

## About This Course

The images, artwork, and words used in this course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Doodles \& Pre-writing for Littles: Part 1 is designed for most children between the ages of $21 / 2$ and 5 years old who are ready to develop the dexterity and coordination of small muscles as well as the mental focus needed to write.

## COURSE ORGANIZATION

This level focuses on the strokes and forms used to create letters and common shapes and is designed to help small children develop the fine motor skills necessary for writing. This workbook includes 100 sheets, which is 3-4 sheets per week for a normal school year. The course is divided into three sections:

1. Skill: continuous motions. Forms: curves, loops, waves, and spirals. Shapes: circle, oval, ellipse, quatrefoil, and curved triangle.
2. Skill: changing directions. Forms: straight lines, angles, and zigzags. Shapes: triangle, square, rhombus, parallelogram, trapezoid, pentagon, and hexagon.
3. Skill: combining different forms and shapes from sections one and two to create letters or more complex shapes, such as hearts and stars, and finding shapes in nature.

## COLORING AND NATURE

Each sheet in this course provides an opportunity for the child to color, improving both coloring and motor skills. The doodles, forms, and shapes the child practices are all connected to nature or other common objects in a child's world.

## PENCIL GRIP

Correct pencil grip is essential. For help with pencil grip, there are several YouTube videos and websites that display correct pencil grip. Be sure to gently and patiently correct the child's incorrect pencil grip when writing or drawing.

## DOING HANDWRITING WITH LITTLES

The course is designed to be simple enough that a child could work on it without assistance. However, there are optional extension activities, such as questions about the objects on the page, that can be done if parents would like to work further with the child. Some children will want to spend a lot of time on each page, while others will fly through. To help the child get more use and skill development from this course, encourage him or her to trace over each shape or form twice. Using a variety of
colors and mediums (such as crayons, colored pencils, or markers) will make this more enjoyable. After the child has completed the whole course, you can allow the child to cut along the dotted lines to practice using scissors. Pages with large patterns will work best. Upon completion some children will be ready to move on to Doodles \& Pre-writing for Littles: Part 2, while others may benefit from repeating this course.

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Continuous Motions

## Curves, Loops, Waves, and Spirals

## Practice the rhyme "April showers bring May flowers" as you draw lines connecting the dots.



Trace each spiral, starting on the dot.


Trace the spiral of the shell, starting on the dot. How many shells do you see?


Trace each line, starting on the dot. Do pears grow in the ground or on a tree?


Trace the waves and shark fins, and then color the picture. How many sharks do you see?



## ChANGING DIRECTIONS

## Straight Lines, Angles, and Zigzags

Trace each line, starting on the left and connecting the dots.


Complete the mountain drawing in the box. How many peaks do you see?


Trace each line, starting on the dot.


Trace the lines and color the keys. What do you use keys for at your house?


Trace each line, starting on the dot.


Trace the lines and color the picture. Would an alligator make a good pet?


Trace the arrows. Then color the images. What happens while the caterpillar is inside the cocoon?



Combining Shapes
Hearts, Stars, and Letters

Trace the lines. A heart is a symbol for love. Who is someone you love?


## Draw a line through each path to get the mommy animal to her baby. What is a baby sheep called?



Trace the lines and color the image. How many legs does a giraffe have?


Trace the lines and color the image. The narwhal is a kind of whale that lives in the Arctic Ocean.


Trace the lines and color the image. Raccoons are noctural animals that hunt at night. Can you think of another animal that is awake mostly at night?


Trace the lines and color the image. A real violin has four strings and is played using a bow made of horse hair.


## Congratulations to

## (child's name)

for the successful completion of
Doodles \& Pre-writing for Littles: Part I


