

Preschool

COURSE BOOK




The Good AND THE Beautiful
CURRICULUM

Preschool

Course Book

Written by Jenny Phillips and The Good and the Beautiful Team

A special thanks to the many educators, reading specialists, homeschool parents, and editors who gave invaluable input.



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Course & Lesson Overview

ITEMS NEEDED
• Items for Letter Activity (see page iii)

LESSON 18 Completed

Optional Activities

- Have the child point to each letter and say its sound, and then have the child point to each letter and say its name (e.g., uppercase A, lowercase A).

A B C D a b c d

- Have the child count to 6 (or higher).

Play Letter Sounds I E and Letter Sounds I F one or more times.

Have the child watch and follow along with the video Letter Sounds I Movement Activities I A to F one or more times. See page iii for information on accessing the videos.

Read to the child: Draw a line from each letter to the object that starts with that letter.

Take the "Letter F" page out of *Preschool Practice Sheets*. Have the child complete one of the following items:

- paint or color the letters
- fill the letters with play dough, mini pom-poms, pipe cleaners, cereal pieces, or dry or cooked then dried spaghetti noodles
- glue glitter or small pieces of cut-up colored paper onto the letters

Play the Mouse House Folder Activity #1.

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The Preschool course consists of 90 lessons divided into 7 units. Each lesson is 1–3 pages, is parent-directed, and provides detailed teaching for children ages 3–5. It covers colors, shapes, counting and numbers, rhyming, sequencing, recognition of the letters, and the most common sound of each letter. The course also shows children how to use correct pencil grip, covers beginning handwriting skills such as tracing straight and curved lines, and practices fine motor skills.

Optional Activities: Unit 2 introduces optional activity boxes, where you can work on just the things the child has not yet mastered. This kind of learning (focusing on what the child needs specifically) is important, so it is suggested that you do not skip over the optional activity boxes.

Lesson Text: Blue text is instructions to the parent. Black text is for the parent to read aloud to the child.

Songs and Videos: Song and video titles are underlined. Find information for accessing videos on page iii.

Letter Activity Pages: These pages can be found in *Preschool Practice Sheets*. The list of items needed for these pages is found on page iii.

Folder Activities: The course will indicate when to use the *Preschool Folder Activities*.

Extra Items Needed by Lesson

Lesson 1: Optional: 7 small items (cold cereal pieces, glass jewels, mini pom-poms)

Lesson 3: Optional: 12 seeds (any kind)

Lesson 6: Optional: 12 cotton balls

Lesson 14: A spoon

Lesson 15: A cotton swab, yellow paint; a whiteboard, dry-erase marker

Lesson 20: Paper or index cards

Lesson 23: A piece of grass (or make a piece of paper grass)

Lesson 26: A metal spoon, a glass cup

Lesson 27: 6 small items (dried beans, cereal, fruit snacks, etc.); a spoon; a whiteboard, dry-erase marker

Lesson 30: A cotton swab, white paint

Lesson 33: A fork, a book, and a key

Lesson 34: A cotton swab, white paint

Lesson 37: Optional: 19 pieces of cold cereal

Lesson 39: Lesson instructs child to pick 8 blades of grass

Lesson 40: A spoon

Lesson 46: A cotton swab, yellow paint

Lesson 47: 2 small snacks (cold cereal, raisins, fruit snacks, etc.)

Lesson 50: A cotton swab, paint

Lesson 51: 8 pennies

Lesson 54: A spoon

Lesson 55: 1 cotton ball cut in fourths

Lesson 56: A spoon

Lesson 59: A spoon

Lesson 64: A spoon

Lesson 67: Lesson instructs child to pick 10 blades of grass or paper grass

Lesson 68: 9 pennies; a spoon

Lesson 70: A spoon; 9 pennies

Lesson 73: A cotton swab, white paint

Lesson 74: 1 dime, 10 pennies

Lesson 78: 3 dimes

Lesson 79: A spoon

Lesson 83: A paintbrush, red and blue paint; lesson instructs child to find a small rock

Lesson 84: Optional: dried pasta

Lesson 86: 3 dimes

Lesson 87: A spoon

Lesson 88: A spoon; 9 pennies

Lesson 90: A craft stick or straw



OVERVIEW

UNIT 1

▶ Lessons 1 to 14 ◀

- Letters: A, B, C, D
- Avoiding Lowercase B and D Confusion
- Identifying Beginning Sounds of Words
- Colors: Green, Red, Blue, Black, Brown, Yellow
- Numbers: 1, 2, 3, 4, 5
- Pencil Grip
- Motor Skills



OVERVIEW

UNIT 2

▶ Lessons 15 to 27 ◀

- Letters: E, F, G, H
- Color: Orange
- Number: 6
- Sorting
- Review of Unit 1



Note:

If the child needs more help with Letters A to D, use the Unit 1 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 2, or use them as extra practice sheets as you complete Unit 2.



OVERVIEW

UNIT 3

▶ Lessons 28 to 43 ◀

- Letters: I, J, K, L
- Colors: Pink, Purple
- Number: 7
- Identifying Body Parts
- Review of Units 1 & 2

Note:

If the child needs more help with Letters E to H, use the Unit 2 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 3, or use them as extra practice sheets as you complete Unit 3.



OVERVIEW

UNIT 4

▶ Lessons 44 to 56 ◀

- Letters: M, N, O, P
- Number: 8
- Money: Pennies
- Identifying Sounds of Three Letter Words
- Identifying Missing Letters in the Alphabet
- Review of Units 1 through 3

Note:

If the child needs more help with Letters I to L, use the Unit 3 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 4, or use them as extra practice sheets as you complete Unit 4.



OVERVIEW

UNIT 5

▶ Lessons 57 to 72 ◀

- Letters: Q, R, S, T
- Identifying Ending Sounds of Words
- Colors: White, Gray
- Number: 9
- Rhyming Words
- Review of Units 1 through 4

Note:

If the child needs more help with Letters M to P, use the Unit 4 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 5, or use them as extra practice sheets as you complete Unit 5.



OVERVIEW

UNIT 6

▶ Lessons 73 to 80 ◀

- Letters: U, V, W
- Numbers to 10
- Shapes: Circle, Oval, Triangle
- Money: Dimes
- Lowercase Q With and Without a Tail
- Review of Units 1 through 5

Note:

If the child needs more help with Letters Q to T, use the Unit 5 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 6, or use them as extra practice sheets as you complete Unit 6.



OVERVIEW

UNIT 7

▶ Lessons 81 to 90 ◀

- Letters: X, Y, Z
- Shape: Square
- Shades of Colors
- Review of Units 1 through 6



Note:

If the child needs more help with Letters U to W, use the Unit 6 Practice Sheets in *Preschool Practice Sheets* before moving on to Unit 7, or use them as extra practice sheets as you complete Unit 7.