **Note: The "H" and the "O" connect to the next letter at the top, so the "O" and the "M" do not start with a tail.**



Home

Draw your home in the frame below.







ABOUT THIS COURSE

The images, artwork, and words used in this handwriting course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

This course includes print letter formation as review but focuses primarily on cementing correct cursive letter formation and on teaching how to write cursive words and sentences with a unique colored dot system developed by Jenny Phillips. This program makes it easy for children to correctly learn cursive with little to no help from parents. This program received rave reviews from each of our pilot children and their parents.

This workbook includes 100 lessons, which is 3–4 lessons per week for a normal school year.

PENCIL GRIP

Correct pencil grip is essential. For help with pencil grip, there are several YouTube videos and websites that display correct pencil grip. Be sure to gently and patiently correct the child's incorrect pencil grip when writing or drawing.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As children will not finish one page in the same amount of time as other children, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are at on the page, have them stop at the end of the specified time. During the next handwriting session,

they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

THREE SECTIONS

This course is divided into three sections. Each section covers new principles with plenty of practice. There is also a two-part evaluation at the end of each section to give children practice with any letters they might be struggling with. All three sections review and reinforce correct print letter formation. The course also includes fun, inspiring, and beautiful drawing projects throughout.

Section 1 guides the child through the formation of each letter of the alphabet in cursive, starting with the vowels and then working through all the letters in alphabetical order. The child begins to connect letters into words by following The Good and the Beautiful cursive color dot system.

Section 2 teaches the child to write cursive words without color guides and prepares the child to write whole sentences in cursive without guides.

Section 3 teaches the child to write entire sentences in cursive while reinforcing correct print formation.

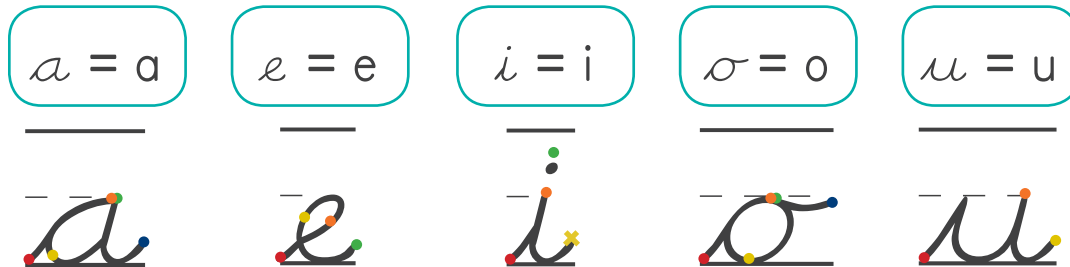
It is strongly recommended that children who do not know how to form cursive letters start with Handwriting Level 3. If a child already knows how to form cursive letters and does not complete Handwriting Level 3, we recommend printing copies of the Cursive Letters Chart, beginning on the next page, for the child to practice with before beginning this course.

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Handwriting Practice

In Section 1, use the guides at the top of the page as needed to write each cursive letter. The guides show how to write each letter by starting on the red dot and following the dots in this order:

●●●●●●●●. In cursive you often have to write over a line that you already made. A chart is also included at the front of your book. Here are the guides for this lesson:



Write the letter as many times as will fit on the line.

a

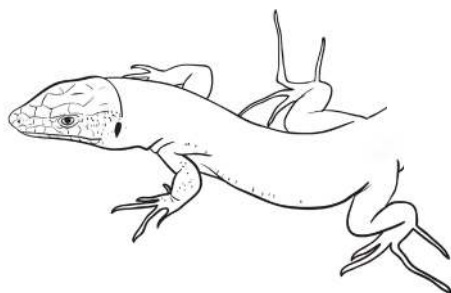
e

i

o

u

Draw a long tail on the lizard. Then add scales or stripes.



Handwriting Practice

In cursive, writing the lowercase letter “j” is like writing the lowercase letter “i” because you do not lift your pencil until you finish writing the whole word. Then go back and dot the “j” or “i.”

Write each word twice. Follow the dots in this order: ●●●●●●●● . Lift your pencil when you get to the X at the end of the word. Then go back and dot the letter “i” or “j” or both.

jog

job

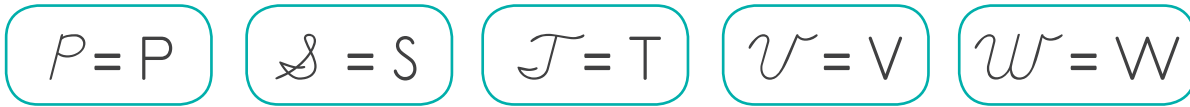
jail

In the box, copy the bee. Then draw a flower for the bee to gather pollen and nectar from.

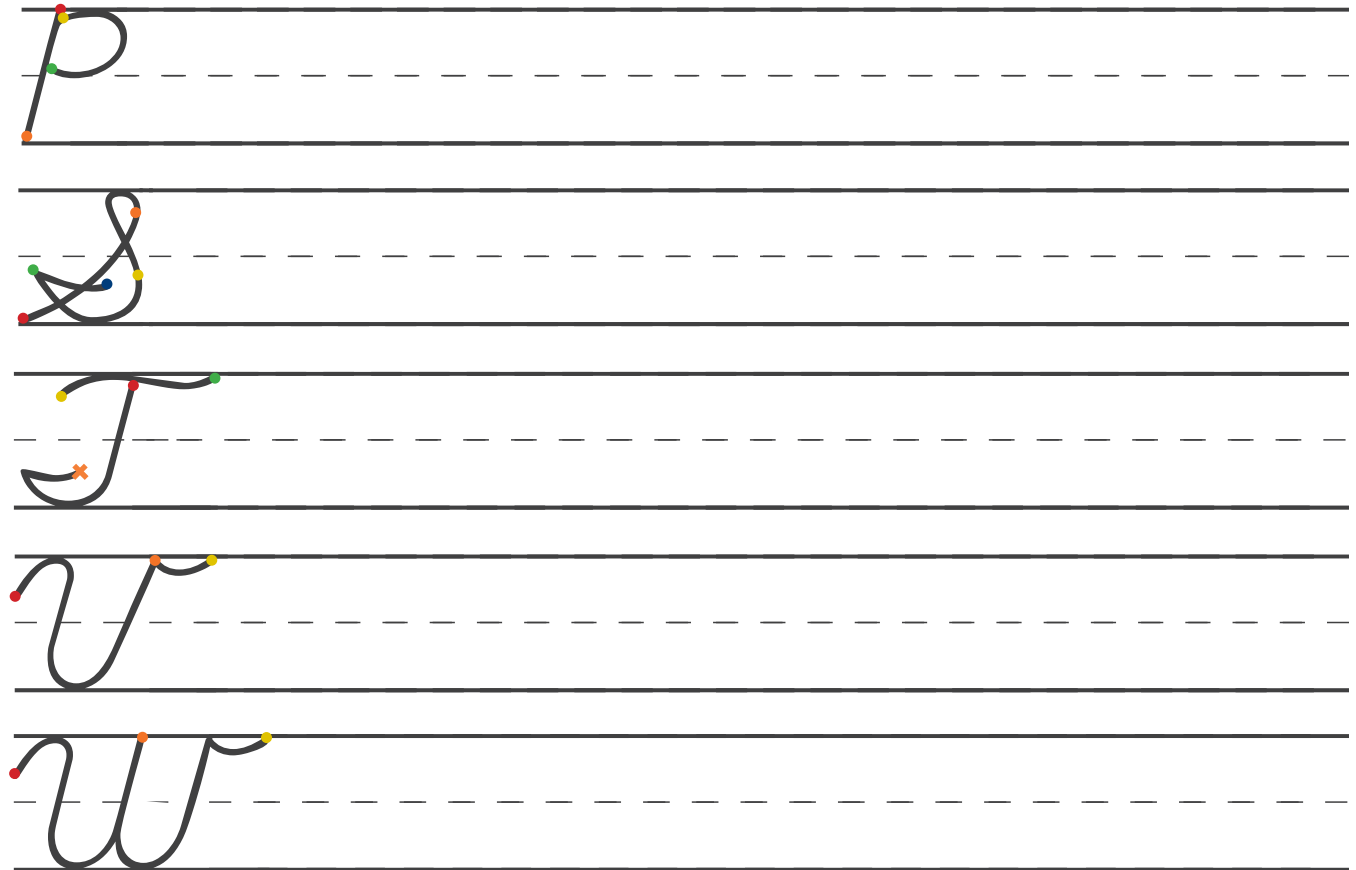


Handwriting Practice

Today you will practice the five other letters that do not connect to the next letter: P, S, T, V, and W.

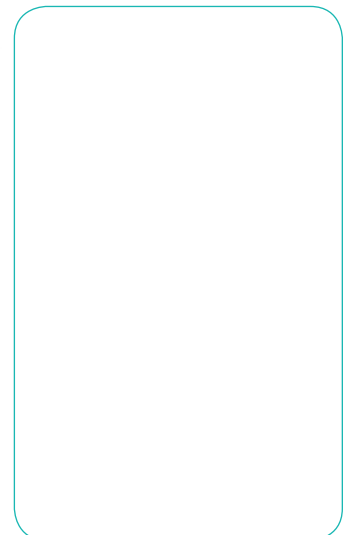
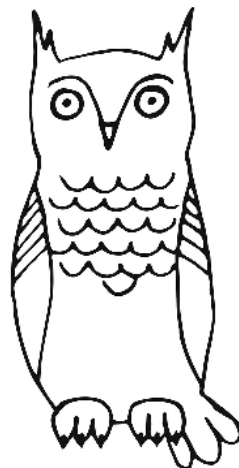


Write the letter as many times as will fit on the line.



Here are some examples of uppercase letters not connecting with the other letters in a word. Read the sentences aloud. Then copy the picture.

Pray often.
Seek God.



Copy the sentence.

I love my family.

Write each letter below in CURSIVE.

A M C K

I P R W

Draw a fruit tree
(apple tree, peach
tree, lemon tree,
cherry tree, or
other) beside the
ladder. Color the
picture if desired.



Handwriting Practice

Write each letter below in CURSIVE.

f _____

d _____

e _____

y _____

p _____

r _____

w _____

m _____

u _____

v _____

c _____

t _____

h _____

k _____

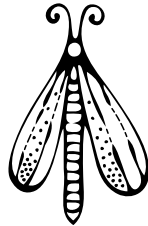
n _____

o _____

Trace the words, and then finish the sentence in cursive.

I am grateful for

Draw a
pretty leaf or
flower for the
dragonfly to
rest on.



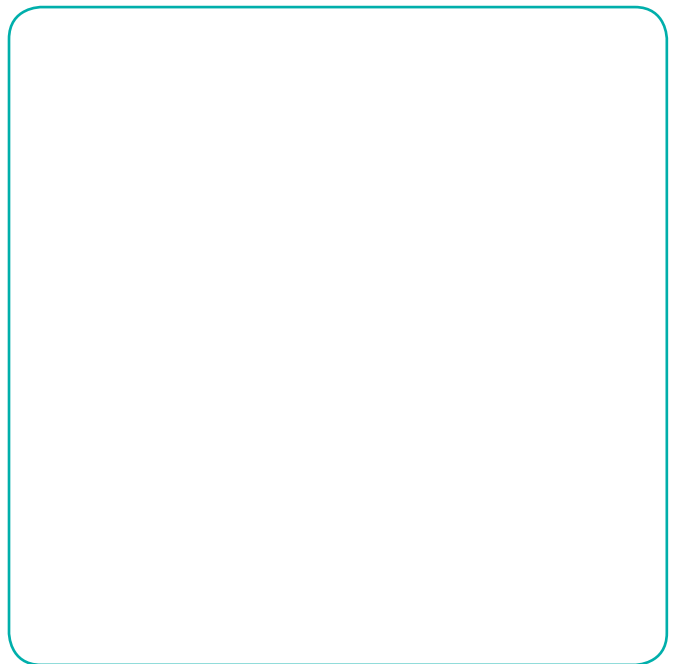
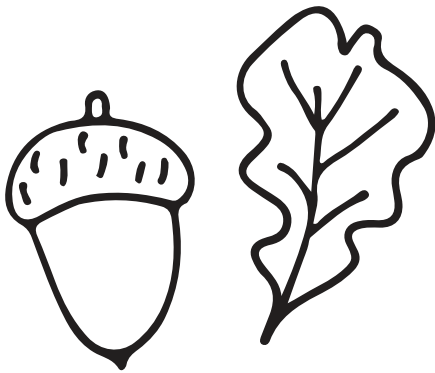
Copy each sentence.

Serve the Lord.

Be thankful.

Use good manners.

Copy the picture. The acorn and this shape of leaf both come from the oak tree.



Copy the verse from John 13:34.

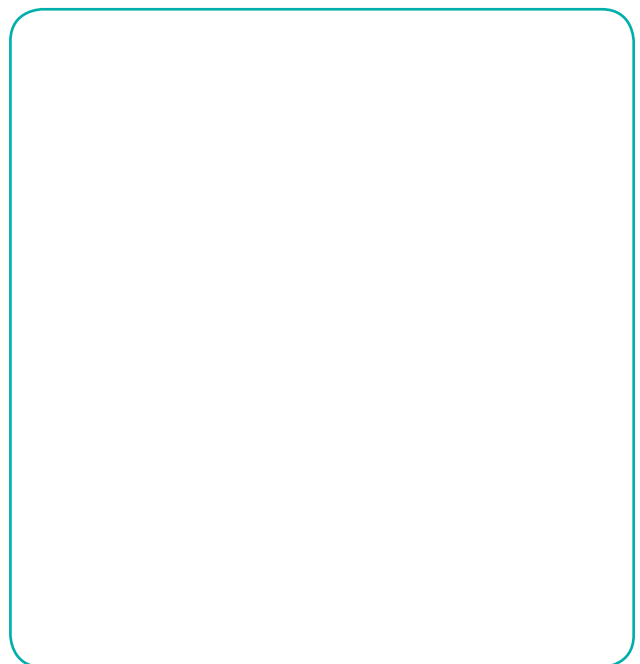
*A new commandment I give
unto you, that ye love one
another.*

Handwriting practice lines consisting of three sets of three horizontal lines (top solid, middle dashed, bottom solid).

Write your first and last name in cursive.

Handwriting practice lines consisting of one set of three horizontal lines (top solid, middle dashed, bottom solid).

Copy the picture.



Handwriting Practice

Copy the sentence from the book *The Canada Geese Quilt* by Natalie Kinsey-Warnock. Write small and neat enough that you can fit the whole sentence on one line.

Spring came with a rush of wildflowers.

Trace the letter pairs, and then copy them in the spaces provided.

Ca

Ll

Mm

Rr

Rr

Rr

Today you are going to practice fully connecting your letters. Look at the word GAP below. If letters, such as “g,” “a,” and “p,” are not fully closed, it makes writing look sloppy and hard to read.

gap

Practice fully closing letters “g,” “a,” and “p” by copying the words below in print. After you write each word, check to see if the letters “g,” “a,” and “p” are fully closed. If a letter is not fully closed, erase the letter and write it again. Once all the letters in the word are fully closed, place a mark in the checkbox.

gap ☐

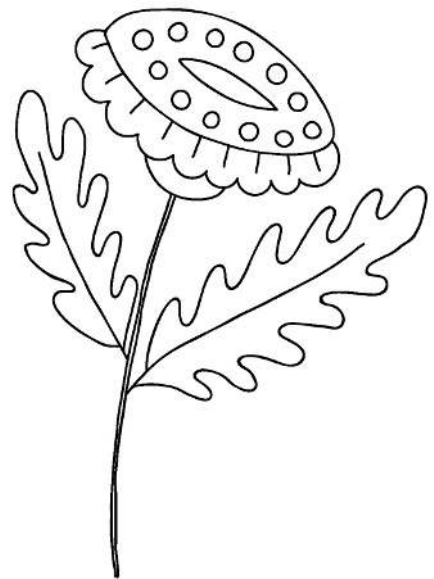
page ☐

tape ☐

zap ☐

age ☐

Color the wildflower.



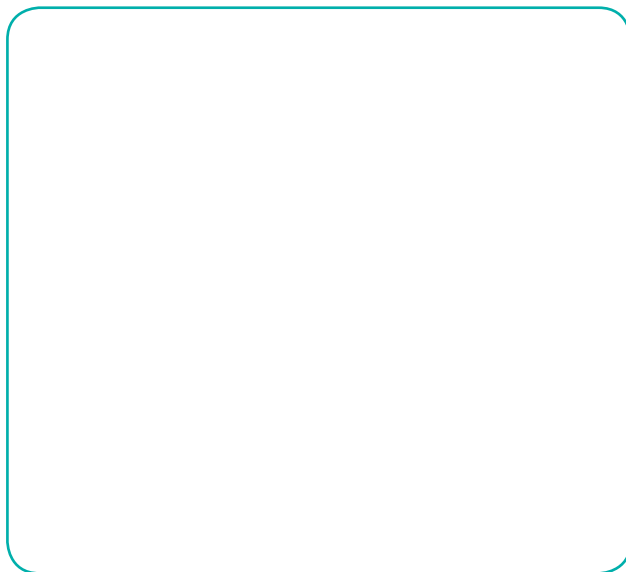
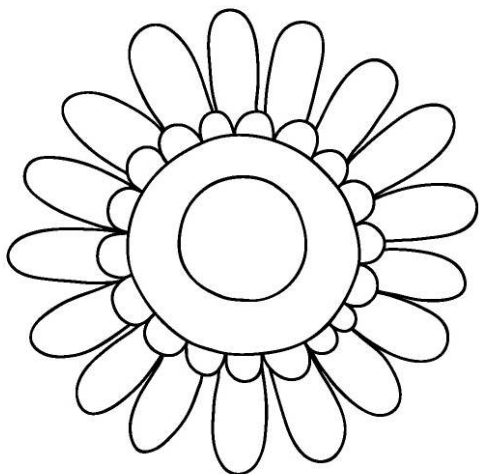
Copy the verse from John 14:27.

Peace I leave with you, my
peace I give unto you.

In your neatest handwriting, copy the sentence in print.

Good handwriting looks nice and is easy to read.

Copy the flower. Start by drawing the inner circle. Then draw a bigger circle around it. Add the small petals. Then add the larger petals. Color the flower with bright colors if desired.







ABOUT THIS COURSE

The images, artwork, and words used in this handwriting course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Inspiring quotes, scriptures, and poems are included in the course and may be included more than once for repeated exposure. This course also helps the child memorize grammar rules and definitions.

The text size for cursive writing starts out large and gets smaller as the course progresses.

The child can refer to the cursive chart at the beginning of the course to learn how to write his or her name in cursive.

This workbook includes 100 sheets, which is 3–4 sheets per week for a normal school year.

It is critical that your child gains a strong foundation in correct letter formation. Do not move too fast through foundational skills.

EVALUATION SHEETS

At different times throughout the course, the child will do evaluation sheets. These sheets help identify any letters or numbers that need attention.

COLORING AND DRAWING

The child will need a pack of colored pencils. This course provides an opportunity for the child to draw or color, improving both his or her drawing and motor skills. Also, many children enjoy handwriting sheets much more with the opportunity to do a little art after the handwriting portion of the sheet.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As some children will not finish one page in the same amount of time as others, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are on the page, have them stop at the end of the specified time. The next handwriting session, they can pick up where they left off. Some children may complete more than one page during a session, while others may complete less than a page.

HIGHLIGHTER

The child will need a thin-tipped highlighter for this course.

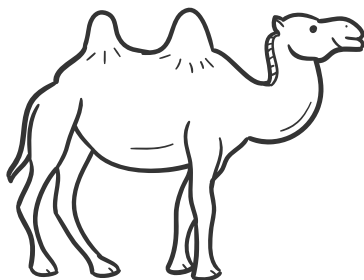
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Write the sentences.

A soft answer turneth away
wrath. Proverbs 15:1

In the narrow lane,
How beautiful is the rain!

Use colored pencils to draw a desert scene around the camel.



Write the cursive letter pairs twice.

Dd

Ee

Ff

Handwriting Practice

Write the cursive letter pairs and sentences.

Uu Vv Ww

Xx Yy Zz

Be of good cheer.

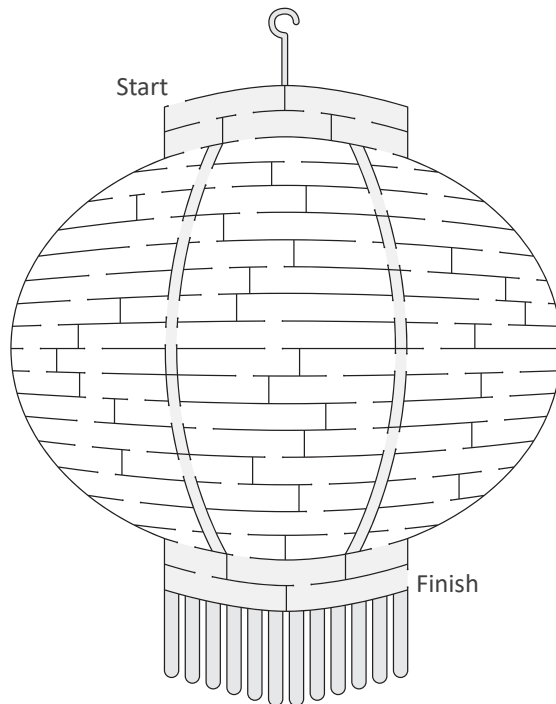
Work hard.

Be honest.

Be kind.

Be brave.

Complete the maze.



Write the cursive words twice.

am

is

of

Handwriting Practice

Write your full name in cursive.

Handwriting practice lines for the name.

Write this sentence: *Never give up on anyone.*

Handwriting practice lines for the sentence.

Write this scripture from Psalm 100:2: *Serve the Lord with gladness.*

Handwriting practice lines for the scripture.

Write each letter pair three times.

ru

ja

Lu

ki

ba

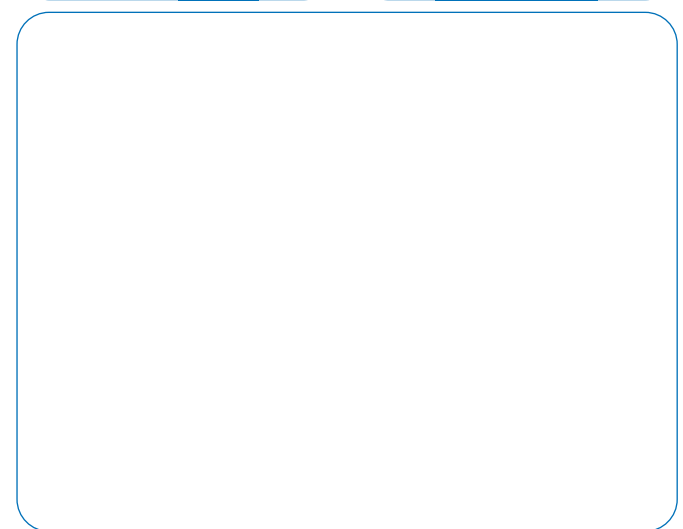
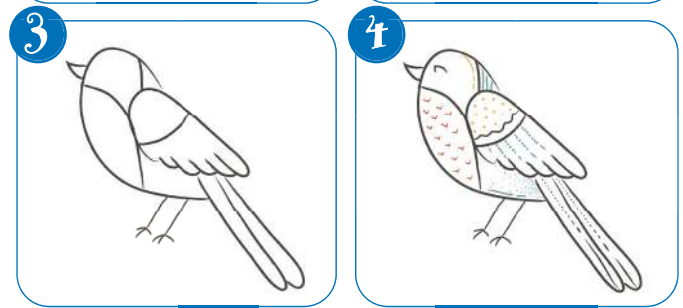
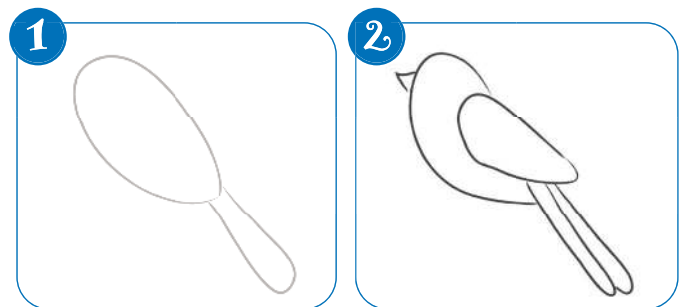
qu

po

th

fr

Follow the steps to draw the bird with colored pencils.



Handwriting Practice

Write the cursive letter pairs.

em av ya an

th le ry ma

ka ro wa ny

er rn se te

Today you are going to practice keeping your letters resting on the baseline—a real or imagined line where the main body of each letter rests. If some letters are above or below the baseline, it makes writing look sloppy and hard to read.

I love learning. ☐ I love learning. ☒

Practice keeping the main body of each letter on the baseline. After you write each sentence, check to see if the main body of each letter is resting on the baseline. If not, erase the letter and write it again. Once all the letters of the sentence are resting on the baseline, place a mark in the checkbox.

Never give up.

☐

Never give up.

☐

Be kind always.

☐

Be kind always.

☐

Copy the lines in cursive.

I can do hard things.

I stand for what is right.

My future is bright.

I learn from my mistakes.

I am a nice person.

Finish drawing the scene.



Handwriting Practice

Copy the lines from the poem "Morning" by an unknown author.

Darkness is banished and morning is here;
Gilding the heavens the sunbeams appear.
Songs of thanksgiving arise in the air;
Blossoms their beauty and perfume prepare.
Dewdrops like diamonds flash on the grass.
Bees in the meadows all hum as they pass.

Handwriting Practice

Using your best cursive handwriting, write your first and last name twice. If needed, refer to the cursive chart at the beginning of the course.

Handwriting practice lines for cursive writing.

Copy the sentence.

An adjective describes a noun.

Handwriting practice lines for copying the sentence.

Today you are going to practice fully closing your letters. Look at the word BAD below. If letters such as B, A, and D are not fully closed, it makes writing look sloppy and hard to read.

bad

Practice fully closing the letters B, A, and D by copying the words below. After you write each word, check to see if the letters B, A, and D are fully closed. If a letter is not fully closed, erase the letter and write it again. Once all the letters in the word are fully closed, place a mark in the checkbox.

bad ☐

bald ☐

Dave ☐

damp ☐

baby ☐

Handwriting Practice

Write your full name in cursive.

Write this sentence: *All that glitters is not gold.*

Write this scripture from Psalm 62:8: *Trust in Him at all times.*

Write each letter pair twice.

do

re

mi

fa

so

la

ti

do

Write each word.

joy

peace

love

friend

share

serve

give

help

Handwriting Practice

Write your full name in cursive.

Using cursive, write the scripture.

Thou shalt love the

Lord thy God

with all thy heart,

and with all thy soul,

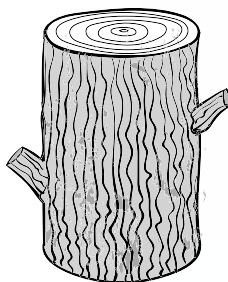
and with all thy mind.

This is the first and

great commandment.

Matthew 22:37-38

With colored pencils, draw a bird on the stump, and then draw a scene around the stump.



Handwriting Practice

In alphabetical order, write the words in cursive.

treasure

seek

find

chest

bury

look

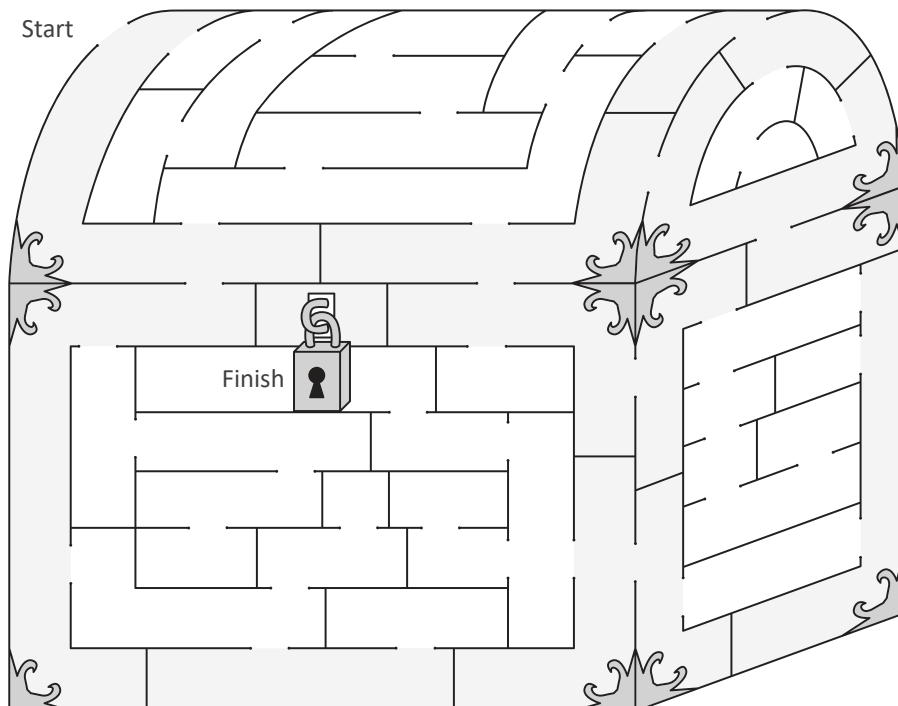
lock

mystery

key

Handwriting practice lines consisting of four sets of three horizontal lines (top, middle dashed, bottom) for cursive writing practice.

Complete the maze.







ABOUT THIS COURSE

The images, artwork, and words used in this handwriting course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Handwriting Level 6 represents the level children should be on in fifth, sixth, or seventh grade. The course focuses on cursive writing. If children have no experience with cursive writing, they should start with the Level 5 handwriting course.

Children will be learning more than cursive handwriting as they copy inspiring adages, Bible verses, skillfully written poetry, states and capitals, grammar rules, presidents of the United States in order of presidency, and more.

As the course progresses, instead of just copying cursive writing, children will write original sentences in cursive and convert manuscript print to cursive writing. This will help children to memorize the formation of cursive letters.

Children may refer to the cursive chart at the beginning of the course when needed.

This workbook includes 100 sheets, which is three to four sheets per week for a typical school year.

It is critical that the child gains a strong foundation in correct letter formation. Do not move too fast through foundational skills.

DRAWING

Children will need a pack of colored pencils. This course provides opportunities for children to copy a variety of styles of drawings in addition to creating their own drawings, improving both their drawing and motor skills and exposing them to different drawing techniques. Also, many children enjoy handwriting sheets much more with the opportunity to do a little art along with the handwriting.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As some children will not finish one page in the same amount of time as other children, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are on the page, have them stop at the end of the specified time. In the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

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Handwriting Chart

Aa

Bb

Cc

Dd

Ee

Ff

Gg

Hh

Ii

Jj

Kk

Ll

Mm

Nn

Oo

Pp

Qq

Rr

Ss

Tt

Uu

Vv

Ww

Xx

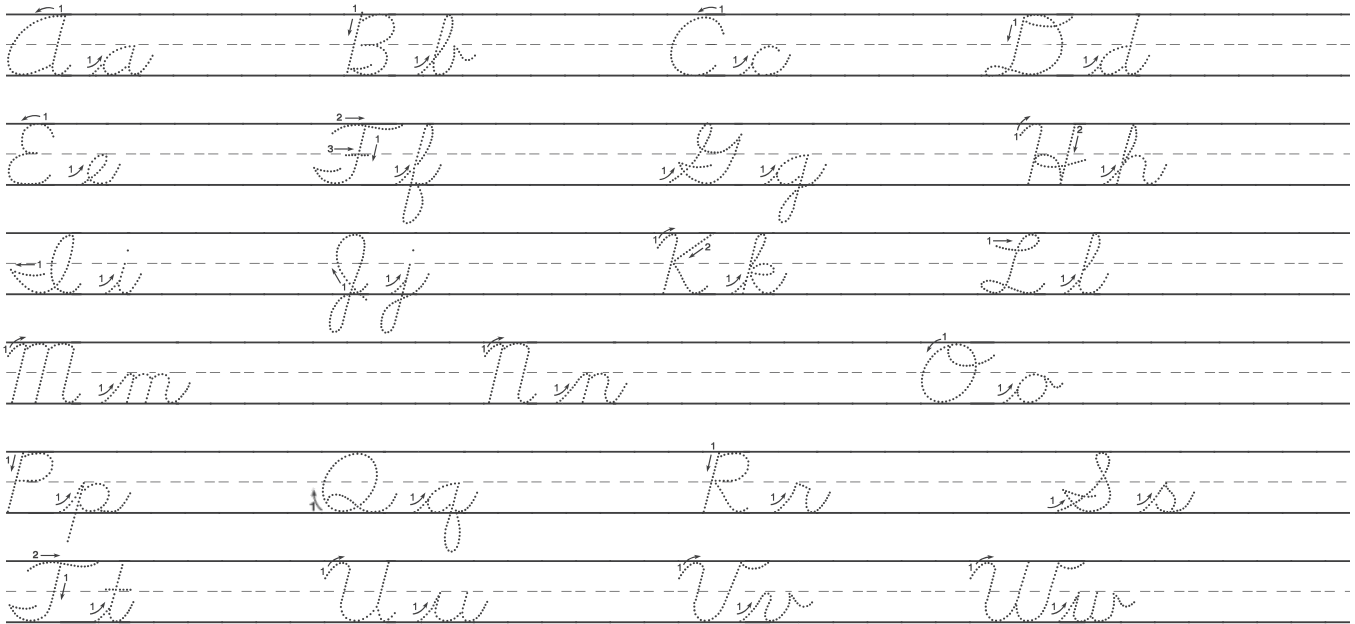
Yy

Zz

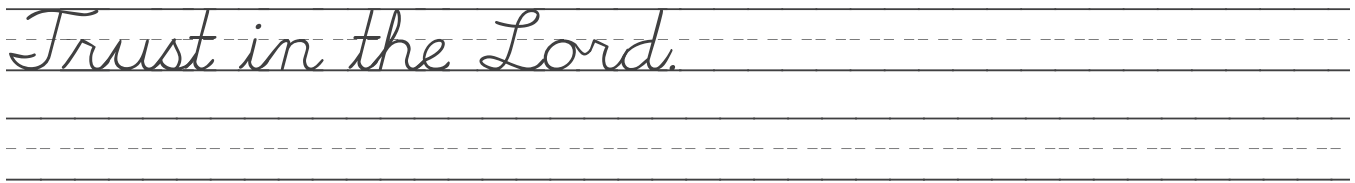
1 2 3 4 5 6 7 8 9

Handwriting Practice

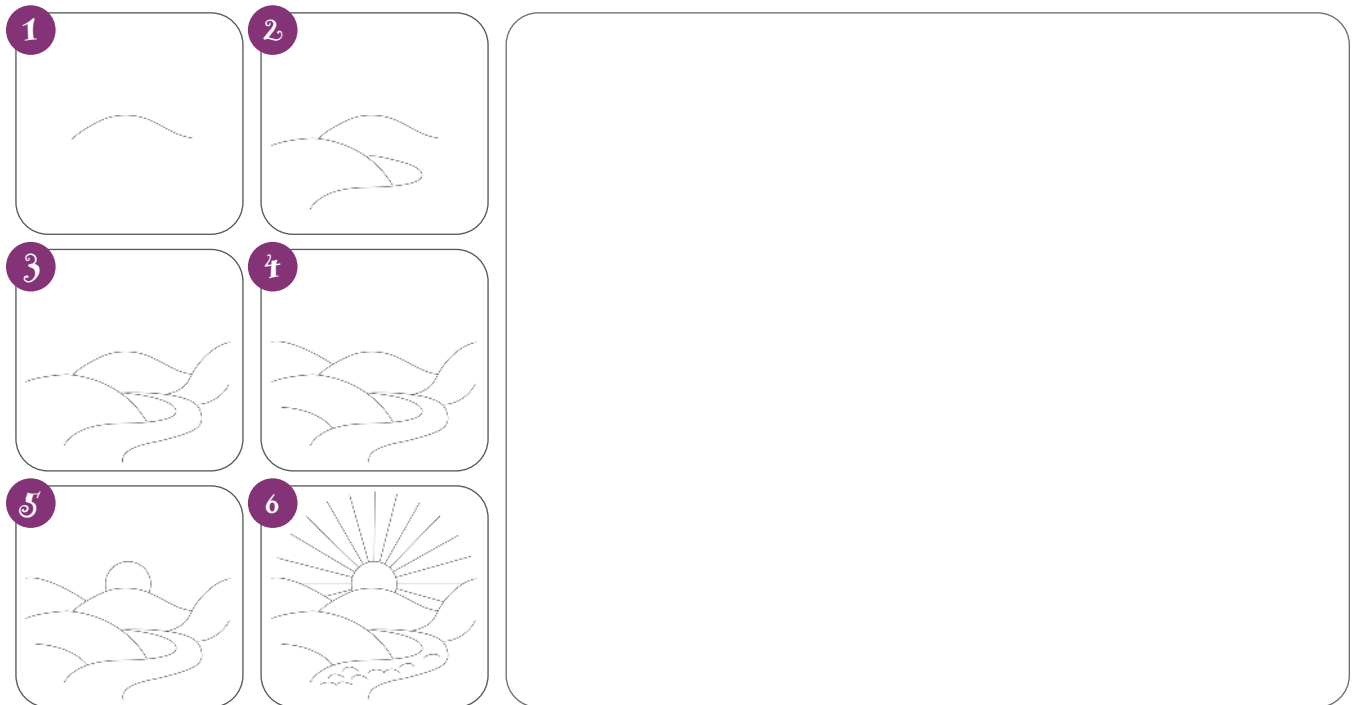
Trace and then write the cursive letter pairs.



Copy the sentence.



Follow the steps to draw the picture.



Handwriting Practice

In cursive, write your first and last name.

In cursive, write today's date in this format: August 24, 2013.

In cursive, write the title of a book you like.

Copy the sentences. Keep letters within the proper lines.

A subject is who or what is acting or being
in the sentence.

Never capitalize the names of
seasons.

An adverb describes a verb, an
adjective, or another adverb.

Copy the cursive letter
pairs twice.

ba

be

bi

bo

bu

Handwriting Practice

In cursive, write today's date in this format: September 7, 2010.

Practice keeping the main body of letters on the baseline. After you copy each sentence, check to see if the main body of each letter is resting on the baseline. If not, erase and write it again. Once all the letters of the sentence are resting on the baseline, place a mark in the checkbox.

Look for the good in others.

☐

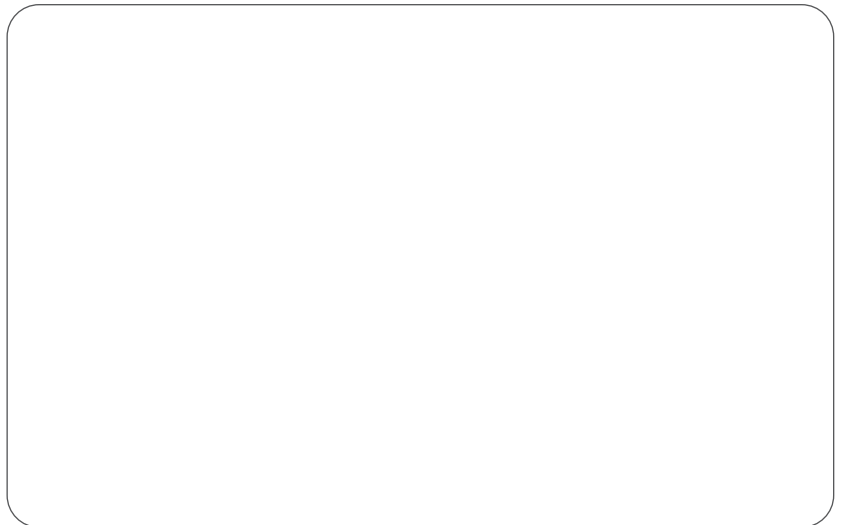
Look for the good in others.

☐

"Be still, and know that I am God"
(Psalm 46:10).

☐

Create a drawing that reminds you of spring. Copy some of the doodles to create your scene or create it entirely from your imagination. Use colored pencils to add color and shading.



Handwriting Practice

Write your full name *in cursive*.

Copy the fourth stanza of the poem "The Father of All" by an unknown author.

Little bird, God made thy wing,
Gave thee all thy songs to sing;
Set thee in the woods and trees,
Fanned thy nest with gentle breeze.
He it was who brought thee home,
Safe across the ocean's foam,
To the meadows green and bright,
Gave thee songs of sweet delight.



Handwriting Practice

Copy the states and capitals.

Helena, Montana

Lincoln, Nebraska

Dover, Delaware

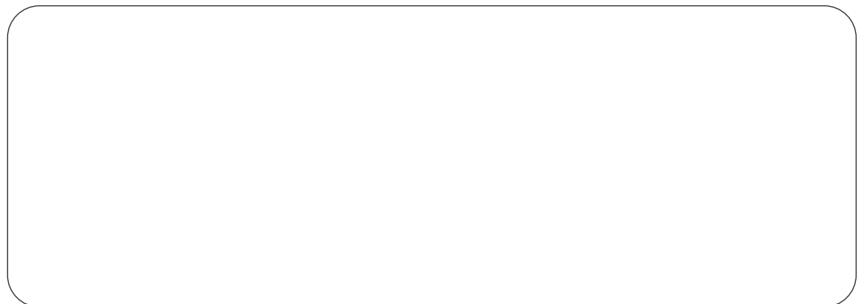
Atlanta, Georgia

Augusta, Maine

Copy the Bible verse.

"I am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come, the Almighty" (Revelation 1:8).

Copy the comic bubble below. Complete the drawing by creating a scene in which this bubble makes sense.



Handwriting Practice

Write each commonly misspelled word *in cursive*.

achieve

because

congratulate

dilemma

embarrass

fascinating

grateful

hygiene

imitate

judgment

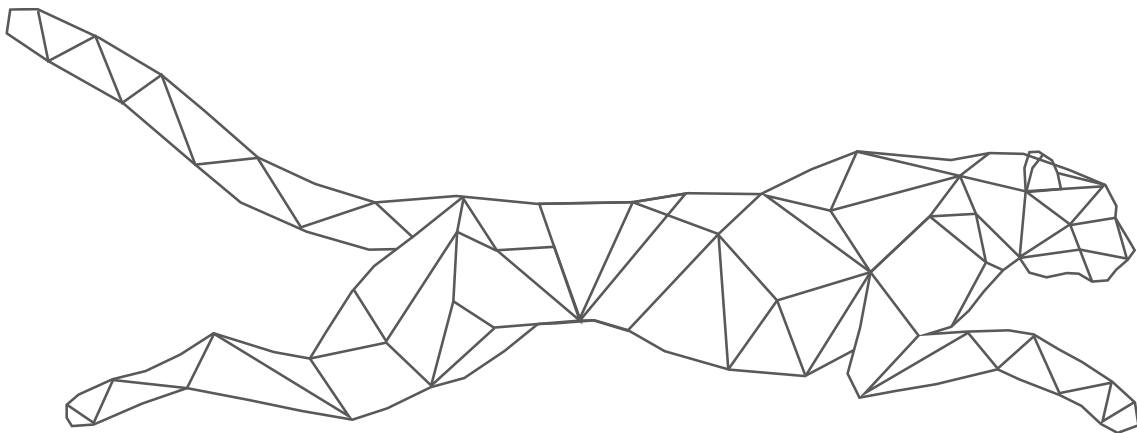
kernel

library

Copy the Bible verse from 1 John 2:25.

And this is the promise that he hath promised us, even eternal life.

Use colored pencils to color the different shapes in the cheetah.



Handwriting Practice

Copy the names of the continents and oceans.

South America

Antarctica

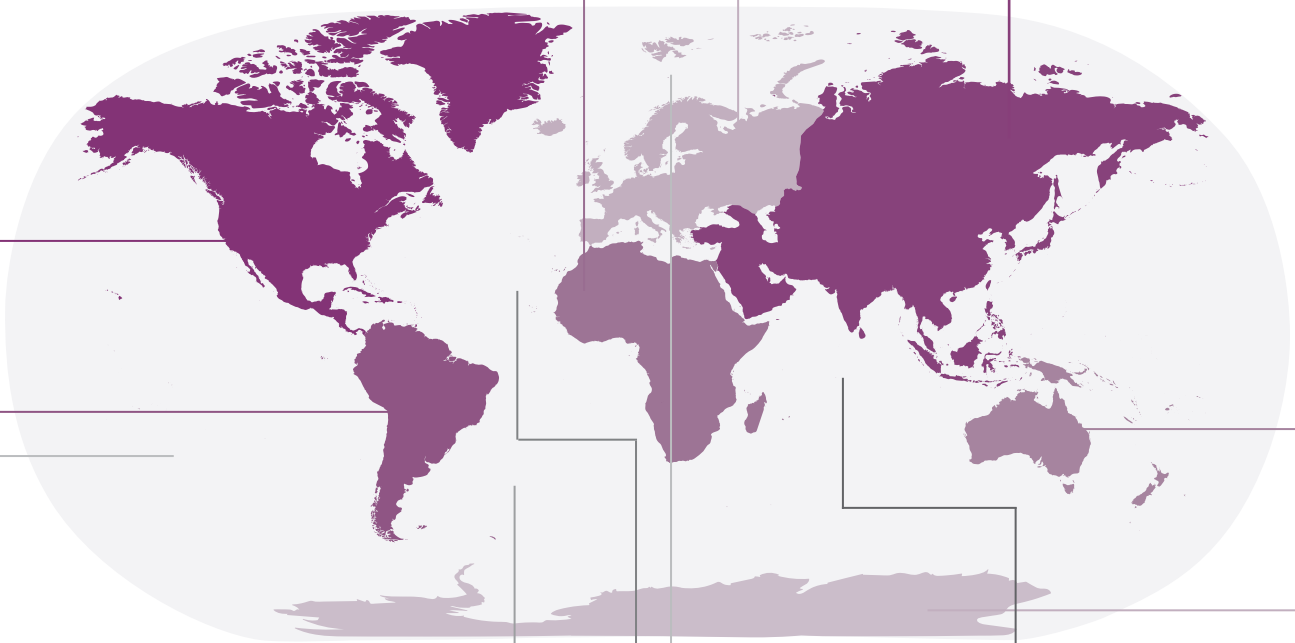
North America

Australia

Africa

Europe

Asia



Southern Ocean

Indian Ocean

Atlantic Ocean

Arctic Ocean

Pacific Ocean

Handwriting Practice

Copy the sentences.

A group of owls is known as a parliament.

The Elf Owl is the smallest owl in the world. It measures 5-6 inches tall and weighs only 1.5 ounces.

The largest owl in the world is Blakiston's Fish Owl. It weighs 7-10 pounds and measures around 26 inches tall.

In cursive, write the names of each type of owl.



Snowy Owl



Great Gray Owl



Northern
Saw-whet Owl



Barn Owl



Barred Owl

Handwriting Practice

Write your full name *in cursive*.

In cursive, write the commonly confused words and their definitions.

"Affect" means to influence.

"Effect" (noun) is a result.

"Effect" (verb) means to accomplish.

Copy the sentence. For a challenge, try saying it five times fast!

Betty's big bunnies bobbed by the blueberry bush.

In cursive, write the verse from the Bible.

"Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you" (Matthew 7:7).

Handwriting Practice

In cursive, write the text below the dotted line from the poem "Three Gates of Gold" by Beth Day.

If you are tempted to reveal
A tale to you someone has told
About another, make it pass,
Before you speak, three gates of gold;
These narrow gates. First, "Is it true?"
Then, "Is it needful?" In your mind
Give truthful answer. And the next
Is last and narrowest, "Is it kind?"
And if to reach your lips at last
It passes through these gateways three,
Then you may tell the tale, nor fear
What the result of speech may be.





ABOUT THIS COURSE

The images, artwork, and words used in this handwriting course are all designed to connect children to the good and the beautiful: faith, family, high moral character, and the wonders and beauty of nature and human life.

Handwriting Level 7 is appropriate for children who are on an approximate sixth to seventh grade level. The course focuses on cursive writing.

Children will be learning more than cursive as they copy inspiring adages, Bible verses,* skillfully written poetry, proverbs, the names of Canadian provinces and territories, foreign languages, states, capitals, presidents of the United States, and more.

As the course progresses, instead of just copying cursive writing, children will also write original sentences in cursive and convert manuscript print to cursive writing. This will help children to memorize the formation of cursive letters.

Children may refer to the cursive chart at the beginning of the course when needed.

This workbook includes 100 sheets, which is 3–4 sheets per week for an average school year.

It is critical that children gain a strong foundation in correct letter formation. Do not move too fast through foundational skills.

DRAWING

This course provides opportunities for children to copy a variety of styles of drawings in addition to creating their own drawings, improving both their drawing and motor skills, and increasing their exposure to different drawing techniques. Also, many children enjoy handwriting sheets much more with the opportunity to do a little art along with the handwriting.

DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. Since children will finish pages in a different amount of time, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are on the page, have them stop at the end of the specified time. During the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

*All Bible verses come from the King James Version of the Bible.

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Handwriting Practice

Copy the Bible verse from 1 Corinthians 13:4.

Charity suffereth long, and is kind.

Copy the Bible verse from 2 Corinthians 5:7.

For we walk by faith, not by sight.

Write your first, middle, and last name *in cursive*.

Cover the page above the dotted line. Write the Bible verses *in cursive*. Refer to the section above only if needed.

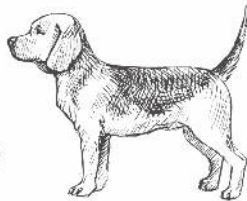
Charity suffereth long, and is kind.

For we walk by faith, not by sight.

In cursive, write the name of each breed of dog shown.



Bulldog



Beagle



Spitz



Pug



Terrier

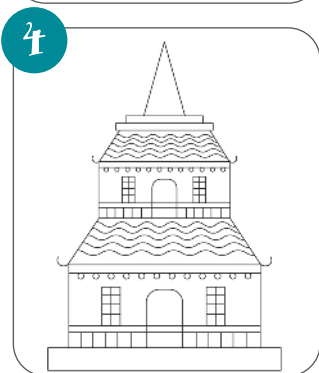
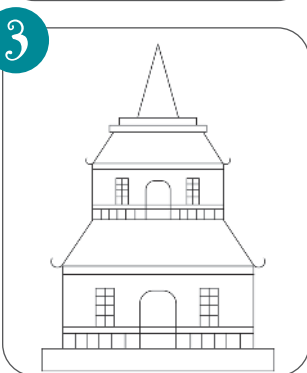
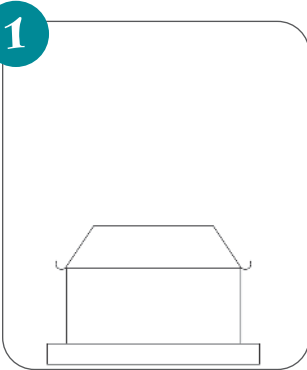
The chart below shows ten of the most populated countries in Asia.* *In cursive*, fill in the chart to the right, placing the countries in order from most populated to least populated.

*According to 2017 data found in *The World Factbook*

Country	Population
Indonesia	260,580,739
Japan	126,451,398
Thailand	68,414,135
India	1,281,935,911
Philippines	104,256,076
Iran	82,021,564
Vietnam	96,160,163
China	1,379,302,771
Pakistan	204,924,861
Bangladesh	157,826,578

[illegible]

Follow the steps to draw a traditional pagoda. Use colored pencils to add color, details, and scenery.



Handwriting Practice

Copy the stanzas from the poem "Trees" by Joyce Kilmer.



*I think that I shall never see
A poem lovely as a tree.*

*A tree that looks at God all day
And lifts her leafy arms to pray;*

*Poems are made by fools like me,
But only God can make a tree.*

Write your first, middle, and last name *in cursive*.

Write the names of the four seasons *in cursive*. Note: The names of seasons are not capitalized.

In cursive, write one thing you are grateful for today. Use a complete sentence.

Handwriting Practice

Copy the names of the Canadian provinces and territories.

Yukon

Newfoundland and Labrador

Northwest Territories

Nunavut

Quebec

Prince Edward
Island

British
Columbia

Manitoba

Ontario

New
Brunswick

Alberta

Saskatchewan

Nova Scotia

Hudson
Bay

Handwriting Practice

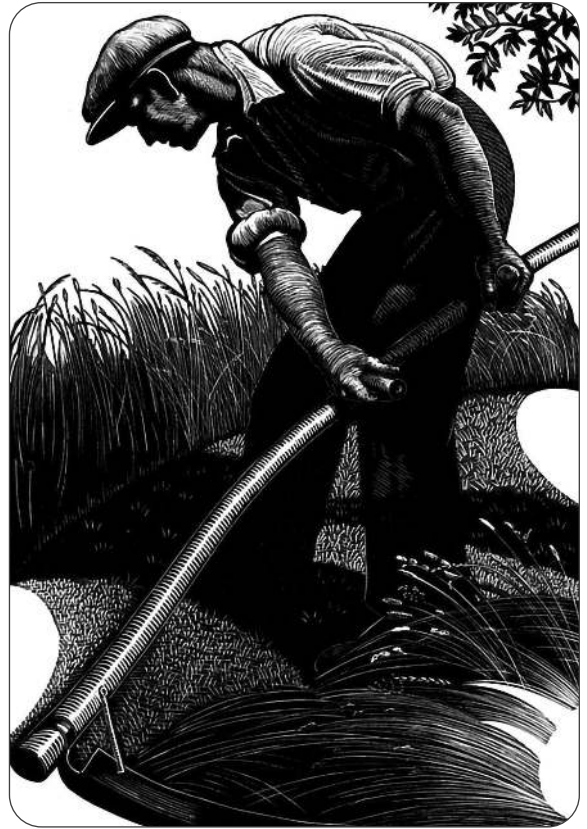
Read the poem "The Hayloft" by Robert Louis Stevenson and copy the last stanza.

Through all the pleasant meadowside
The grass grew shoulder-high,
Till the shining scythes went far and wide
And cut it down to dry.

Those green and sweetly smelling crops
They led the wagons home;
And they piled them here in mountain tops
For mountaineers to roam.

Here is Mount Clear, Mount Rusty-Nail,
Mount Eagle and Mount High;
The mice that in these mountains dwell,
No happier are than I!

Oh, what a joy to clamber there,
Oh, what a place for play,
With the sweet, the dim, the dusty air,
The happy hills of hay!



In cursive, write one to two sentences describing your favorite place to visit in nature.

Handwriting Practice

Copy the poem "Variety" by William Browne.

*There is no season such delight can bring
As summer, autumn, winter, and the spring.*

Copy each sentence, filling in the blanks with your own words, *in cursive*.

In the spring I look forward to _____.

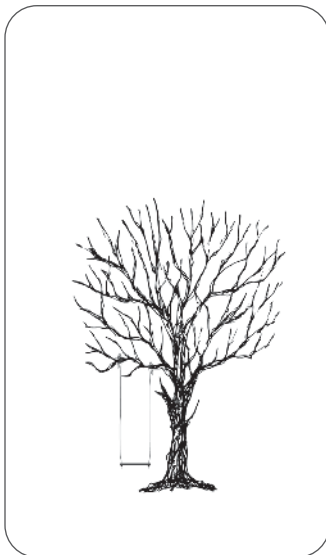
In the summer, I look forward to _____.

In the autumn, I look forward to _____.

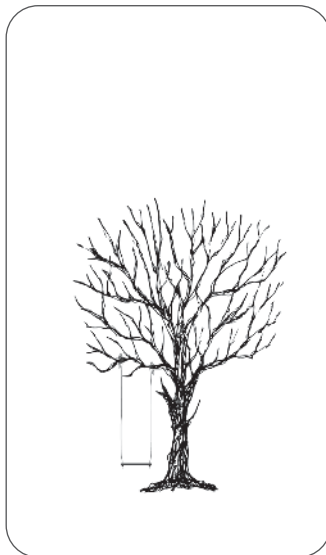
In the winter, I look forward to _____.

Use colored pencils to complete each drawing below. Add details to show the scene in each season.

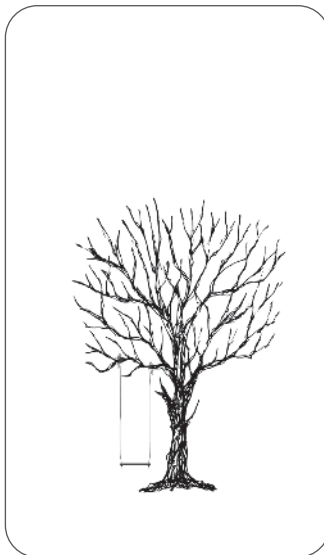
Spring



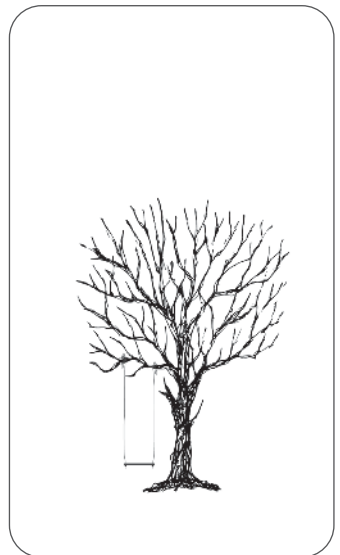
Summer



Autumn



Winter



Handwriting Practice

*Accept: Do you accept my apology?
Except: All crayons are here except red.*

Write the sentences, using the correct homophone, and fill in the blank with a word of your choice.

I will (accept/except) the (noun) tomorrow night.

Everyone will be there (accept/except) my (noun—person).

Copy the names of the states and their capitals.

Baton Rouge, Louisiana

Jefferson City, Missouri

Harrisburg, Pennsylvania

Providence, Rhode Island

In cursive, write the animal names identified by the tracks. Put them in order of frequency in which you see them around where you live.



Skunk



Deer



Cat



Coyote



Squirrel

Handwriting Practice

Copy the names of the countries and territories of South America.

Guyana

Suriname

Venezuela

French Guiana

Colombia

Brazil

Ecuador

Peru

Paraguay

Bolivia

Uruguay

Chile

Argentina

Falkland Islands (UK)

Handwriting Practice

In cursive, write four of the facts below about animals in the Camelidae family.

Alpaca spit when they are angry.

Guanacos are known for their graceful dispositions and unique vocalizations.

Llamas are sometimes used as livestock guardians to protect alpaca and sheep.

Some camels can drink 30 gallons of water in 13 minutes.

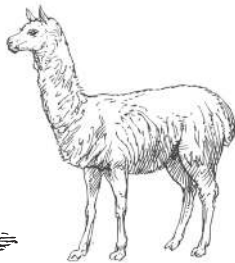
Vicuñas are the smallest of the camelids.



In cursive, write the name of each camelid below.



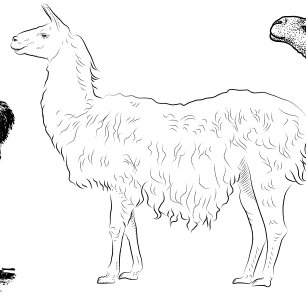
Vicuña



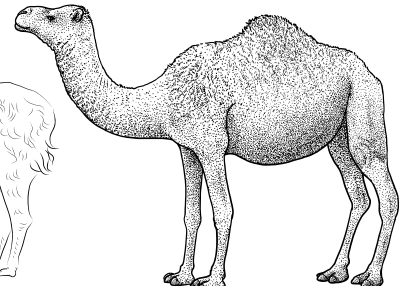
Alpaca



Guanaco



Llama



Camel

Handwriting Practice

In cursive, write the quote from Ralph Waldo Emerson.

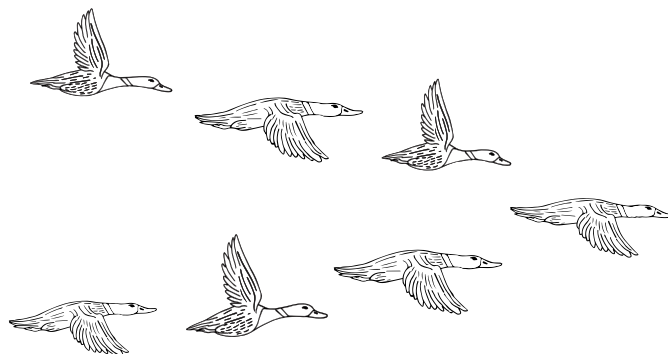
"Write it on your heart that every day is the best day in the year."

In cursive, write the Bible verse from John 14:27.

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

In cursive, write two things you are thankful for today. Use complete sentences.

Draw a sunset around the ducks.



Handwriting Practice

In cursive, write the quote by Franklin D. Roosevelt.

"To reach a port, we must set sail—
Sail, not tie at anchor.
Sail, not drift."



In cursive, write the Bible verses.

"When thou passest through the waters, I will be with thee" (Isaiah 43:2).

"For I the Lord thy God will hold thy right hand, saying unto thee, Fear not;
I will help thee" (Isaiah 41:13).

In cursive and in alphabetical order, write the names for the different types of nautical knots.



Square



Stopper



Alpine Butterfly



Bowline



Sheet