



# CREATIVE ARTS & CRAFTS

NOTEBOOK

GRADES

K-5



The Good AND THE Beautiful

# Table of Contents

Sunflower Watercolor .....	7
Leaf Shape Watercolor .....	10
Pumpkin Treat Bag.....	13
Changing Trees .....	16
Six Chicks .....	20
Yarn Pumpkins .....	23
Bird Feeder Ornaments .....	26
Nature Crowns.....	29
Kaleidoscope Rocks .....	32
Colorful Grid Landscape .....	34
Simple Chick Watercolor.....	38
Galaxy Watercolor .....	40
Beaded Corn on the Cob .....	43
Craft Stick Bracelet .....	45
Lined Landscaping .....	47
Moon Forest .....	49
Homemade Sidewalk Chalk .....	52
Thumbprint Art.....	55
Heart Paper Plate .....	57
Peacock Prints .....	60
Leaf Print Pendant .....	63
Dot Art Greeting Cards .....	66
Japanese Cherry Tree .....	68
Dandelion Art .....	71
Paper Flowers .....	74
Hot Air Balloons.....	78
Cork Sailboats.....	81

# Master Supply List

These quantities are per child.

## Paint

- **Watercolor paint**—for 7 projects (set of 16 colors)
- **Acrylic paint**—for 3 projects, including white, black, brown, teals, blues, and greens
- **Craft paint**—black and white
- **Tempera paint**—black and white
- **Tempera paint**—a few colors for making sidewalk chalk (or food coloring)
- **Nail polish**—at least 3–4 colors
- **Washable Paint**—yellow, dark green, and light green

## Paper

- Card stock (8.5"x11")—11 sheets of white and 1 sheet each of yellow and blue
- Watercolor paper—5 sheets of white
- Parchment paper for 3 projects
- Colored construction paper
- Newspaper or scrap paper
- Craft foam sheet
- Two brown paper lunch bags
- Pink tissue paper, cut into small squares
- Paper towels for 6 projects
- 3 paper plates (extra paper plates for paint palettes, if desired)

## Paintbrushes

- 1 small pointed
- 1 medium flat
- 1 small round
- 1 large flat
- 1 narrow/thin

## Glue

- White glue, hot glue, or glue dots (Elmer's Glue-All™ and Fabri-Tac™ optional)
- 1 glue stick

## Felt

- 1 - 8.5"x11" piece of orange
- 1 - 3"x8" piece of light green

## Yarn, Twine, String

- Misc. yarn including—green (two 30" lengths), orange, yellow, and white
- Twine or string, 9" per ornament made (see pg 26)
- Ribbons and/or twine
- 18"–20" of string or cord
- 1 yarn needle

## Writing Utensils

- Colored pencils, including brown or black
- Brown and black markers
- Colorful fine-tipped markers
- Green and brown oil or chalk pastels, or crayons
- Pencil, pen, and eraser

## Tape

- Duct tape
- Double-sided tape
- A small piece of colored or decorative tape

## Craft Items

- Pipe cleaners—at least 12" long, including green, brown, and tan (4)
- A variety of craft items for decorating trees (see page 16)
- A large handful of red, orange, yellow, white, and brown pony beads
- Sequins, rhinestones, or pom poms
- 3–4 straight corks
- A 2" piece of straw for each bird feeder ornament and 1 straw for the leaf pendant project
- Cotton swabs
- Skewers (at least 4"–6") or toothpicks
- Jumbo craft sticks

## Miscellaneous Items

- Hole punch
- Scissors
- Balloons (any size)
- Small bowls (including glass and disposable)
- Saucepan
- Disposable spoons
- Spatula
- Jar lids with optional jars
- Metal cookie cutters, including circle
- A rolling pin (optional)
- A flexible measuring tape
- Latex gloves
- Nail polish remover
- Hair elastics or rubber bands (one for each bracelet to be made; 2 recommended per child)
- 2 wide rubber bands
- 1 cup Plaster of Paris
- 1" ball of air-dry clay
- Mod Podge™ (optional for decorating method)
- 1 ¼ tsp unflavored gelatin (1 pack)
- 1 ½ Tbsp corn syrup
- 2 cups bird seed
- ⅓ cup flour
- Cooking spray, butter, or shortening
- Nail or screw
- A medium sized bowl
- Smooth rocks (1–3 per child)
- A deep glass bowl
- Nature items (see pages 29 and 63)



# Supply List by Lesson

## Sunflower Watercolor

- Watercolor paint (set of 16 colors)
- A piece of white card stock paper (8.5"x11")
- A paintbrush set
- A cup of water
- Paper towels

## Leaf Shape Watercolor

- Watercolor paint (set of 16 colors)
- White card stock, 2 pieces
- A paintbrush set
- A cup of water
- Paper towels

## Pumpkin Treat Bag

- 8.5"x11" piece of orange felt
- 3"x8" piece of light green felt
- Green yarn, two 30" lengths
- Hole punch
- White glue or hot glue gun
- Scissors

## Changing Trees

- Two pieces of 8.5"x11" card stock
- Scissors
- Glue or glue dots
- Markers or colored pencils
- A variety of craft items for decorating trees

## Six Chicks

- Watercolor paint (set of 16 colors)
- A piece of white watercolor paper
- A pointed paintbrush
- A cup of water
- Paper towels
- A black marker

## Yarn Pumpkins

- Orange, yellow, or white yarn
- Balloons (any size)
- Green and brown pipe cleaners
- Scissors
- Small bowls
- White glue (use Elmer's Glue-All™ for stiffer pumpkins)

## Bird Feeder Ornaments

- 1 ¼ tsp unflavored gelatin (1 pack)
- 1 ½ Tbsp corn syrup
- 2 cup bird seed
- ⅓ cup flour
- ¼ cup water
- Cooking spray, butter, or shortening
- Metal cookie cutters
- Parchment paper
- Twine or string, 9" for each ornament
- A 2" piece of straw for each bird feeder ornament
- A saucepan and a medium sized bowl
- A spatula

## Nature Crowns

- Duct tape
- A measuring tape
- Ribbons and/or twine
- An assortment of sticks, twigs, flower stems, and other items that you've collected from outside
- Glue (Fabri-Tac™) or double-sided tape

### **Kaleidoscope Rocks**

- White craft paint
- A paintbrush
- Smooth rocks
- Scrap paper
- A variety of nail polish colors
- Skewers or toothpicks
- A deep glass bowl with cold water
- Latex gloves
- Nail polish remover

### **Colorful Grid Landscape**

- A pencil and an eraser
- A piece of white watercolor paper
- Watercolor paint (set of 16 colors)
- Black craft paint
- 1 medium flat paint brush
- 1 small pointed round paint brush
- A cup of water
- Paper towels
- A paper plate or palette

### **Simple Chick Watercolor**

- Watercolor paint (set of 16 colors)
- A pencil
- A piece of white watercolor paper
- A pointed paintbrush
- A small round paintbrush
- A cup of water
- Paper towels

### **Galaxy Watercolor**

- Watercolor paint (set of 16 colors)
- A piece of white watercolor paper
- A pointed paintbrush
- A large flat paintbrush
- White acrylic paint
- A cup of water
- Paper towels

### **Beaded Corn on the Cob**

- 4 tan pipe cleaners (12" long)
- A large handful of red, orange, yellow, white, and brown pony beads

### **Craft Stick Bracelet**

- Jumbo craft sticks
- Hair elastics or rubber bands
- Jar lids with optional jars
- A decorating method (see page 45)

### **Lined Landscaping**

- Colorful fine-tipped markers
- A piece of white card stock or paper

### **Moon Forest**

- Small amounts of black and white tempera paint
- A medium paintbrush
- One cotton swab
- Scissors
- One sheet each of yellow, white, and blue card stock or construction paper
- Glue
- A pencil
- A small bowl

### **Homemade Sidewalk Chalk**

- 1 cup Plaster of Paris
- $\frac{3}{4}$  cup water
- A few colors of paint (tempera, poster paint, or food coloring)
- Bowls or cups and spoons for mixing (disposable is best)
- 2 pieces of card stock or chipboard for each piece of chalk
- Scissors
- Duct tape or packing tape
- Wax paper or parchment paper

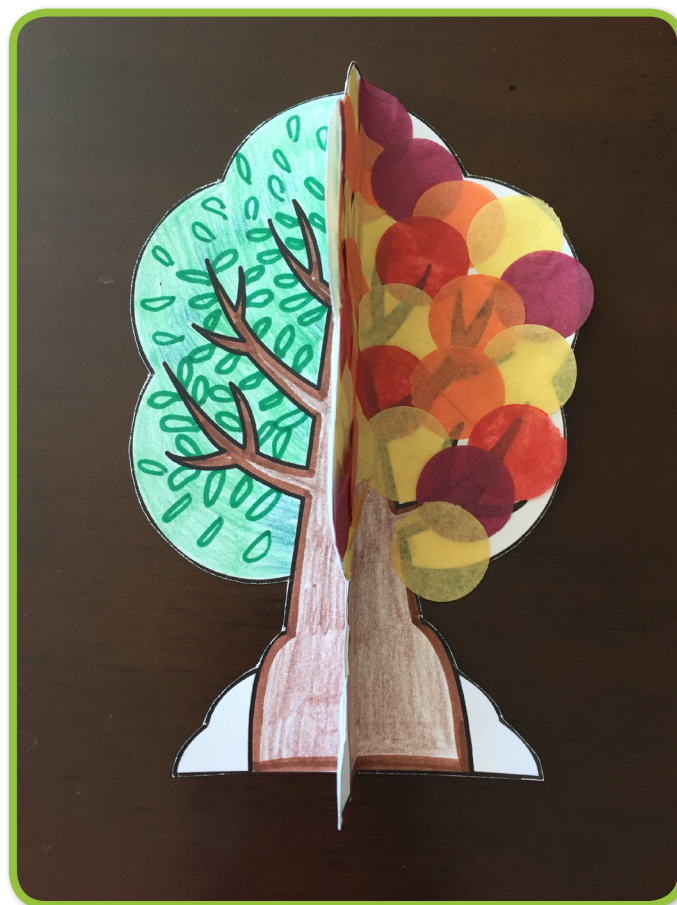
### **Thumbprint Art**

- Paper (any type)
- Yellow, dark green, and light green paint (washable is preferable)
- A paper plate

# Changing Trees

## Items Needed:

- Two pieces of 8.5"x11" card stock
- Scissors
- Glue or glue dots
- Markers or colored pencils
- A variety of craft items for decorating trees:
  - Tissue paper (*cut in squares or circles or crinkled into tiny balls*)
  - Cotton balls
  - Puff paints
  - Paper (*cut into little pieces*)
  - Buttons
  - Felt
  - Fabric
  - Foam
  - Pom poms
  - Fake snow





## Items Needed:

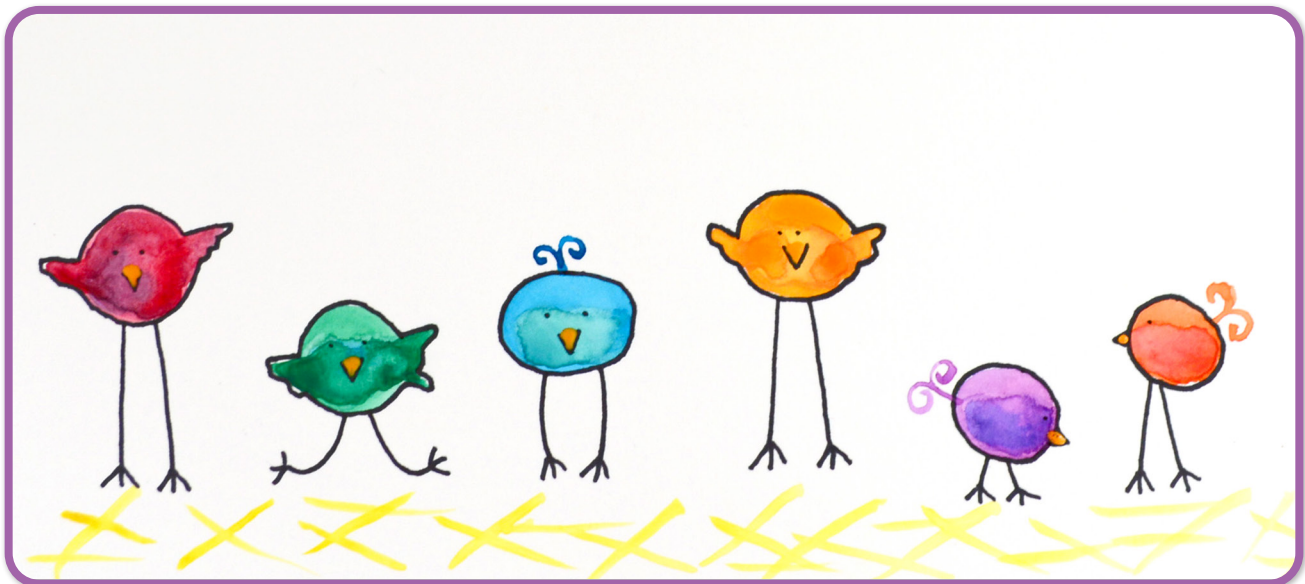
- Watercolor paint (set of 16 colors)
- A piece of white watercolor paper
- A pointed paintbrush
- A cup of water
- Paper towels
- A black marker

## Steps:

**STEP 1: Add water.** Add a drop of water to each color in your paint palette to soften the paint.

**STEP 2: Paint.**

- a. Paint your first circle or oval in a small quarter-sized shape. It may have a smooth or bumpy border.





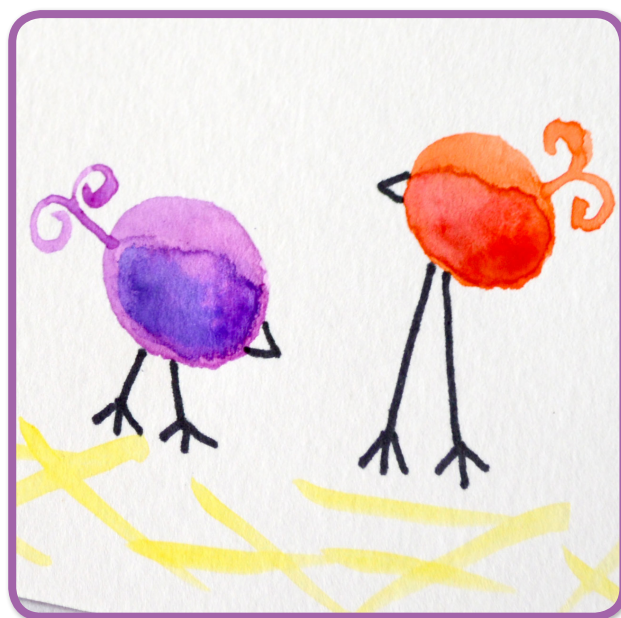
- b. Before each area of color dries, choose another color and paint a smaller spot inside of your first circle. To blend the two colors together, add a small drop of water and gently blend with your brush. (Remember to clean your brush between each color change.)



- c. Repeat five times (to total 6 different colors) across your paper, staggering the height of your painted circles as you go.
- d. Paint triangle wings on some of the circles, as shown in the picture above.
- e. Let the paint dry completely. It takes 5–10 minutes to dry.
- f. While the circles are drying, paint long, thin yellow lines across the bottom of the page in a criss-crossed fashion to resemble hay. Let it dry.

### STEP 3: Draw with the black marker.

- a. Tails and Legs—When everything is completely dry, use your marker or your thin paintbrush to draw tails on the opposite side from where you will draw a beak. To make a tail, draw or paint two small lines with swirls at the ends. Finally, draw two legs under each chick. All the legs should reach the ‘ground’ at the same place. Add two or three claws to each foot.



- b. Beaks and eyes—Draw a small beak and eyes for each of your chicks. If your chick has two wings on the sides of the circle, the face goes in front. If your chick has one wing in the center of the chick, the face goes on the side.
- c. Outline border—Use the black marker to outline your colored circles. Don’t press too hard. Remember to outline the wings on the chicks that have them.





# Yarn Pumpkins

## Items Needed:

- Orange, yellow, or white yarn
- Balloons (any size)
- Green and brown pipe cleaners
- Scissors
- Small bowls
- White glue (use Elmer's Glue-All™ for stiffer pumpkins)

### Note:

This is a messy project. You might want to put down newspaper or scrap paper. Also, it may be difficult for children to wrap the yarn around the balloon by themselves. Parental help may be needed.

## Steps:

**STEP 1: Pour the glue.** Pour the glue into small bowls.

**STEP 2: Blow up the balloons.** Blow the balloons to the size you'd like your pumpkins to be.

**STEP 3: Cut the yarn.** Make strings that are at least 20" long. Use about 20 strings for a smaller pumpkin. You can use more strings if you want your pumpkin to be fuller.







# Nature Crowns

## Items Needed:

- Duct tape
- A flexible measuring tape
- Ribbons and/or twine
- An assortment of sticks, twigs, flower stems, and other items that you've collected from outside
- Glue (Fabri-Tac™) or double-sided tape





# Kaleidoscope Rocks

## Items Needed:

- White craft paint
- A paintbrush
- Smooth rocks
- Scrap paper
- A variety of nail polish colors
- Skewers or toothpicks
- A deep glass bowl with cold water
- Latex gloves
- Nail polish remover







# Colorful Grid Landscape

Inspired by Ton Schulten

## Items Needed:

- A pencil and an eraser
- A piece of white watercolor paper
- Watercolor paint (set of 16 colors)
- Black craft paint
- A cup of water
- Two paintbrushes: 1 medium flat brush, 1 small pointed round or detail round brush
- Paper towels
- A paper plate or palette



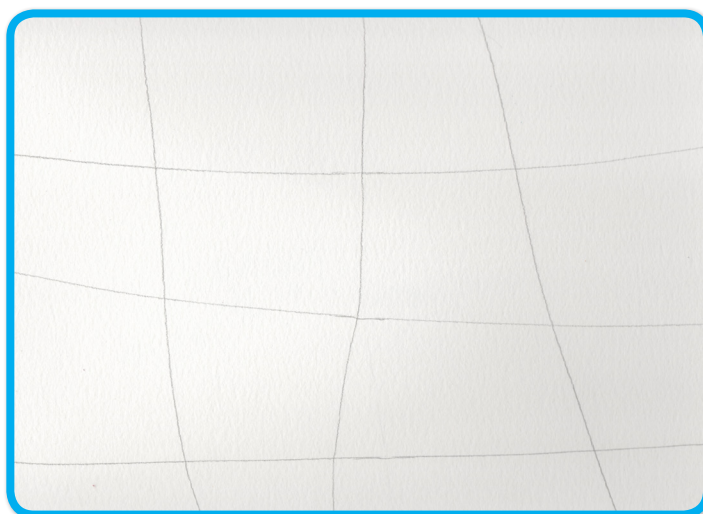
# Learning about Ton Schulten:

Ton Schulten is an artist who lives in the Netherlands. He mainly paints landscapes of buildings using bright blocks of color and flat shapes. For this project, you will create a “Ton Schulten” style painting.



## Steps:

**STEP 1: Draw the grid.** Using your pencil, lightly draw three horizontal lines and three vertical lines on your 9”x12” watercolor paper, as shown in the picture to the right. The lines don’t have to be perfectly straight. In fact, if they are a little bit wavy, or slightly diagonal, it will make your picture more interesting.



**STEP 4: Paint three tree shapes.** Notice the trees are very simplified shapes. The trees almost look like lollipops.

- a.** In the first column, paint a circle in the 2nd box up.
- b.** Paint the thin outline of the tree trunk under the circle.
- c.** In the fourth column, paint two more “lollipop” trees.

**STEP 5: Paint the details.** Paint the details of the windows and doors. Copy the example on the right, or paint the windows and doors in your own creative way.

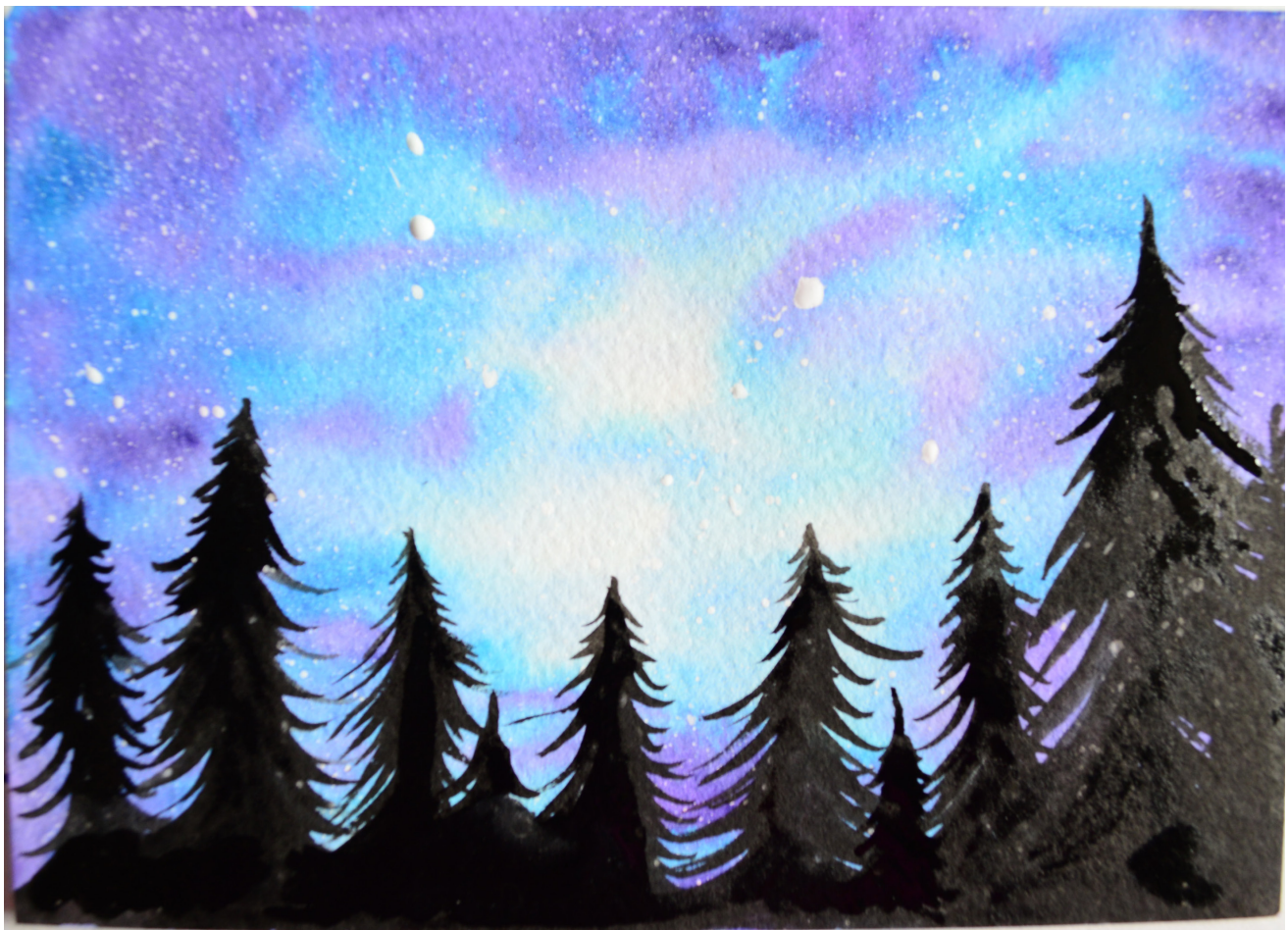






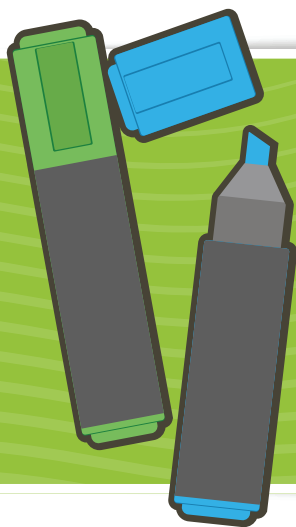
## Items Needed:

- Watercolor paint (set of 16 colors)
- A piece of white watercolor paper
- A pointed paintbrush
- A large flat paintbrush
- White acrylic paint
- A cup of water
- Paper towels





# Lined Landscaping



## Items Needed:

- Colorful fine-tipped markers
- A piece of white card stock or paper



## Steps:

### STEP 1: Draw simple lines.

- Use a dark green marker to draw a line with a gentle wave. Move from left to right on your page, dividing the page horizontally.
- Use a lighter green marker to draw two hills below that line, like the picture to the right.
- With a dark purple marker, draw two or three mountain peak shapes above the middle line, starting with the outside mountains.
- Draw a yellow sun and a blue cloud in the sky wherever you would like.





## Items Needed:

- 1 cup Plaster of Paris
- $\frac{3}{4}$  cup water
- A few colors of paint (tempera, poster paint, or food coloring)
- Bowls or cups and spoons for mixing (disposable is best)
- Card stock or chipboard
- Scissors
- Duct tape or packing tape
- Wax paper or parchment paper

### *Parents and Helpers:*

It is best to use disposable items when using Plaster of Paris. It is extremely fine and light and is easily dispersed through the air. Avoid getting it in your eyes and nose. Do not mix it with your bare hands.

**Do not rinse items in your sink, as the plaster can clog your drain. Children will need adult supervision.**







# Thumbprint Art

## Items Needed:

- Paper (any type)
- Yellow, dark green, and light green paint (washable is preferable)
- A paper plate or palette



## Steps:

**STEP 1: Add paint to plate.** Squeeze several drops of each color of paint on a paper plate or palette.

**STEP 2: Dip your thumb in the paint.** You can swirl the colors together before you dip your thumb, depending on the look you are trying to create. If there is too much paint, dab some off.





# Japanese Cherry Tree

## Items Needed:

- Two brown paper lunch bags
- Pink tissue paper, cut into small squares
- Glue
- An old pencil
- Scissors
- A small bowl

