

CHAPTER 1 Helen's Story

Let's sit in the living room.

What do you hear? What do you see?



Now cover your eyes with your hands. Can you still see the couch? Can you still see your toys?



Keep your eyes shut and plug your ears with your fingers. How do you feel? Is it a little bit scary not to be able to see or hear?



This loss of sight and sound happened to a young girl many years ago. Her name was Helen Keller.

Not being able to see or hear was very scary for Helen at first. There were many things that you and I can do that Helen had to work hard to try to do. She could not see her parents. She could not hear her family or her dog. Sometimes she could not even

tell where she was!

Let's see how being brave led Helen to do many things that she, at first, felt were too hard to do.

Helen Keller Into the Light %

lose your eyes and pretend you cannot see or hear anything. You cannot tell your family what you want or need. You might cry and yell just like Helen Keller did! Now think about having a teacher come into your life who will never give up on you. That's what Annie Sullivan did for Helen. Learn about the story of Helen Keller as she goes from a young child who is mad because she can't see, hear, or talk to her loved ones to a smart and capable young woman who can speak, read Braille, and even write books!





