WONDERS OF ENERGY

3-8 Science Unit Study

THE GOOD AND THE BEAUTIFUL

Wonders of Energy

CREATED BY THE GOOD AND THE BEAUTIFUL TEAM

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Unit Information

Science Journal



All The Good and the Beautiful science units include activities in a student journal. Each student should have his or her own student journal, and the parent or teacher will direct

the student regarding when to complete the activities as directed in the lessons. Student journals can be purchased by going to **goodandbeautiful.com/science** and clicking on the *Wonders of Energy* unit link.

Science Wall



All The Good and the Beautiful science units include vocabulary words to be placed on your science wall, which is a wall or trifold presentation board in your learning area on

which you can attach the vocabulary words and other images. *Cut out the vocabulary word cards at the beginning of the unit.* The course will indicate when to place them on the wall.

Lesson Preparation

All The Good and the Beautiful science units include easy-to-follow lesson preparation directions at the beginning of each lesson.

Activities and Experiments



Many of The Good and the Beautiful science lessons involve hands-on activities and experiments. An adult should always closely supervise children as they participate in the activities and experiments to ensure they are following all necessary safety procedures.

Experiment Videos



Go to goodandbeautiful.com /sciencevideos and click on the Wonders of Energy link or use the Good and Beautiful Homeschool app to see videos of

experiments used in this unit. This is a convenient way to watch experiments that may be more complicated. Children often learn best through hands-on experience; therefore, this unit includes a supply list and instructions for all experiments, and you may choose to do as many as you wish.

Unit Videos



Some lessons include videos that were created by The Good and the Beautiful. Have a device available that is capable of playing the videos from **goodandbeautiful**

.com/sciencevideos or on the Good and Beautiful Homeschool app.

Content for Older Children



Some lessons include extra content that is more applicable for older children (grades 7–8). Parents or teachers may choose to skip this content if instructing only younger children.

Content for Younger Children



Some lessons include extra content that is more applicable for younger children (grades 3–6). Parents or teachers may choose to skip this content if instructing only older children.

Versions

New discoveries are being made on an ongoing basis. This course is reviewed and revised periodically to keep information as up to date as possible. This version is the second edition of this unit.



Read-Aloud Book Pack

The books below are optional read-aloud books that complement this unit. These books can be purchased as a book pack by going to **goodandbeautiful.com/science** and clicking on the *Wonders of Energy* science unit product page.



The Spark By Shannen Yauger



The Amazing Mind of Granville Woods By Maggie Felsch



CORRELATED BOOKS

The Good and the Beautiful Library has several books that correlate well with the *Wonders of Energy* unit. It can be a wonderful experience for children to read books on their levels related to the subjects they are learning in science. The library includes both fiction and nonfiction books organized according to reading level. Find the correlated books by going to **goodandbeautiful.com/science** and clicking on the *Wonders of Energy* unit.





How the Extensions Work

Each lesson has an optional lesson extension for children in grades 7–8. Complete the lesson with all the children, and then have the older children complete the self-directed lesson extension. These extensions are located in the *Grades 7–8 Wonders of Energy Student Journal*.

Answer Key

The answer key for the lesson extensions can be found on the Good and Beautiful Homeschool app in the science section. Visit **goodandbeautiful.com/apps** for information on accessing the app. The app can be accessed from a computer, phone, or tablet.

Flexibility

The amount of time it will take to complete each lesson extension will vary for each child. The average time is about 10–15 minutes per extension. Parents/teachers and children may choose to omit parts of the lesson extensions if desired. Encourage the children to stretch their capabilities, but also reduce work if needed.

Taking Notes

Some of the grades 7–8 lesson extensions have the children summarize the material read. Teach the children to look for key information, summarizing the most important points. Students can also add drawings and notes with their thoughts and the facts that are most interesting to them.

Optional Grades 7–8 Reading Book

We recommend *The Energy Questions & Answers Book* as extra reading for students in grades 7–8. This book can be purchased by going to **goodandbeautiful.com** /science and clicking on the *Wonders of Energy* unit link.



The Energy Questions & Answers Book By Anthony Klemm



Diffraction - the bending of light waves around obtacles that causes interferences occurs with any waves - sound, electromagnetic, or water. <u>Examples</u>: Sound waves - when someone talks in another room and you can hear them. light waves - can be difficited and separated into multiple coors.











Supplies Needed

This section is divided into supplies needed for **activities** and supplies needed for **experiments**. If you would prefer to watch the experiments instead of perform them, you can watch all the experiments at **goodandbeautiful.com/sciencevideos** or on the Good and Beautiful Homeschool app. The activities, however, are not filmed.

Lesson 1

- Apple
- Knife
- Stopwatch or phone with a timer app

Lesson 2

• Bean bag, crumpled paper, or something else small to throw

Lesson 3

Calculator (optional, for grades 7–8)

Lesson 4

- A small/medium bouncing ball for each child
- 2 rubber bands for each child
- Magnet
- Refrigerator or other magnetic surface
- A small snack (cracker, string cheese, apple)

Lesson 5

• 1 balloon for each child

Lesson 6

- Supplies to make a cup of hot chocolate for each child on the stove
- Ice cube for each child
- Pot filled with water
- Metal spoon for each child
- 3 clear jars
- Hot water
- Cold water
- Red and blue dye

Lesson 7

- Handheld or bathroom mirror
- Flashlight
- CD or DVD
- Clear glass cup
- Pencil or straw

Lesson 8

- Slinky[®]
- Small bowl
- Plastic wrap
- Dry rice
- Metal cookie sheet or pan
- Spoon

Lesson 9

- Plate
- Many small pieces of paper
- Blown-up balloon
- 6-sided die
- Small game piece
- Candles (optional)
- Calculator (optional, for grades 7–8)

Lesson 10

- Battery
- Uncoated copper wire (4 pieces, 6–12 inches each)
- 2 E10 flashlight bulbs
- 2 E10 bulb holders
- Phillips screwdriver
- Electrical tape
- 2 AA batteries

Lesson 11

- Quarter or similar coin
- Compass
- Magnets
- Hair dryer

- 24-in piece of uncoated copper wire
- 2-in nail
- Electrical tape
- D battery
- Paper clips or safety pins

Extension Supplies:

- 2 bar magnets
- Iron filings
- Sheet of card stock
- Tape
- Tray

Lesson 12

A straw for each child

Lesson 13

2 flashlights

Lesson 14

Solar Oven:

- Small box with attached lid
- Aluminum foil
- Plastic wrap
- 2 sticks, rulers, or pencils
- Crackers
- Pizza sauce
- Cheese
- Pepperoni
- Transparent tape

OR

Pinwheel (for each child):

- 1 square piece of paper
- Pushpin
- Straw
- Ruler
- Pencil or pen
- Scissors

WONDERS OF ENERGY LESSON 1

Energy Is Everywhere



Help the children understand what energy is and help them recognize examples of energy in the world around them.



Preparation:

Cut out the "Finding Energy" cards.

Activity Supplies:

- Apple
- Knife
- Stopwatch or phone with a timer app

Energy Is Everywhere

Read to the children: Imagine a thunderstorm with intense flashes of lightning and crashes of thunder that echo across the sky. Lightning and thunder are both impressive forms of energy, but energy isn't always big and showy like a thunderstorm. It is not even something tangible that we can pick up and hold. *Energy* is the ability to do work or to make something change, move, or grow. Energy is all around us and powers everything we do, from walking to a park to cooking dinner on a stove.

Science Wall

Place the vocabulary card ENERGY on your science wall. Read and discuss the word and its definition.



Let's Use Energy Activity

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Read the following activities in the blue box and complete them with the children.

This activity may be adapted for older children by having them carry a chair or similarly sized piece of furniture across a room instead of running in place.

> Let's run in place quickly. Now jump up and down. Clap your hands. Blow air on your fingertips. Lift a pinky finger. Blink once.

Read to the children: Think about all that work you just completed. <u>Did you need energy to do the work</u> <u>of running? Jumping? What about when you blinked</u> <u>your eyes?</u> Big things use energy, but small things do too. Look at your hands and imagine all the energy just waiting inside, ready to do some kind of work. God gave us energy, and we have the power to choose what work we will do with it. We can use our energy poorly, wasting it, or we can choose to use our energy for good. What is one good way you could use the energy inside

<u>of you?</u>

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Apple Energy Activity



Place an apple on the table. Read to the children: Let's think of other places where energy is found. Energy is in a lightning bolt, but it is also in the sun, the air, the plants, our

food, and our bodies when we run, jump, sing, and play. Energy moves all around us, constantly passing from one thing to the next. Let's look at this apple. You might be thinking, "That apple isn't doing anything. It's just sitting on the table. There isn't any energy there." **Hold up the apple.** Is it doing anything? Do you think it has any energy? **Slice the apple and give each child a slice.** Do you see any energy now? What do you think will happen if you eat your apple slice? Energy isn't always visible. When we eat, a type of energy that is stored in food like apples is released into our bodies. **Have the children eat the pieces of apple if desired.** Where did the apple get its energy? Let's watch a video to learn more.



Energy and the Sun Video

Watch the "Energy and the Sun" video at goodandbeautiful.com/sciencevideos or from the Good and Beautiful Homeschool app.

Read to the children: <u>What is something new that</u> <u>you learned about our sun?</u> [life without the sun is impossible; the sun heats the earth because of nuclear fusion] <u>How does the sun affect energy around us every</u> <u>day?</u> [The energy from the sun creates the food chain that gives us our food, such as the apple we just ate.]



Energy Hunt in Art



Have the children turn to the "Energy Hunt in Art" page in Lesson 1 of their student journals to observe and study the painting titled "Windmill," modeled after art by John Constable.



Read to the children: Find at least five examples of work, movement, or changes in the painting. Remember, these examples may not appear to be actively using or creating energy, so also look for things that can do work, change, or move. [wind moving the windmill, horses pulling the plow, people walking, birds flying, trees growing] There are many examples in this painting because almost anything can be pushed, pulled, moved, burned, eaten, or used in some way. **Have the children write or draw their answers in their student journals. An answer key is available at the end of this lesson.**

Finding Energy Activity for Younger Children



Take out the "Finding Energy" cards. Place the "Yes" and "No" cards at opposite sides of a room. Have the children stand between the "Yes" and "No" cards. The children will

then draw a card, one at a time, and show it to everyone. Have them decide whether or not the image has energy. Have them run to the correct side of the room for each card. Once the children have identified the correct side of the room, have them return to the starting place, between the "Yes" and "No" cards. If the children are having difficulty identifying the correct location for the image cards, here are a few hints:

- Salad: What happens when you eat it?
- Running children: Are they moving?
- Light bulb: Tiny electrons move inside the light bulb to make it light up.
- Hand mixer: Is the mixer moving?
- Lightning bolt: How does the lightning bolt move?
- Kitten: Can the kitten jump and climb?
- Fire: Can the fire make heat to keep you warm?
- Truck: Can the truck move?
- **Bowling ball and pins:** Are the bowling ball and pins moving?
- **Teapot:** Is the steam coming from the teapot moving?

Read to the children: <u>Did you notice a pattern in the</u> <u>answers?</u> That's right! All of them were "yes." That is because energy is all around us! I hope that you will keep looking for God's gift of energy every day and tell me where you are seeing it.

Finding Energy Activity for Older Children



Instruct the older children that they have one minute to search throughout their home for eight things that have energy. Meet back together and discuss the things

they have found. Some examples include a moving fan, a pet, food, a light, a computer, or a phone that is turned on.

Lesson 1 Extension



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Have children grades 7–8 complete the self-directed Lesson 1 extension titled "Earth's Energy-Producing Star" in their student journals.



• Finding Energy •

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Finding Energy



Types of Energy



Help the children gain an understanding of 10 types of energy: chemical, electrical, elastic, gravitational, thermal, light, magnetic, mechanical, nuclear, and sound.



Preparation:

Cut out the "Energy Detective Cutouts" in Lesson 3 of each child's student journal.

Activity Supplies:

Calculator (optional, for grades 7–8)

Ten Types of Energy

Read to the children: You have learned that energy is the ability to do work, and you know that the ways we have used energy have changed throughout history. <u>But did you know there are different types of energy?</u> Today we are going to learn about 10 different types of energy: chemical, electrical, elastic, gravitational, thermal, light, magnetic, mechanical, nuclear, and



sound energy. Those are a lot of different kinds of energy! It might be hard to remember them all, but all 10 types of energy can be sorted into two simple categories. Each of them can be labeled as either *kinetic energy* or *potential energy*. *Kinetic energy* is energy that is moving. *Potential energy* is energy that is present but hasn't done any work yet. Think back to that apple you ate in Lesson 1. The apple wasn't doing any work—it was just there—but it had potential energy stored inside. Once we ate the apple, we unlocked its potential energy and used it to move our bodies. Moving your body is kinetic energy because you are actually in motion.

Science Wall

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Place the vocabulary cards KINETIC ENERGY and POTENTIAL ENERGY on your science wall. Read and discuss the words and definitions.





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ENERGY DETECTIVE



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Key

WONDERS OF ENERGY LESSON 7

Light Energy



Help children understand that light energy allows us to see. Light energy can be reflected, refracted, and absorbed and can be divided into individual colors.



Preparation:

None

Activity Supplies:

- Handheld or bathroom mirror
- Flashlight
- CD or DVD

- Clear glass cup
- Pencil or straw

Light Is Energy



Read the poem below to the children.

Prismatic Light

By Chantelle Ivie

Glinting raindrops falling fast, Scattered light still shining past. Brilliant colors seem to fly, Rainbow stripes into the sky. Energy for all to see Calling out to you and me.

Read to the children: Where do you notice references to light in this poem? [glinting raindrops, scattered light, shining past, brilliant colors, rainbow stripes] Do you notice any energy mentioned in this poem? Light is actually a type of energy! Light is made up of photons, which are basically little bundles of pure energy. These small bundles of energy travel in waves to reach our eyes. They move incredibly fast. In fact, light is the fastest-moving thing in the universe! The speed of light is approximately 299,792 km (186,282 mi) per second. If you could travel that quickly, you would be able to zoom around Earth's equator 37.5 times in just 10 seconds! Light is essential to our existence. In fact, it's so important that it was the very first thing God made during the creation (Genesis 1:3). Let's learn more about God's beautiful creation of light.

Reflection Activity



Read to the children: Light travels in straight lines made up of waves. We will learn about three basic ways light behaves. You're probably familiar with all three without

realizing it. Have the children look into a handheld mirror or bathroom mirror. What do you see? That's right—yourself! More accurately, you are seeing a

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LESSON 7

reflection of yourself. Reflection is how light behaves when light waves bounce off a surface; in this case, the mirror is reflecting the light. Reflected light is actually what allows us to see our surroundings. A source, such as the sun or a lamp, provides light. That light bounces off an object and into our eyes, and our brains transform that into an image of the object.

Refraction Activity



Read to the children: Another behavior of light is refraction.

Refraction takes place when light waves bend. They continue moving forward but in a different direction. Refraction occurs because light moves at slightly different speeds through different materials. The light waves bend because they are changing speed when coming in contact with a new material. Let's try another

activity to see a common example of refraction.

Fill a glass at least halfway with water. Place a straw or pencil in the glass. What do you notice about the

straw or pencil? **Point out how it looks broken.** Is the straw or pencil actually broken? No, the refraction of the light simply makes it appear that way! Light travels at a different speed through air than through the water. This causes the object to look broken where the light changes speed.

Diffraction Activity



Read to the children: Finally, let's discuss diffraction. *Diffraction* happens when light waves hit obstacles that force the waves to overlap and interfere with each other. Let's

see it in action. Pull out the CD or DVD and flashlight. Turn off the lights. Shine the light against the CD or DVD at an angle so that the light is bounced back onto a wall or paper. What do you see? The colors in the rainbow reflect in strange patterns because the light waves are being diffracted. Let the children take turns reflecting the light off the CD or DVD. What seems like white light from the flashlight is broken into all the separate wavelengths that make up the colors of the rainbow. The colors come from the visible light spectrum. Look at the diagram below. The visible light spectrum is just a small part of the larger electromagnetic spectrum that includes waves of many different types. These waves radiate energy outward. The spectrum includes light waves and also waves that can make music play on the radio, microwave your

ELECTROMAGNETIC SPECTRUM TV Remote X-ray Machine AM FM тν Radar Light Bulb Sun Radioactive Radio War 1000 nm 1 cm 0.01 cm 10 nm 0.01 nm 0.0001 nm 100 m 1 m VISIBLE LIGHT SPECTRUM **Building Size** Atom Size

food, and x-ray your broken bones. All the colors of visible light are just a small part of the spectrum.

Science Wall



Place the vocabulary card VISIBLE LIGHT SPECTRUM on your science wall. Read and discuss the words and definition.



Seeing Colors

Read to the children: <u>Did you know that seeing colors</u> <u>is dependent on both the reflection and absorption</u> <u>of light? We know about reflection, but what is</u> <u>absorption?</u> The *absorption* of light occurs when some of the light waves get taken in or soaked up by the object with which they have come into contact. Look at the images below. When we see white, it is because all colors are being reflected equally. When you see a red shirt, it seems red because when white light hits



A red object reflects red and absorbs other colors of white light.



A white object reflects all colors of white light equally.



An object is seen as black if it absorbs all colors of white light. the shirt, all other colors of light are absorbed except for red, which bounces back to your eyes. When we see black, it is because all colors have been absorbed. Absorption helps determine all the colors that we see.

Light Student Journal



Have the children complete the "How Light Moves" page in Lesson 7 of their student journals. An answer key is available at the end of this lesson.

Light Energy Video



Watch the "Light Energy" video at goodandbeautiful.com/sciencevideos or from the Good and Beautiful Homeschool app.

Lesson 7 Extension



Have children grades 7–8 complete the self-directed Lesson 7 extension titled "Diffraction: The Motion of Interrupted Waves" in their student journals.



POWER LINE GAME QUESTIONS

Generation Station	The generation station is where electricity is <u>duedcorp</u> . Generation stations can use coal, the sun, wind, natural gas, and many other sources to create electricity.
Transformer Electric transfor	tity traveling long distances can lose energy, but going through the rmer increases the voltage (electrical push) to prevent <u>yenreg sols</u> .
High-Voltage Transmis	Electricity traveling long <u>sdinsatce</u> does so on special lines meant for high-voltage electricity.
As the electron Substation The substation spreading	ctricity approaches its destination, it arrives at a substation. Ition lowers the <mark>olvtgae</mark> , decreasing the electrical push as well as the electricity to the next set of power lines.
Distribution Lines	These power lines take energy to neighborhoods. You might see the lines up in neighborhoods, or they might be <mark>ndourrgednu</mark> .
Neighborhood Transf	Ormer Neighborhood transformers lower the voltage of the <u>celirytciet</u> so that it can be used by houses. Once the electricity arrives at a <u>uoseh</u> , it passes through a
Meter & Service Par	Mel meter to calculate how much electricity is being used before it enters into the service panel. The service panel sends the electricity to the right wires within the house.
	The electrical wires hidden in the walls of the house carry the electricity to the outlets and switches. The voltage of the
Outlets & Switches	electricity at this stage is still very greednaus to touch, but it
	to power the electronic appliances.

	WORD BANK	
voltage dangerous house	produced underground electricity	distances energy loss



POWER LINE GAME



WONDERS OF ENERGY LESSON 12

Renewable and Nonrenewable Energy



Help the children identify the difference between renewable and nonrenewable energy, identify the nine categories of energy resources, and learn about common sources of renewable energy.



Preparation:

Cut out the "Renewable and Nonrenewable Energy Cards."

Activity Supplies:

A straw for each child

Renewable Energy in Art

Have the children turn to the painting titled "Landscape with Waterwheel and Boy Fishing" by George Caleb Bingham in Lesson 12 of their student journals to observe and describe what they see.



Read to the children: Imagine you are fishing, just like the boy in the painting. What are you sitting next to? [a waterwheel] Waterwheels like this one harness a *renewable energy* resource: flowing water. Renewable energy resources are reusable and sustainable because they never run out, they originate from the earth, and they do not emit harmful by-products into the earth's environment. Nonrenewable energy resources are also sourced from the earth, but they can and do run out. Most of them were created by plants and animals a very long time ago. They are not sustainable because they may take many years to replace or not be available at all once we use them. Nonrenewable resources also often emit harmful by-products into the environment when we use them. Let's play a game to figure out more about renewable and nonrenewable resources.

Renewable and Nonrenewable Game



Place the "Nonrenewable" and "Renewable" labels at opposite ends of a table. Place the cards in a stack with the pictures facing up.

Read to the children: We are going to draw cards and decide if the resource described is renewable and can be used again or nonrenewable and will eventually



Energy and Design

Help the children design something that uses energy to accomplish a specific task.



Preparation:

None

Solar Oven Supplies:

- Small box with attached lid
- Aluminum foil
- Plastic wrap
- 2 sticks, rulers, or pencils
- Crackers
- Pizza sauce
- Cheese
- Pepperoni
- Transparent tape

Pinwheel Supplies (for each child):

WONDERS OF ENERGY LESSON 14

- 1 square piece of paper
- Pushpin
- Straw
- Ruler
- Pencil or pen
- Scissors

Energy Project

Read to the children: Now that we have learned so much about energy, we can put our knowledge to use. Today we get to design something that uses energy! Help the children complete the project you selected using the directions below.

Solar Oven

Read to the children: Solar ovens are a great way to use the energy from the sun to cook food. Although they do not cook as hot or hold the same temperature as a home oven,

solar ovens can be used to sustainably boil water and cook food. Let's get started on making one of our own.

Gather the necessary supplies listed above. Note that this project will work better on a warm, sunny day. Read the steps below and help the children construct the solar oven.

- 1. Line the entire inside of the box and lid securely with aluminum foil.
- 2. Tape to seal off any openings in the foil.
- 3. Place crackers, topped with pizza sauce, cheese, and a piece of pepperoni, inside the box.
- 4. Leave the lid open and cover the snack by taping plastic wrap over the opening to seal in the air.



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6. Carefully open and close the lid until you find the correct angle to have the sunlight reflected on the food. Prop it open at the desired angle with rulers, sticks, or pencils.



- Wait about an hour to check and see if your cheese has melted. If it hasn't, don't give up. Wait another hour and check again.
- 8. Remove your delicious snack and eat it!

Read to the children: What type of energy did we use to cook our snack? [We used solar energy.] <u>Is solar</u> energy renewable and why? [It is renewable because

we can use it again and again.] What can we learn about energy from our solar oven? [Answers can vary but may include that the sun is a powerful source of energy. Light reflection and absorption impact how well heat is captured and retained.]



Pinwheel

LESSON 14

Read to the children: A pinwheel is a toy, but it works on the same principle as a windmill, which has been used for many generations to provide power for jobs like grinding grain or

pumping water. The kinetic energy of wind can power pinwheels and so much more. Let's make a pinwheel of our own.

Gather the necessary supplies listed at the beginning of the lesson. This project can be successful during all seasons. If it is not a windy day, the children can still make their pinwheels work by blowing on them.

- 1. Use a ruler to find and mark the center of your piece of paper with a dot.
- 2. Next, use your ruler to draw a line from each corner halfway to the center dot.



3. Use scissors to cut along the diagonal lines you just drew on your paper.



 Fold every other point to the center dot and secure the four points with the pushpin. Do not crease. This step may be tricky for younger children, so they may need help holding all the points together and securing them.



 Pick up the pinwheel and make sure the pushpin goes through all the layers of paper. Then push the pushpin into one side of the straw. It may be best for an adult to do this step.



- 6. Decorate your pinwheel, if desired.
- 7. Take your pinwheel outside to catch the breeze or blow on it to make it spin!

Read to the children: <u>What type of energy does our</u> <u>pinwheel use?</u> [wind energy] <u>Is wind energy renewable</u>



and why? [Yes, it is renewable because we can use the wind again and again. It never runs out permanently.] What can we learn about energy from our pinwheel? [Answers can vary but may include that wind can create energy. Wind energy is variable and dependent on weather conditions.]

Lesson 14 Extension



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Have children grades 7–8 complete the self-directed Lesson 14 extension titled "Conserving Energy: How Can I Help?" in their student journals.

