

MATURATION AND SEXUAL REPRODUCTION



THE GOOD AND THE BEAUTIFUL

Maturation and Sexual Reproduction

CREATED BY THE GOOD AND THE BEAUTIFUL TEAM

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**Note: This lesson covers sexual intercourse, abstinence before marriage, the difference between love and lust, avoiding petting and masturbation, and respecting the bodies of others. This lesson also contains a Q&A portion for guidance on answering questions.*



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Unit Information

Student Journal



All The Good and the Beautiful science units include activities in a student journal. Each student should have his or her own student journal, and the parent or teacher will direct the student regarding when to complete the activities in the lessons. The journal can be purchased by going to goodandbeautiful.com/science and clicking on the *Maturation and Sexual Reproduction* unit link. This unit is different from other units because it has only a single student journal for children grades 3–8.

Lesson Preparation



All science units include easy-to-follow lesson preparation directions at the beginning of each lesson.

Science Wall



All science units include vocabulary words to be placed on your science wall, which is a wall or trifold presentation board in your learning area on which you can attach the vocabulary words and other images. Cut out the vocabulary word cards at the beginning of the unit. The course will indicate when to place them on the wall.

Activities



This unit contains hands-on activities but does not include experiments or videos.





Frequently Asked Questions

What worldview and moral stance does this unit take?

This unit takes a nondenominational Christian worldview that the purpose of sex education is to train children to live virtuous, chaste lives, and that sex is designed by God to be between a husband and wife.

Bible references are from the King James Version of the Bible. In the lessons, Bible references are in purple text. Consider opening the family Bible or a personal copy of the Bible to read these scriptures with the children.

Should I do the instruction one-on-one or as a family?

This unit is designed to be a gentle approach to teaching maturation and sexual reproduction in the home. As parents, prayerfully decide whether it would be best to teach one-on-one with each child or as a family. Families with children close in age may choose family instruction. Even if you choose family instruction, ongoing private instruction and openness are important.

At what age should children do this unit, and should I teach all the lessons to every age?

A gradual and gentle sex education can be achieved by observing each child's questions and curiosity. Study each child; watch how he or she reacts; listen to the guidance of the Holy Spirit in determining what, when, and how much to share with each child. Create ongoing dialogue and opportunities for children to ask questions whenever they have them.

Younger children may not be ready to learn everything in this unit. **We strongly suggest that you, as parents, read through this entire unit and the student journal ahead of time.** Use a highlighter and a pen to take notes and mark certain passages that you want to emphasize, or even cross off or remove parts from the unit and/or student journal that you disagree with or that make you feel uncomfortable. Throughout the unit, discussion questions are underlined. As you preread the unit, write down notes and questions that you would like to discuss with your child/children. Think of personal experiences you wish to share and make notes. Pray for guidance to know how best to teach this unit with each child. Plan which lessons you will teach each child now and which lessons you will wait to teach until the child is older.

Should I repeat this unit?

Just as children cannot be expected to learn math facts, spelling, or important historical dates the first time they hear it, sex education must be repeated for the child to grasp the concepts. Knowledge, morals, and habits are acquired through time and consistency. A healthy sex education requires parents who listen, love, observe, and provide good examples. It is suggested that you repeat this unit as often as you feel it is needed.

Note that this unit, unlike most of our science and health units, does not have a suggested read-aloud list.



SUPPLIES NEEDED



You will need the following supplies for activities. There are no experiments in this unit.

Lesson 1

- A baby picture of each child

Lesson 2

- None

Lesson 3

Optional Activity—Feminine Hygiene Products

- Disposable or reusable pads
- Tampons
- Period panties
- Menstrual cups or other menstruation products

Lesson 4

- None

Lesson 5

- Scissors for each child
- Glue for each child

Lesson 6

- Glue

Lesson 7

- None

Lesson 8

Optional Activity—Hygiene Kit

- Soap/face wash
- Washcloth or sponge
- Shampoo/conditioner
- Toothbrush/toothpaste
- Deodorant
- Brush/comb
- Pads/tampons
- Razor/shaving cream
- Fingernail clippers
- Container

