

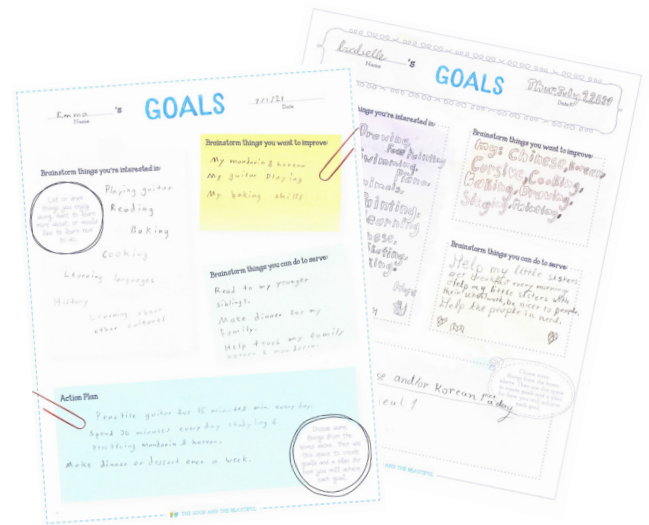
HELPFUL GOAL PLANNING TIPS

Personal Goal Planning Sheet

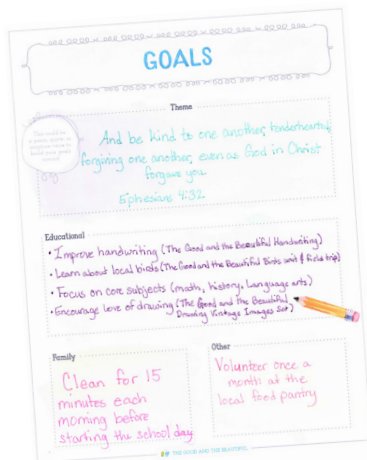
Step 1 - Each family member uses this page to brainstorm ideas. List ideas or draw pictures in each box.

Step 2 - Using the brainstormed ideas, choose one to three goals. Write or draw them in the Action Plan box.

Optional Step 3 - If desired, add a Why-How-When plan, break the goal down into steps, and plan what you will do to celebrate reaching your goal. (A Why-How-When plan includes WHY you want to achieve a goal and HOW and WHEN you plan to achieve it.)



Family Goal Planning Sheet



Step 1 - Choose a family theme (for the week, month, season, or year). Themes can be a simple word or concept, a scripture, a poem, or an inspirational thought.

Step 2 - Use the Educational section to create goals specific to your homeschool. Refer to the "Brainstorm Things You're Interested In" box from each child's personal Goals page for some great ideas and inspiration for your school year. Try to make your educational goals fit the interests and needs of your family.

Step 3 - Use the Family section to create goals specific to your family. What does your family want to learn or improve on? Possible goals include being more active, quickly cleaning the house before starting school, or memorizing a favorite scripture!

Step 4 - The Other box is a flex space. Maybe one goal doesn't quite fit the focus of the other sections, or maybe you need more room for goal planning. Use this space however you need to!

Goal Tracker Sheets

There are two different types of Goal Tracker sheets.



Step Tracker - On this page, write your goal and place a sticker, stamp, or X in each box when you complete a step toward achieving the goal.

Daily Tracker - This tracker has the days of the week listed so that progress can be marked daily. Weekends can be unpredictable, so they are left off to allow for a short break from tracking progress.

Remember to have fun and be flexible with your goals and with tracking your accomplishments. Be creative and personalize these sheets to fit your needs. And don't forget to celebrate reaching a goal!

_____'s
Name

GOALS

Date

Brainstorm things you're interested in: ...

List or draw
things you enjoy
doing, want to
learn more about, or
would like to learn
how to do.

Brainstorm things you want to improve: ...

Brainstorm things you can do to serve: ...

Action Plan

Choose some
things from the boxes
above. Then use this space
to create goals and a plan
for how you will achieve
each goal.



GOALS

Theme

This could be
a poem, quote, or
scripture verse to
build your goals
around.

Educational

Family

Other



_____ 's
Name

GOAL TRACKER

Place a sticker, stamp, or X in the corresponding box after taking a step toward completing your goal.

| Goal | Step 1 | Step 2 | Step 3 | Step 4 |
|------|--------|--------|--------|--------|
| | | | | |
| | | | | |
| | | | | |

| Goal | Step 1 | Step 2 | Step 3 | Step 4 |
|------|--------|--------|--------|--------|
| | | | | |
| | | | | |
| | | | | |

| Goal | Step 1 | Step 2 | Step 3 | Step 4 |
|------|--------|--------|--------|--------|
| | | | | |
| | | | | |
| | | | | |



_____ 's
Name

GOAL TRACKER

At the end of each day,
place a sticker, stamp, or X
in the corresponding box if
you worked toward com-
pleting your goal.

| Goal | M | Tu | W | Th | F |
|------|---|----|---|----|---|
| | | | | | |
| | | | | | |
| | | | | | |

| Goal | M | Tu | W | Th | F |
|------|---|----|---|----|---|
| | | | | | |
| | | | | | |
| | | | | | |

| Goal | M | Tu | W | Th | F |
|------|---|----|---|----|---|
| | | | | | |
| | | | | | |
| | | | | | |

| Goal | M | Tu | W | Th | F |
|------|---|----|---|----|---|
| | | | | | |
| | | | | | |
| | | | | | |



_____'s
Name

GOALS

Date

Brainstorm things you're interested in:

List or draw
things you enjoy
doing, want to learn
more about, or would
like to learn how
to do.

Brainstorm things you want to improve:

Brainstorm things you can do to serve:

Action Plan

Choose some
things from the
boxes above. Then use
this space to create
goals and a plan for
how you will achieve
each goal.



GOALS

This could
be a poem,
quote, or scripture
verse to build your
goals around.

Theme

Educational

Family

Other



_____ 's
Name

GOAL TRACKER

Place a sticker, stamp, or X in the corresponding box after taking a step toward completing your goal.

Goals

| Step 1 | Step 2 | Step 3 | Step 4 |
|--------|--------|--------|--------|
| | | | |
| | | | |
| | | | |

Goals

| Step 1 | Step 2 | Step 3 | Step 4 |
|--------|--------|--------|--------|
| | | | |
| | | | |
| | | | |

Goals

| Step 1 | Step 2 | Step 3 | Step 4 |
|--------|--------|--------|--------|
| | | | |
| | | | |
| | | | |



_____'s
Name

GOAL TRACKER

At the end of each day, place a sticker, stamp, or X in the corresponding box if you worked toward completing your goal.

Goals

M

Tu

W

Th

F

Goals

M

Tu

W

Th

F

Goals

M

Tu

W

Th

F

Goals

M

Tu

W

Th

F

